

velvet sidewalk • south sister ascent • winged migration

august 21, 2003 • vol. xxii • no. 33 • [www.eugeneweekly.com](http://www.eugeneweekly.com) • FREE

# EUGENE Weekly

## BODY of KNOWLEDGE health & fitness 2 0 0 3

photo & design by todd cooper

Rock climber & student Rita Ives



# BEST OF EUGENE

You've been waiting all year and it's finally HERE! The all-new, ever expanding Best of Eugene Ballot! Fill out your ballot and return to Eugene Weekly, 1251 Lincoln St., 97401 by Sept. 2! **Keep your answers local!**

BALLOTS MAY NOT BE COLLECTED AND SUBMITTED EN MASSE BY INDIVIDUALS OR BUSINESSES.

Your name will be entered into a drawing to win free FOOD prizes! We'll need the following info (not to be used for anything else – ballots will not be counted without this information):

NAME \_\_\_\_\_  
PHONE \_\_\_\_\_

## WHO

Best peacemaker \_\_\_\_\_  
Best politico \_\_\_\_\_  
Best TV talking head \_\_\_\_\_  
Best newspaper reporter \_\_\_\_\_  
Best cartoonist \_\_\_\_\_  
Best musician (male) \_\_\_\_\_  
Best musician (female) \_\_\_\_\_  
Best band \_\_\_\_\_  
Best actor/name of play \_\_\_\_\_  
Best actress/name of play \_\_\_\_\_  
Best director/name of play \_\_\_\_\_  
Best hairdresser \_\_\_\_\_  
Best dog groomer \_\_\_\_\_  
Best tattoo artist \_\_\_\_\_  
Best fine artist \_\_\_\_\_  
Best graffiti artist \_\_\_\_\_  
Best landscaper \_\_\_\_\_  
Best yoga instructor \_\_\_\_\_  
Best massage therapist \_\_\_\_\_  
Best local celebrity \_\_\_\_\_  
Best poet \_\_\_\_\_  
Best dancer \_\_\_\_\_  
Best store clerk \_\_\_\_\_  
Best elementary school principal \_\_\_\_\_  
Best mailperson \_\_\_\_\_  
Best mullet \_\_\_\_\_

## WHERE

Best live music venue \_\_\_\_\_  
Best live theater \_\_\_\_\_  
Best place to shake your booty \_\_\_\_\_  
Best art gallery \_\_\_\_\_  
Best head shop not closed by the FBI or DEA \_\_\_\_\_  
Best politically charged hangout \_\_\_\_\_  
Best gay bar \_\_\_\_\_  
Best place to hang out with the kids \_\_\_\_\_  
Best place to see everyone you know \_\_\_\_\_  
Best dog walking park \_\_\_\_\_  
Best urban hike \_\_\_\_\_  
Best skateboard park \_\_\_\_\_  
Best place to meditate \_\_\_\_\_  
Best place to copwatch \_\_\_\_\_  
Best place for public nudity \_\_\_\_\_  
Best bike trail \_\_\_\_\_  
Best place to stargaze \_\_\_\_\_  
Best place to steal a kiss \_\_\_\_\_

## WHAT

Best festival \_\_\_\_\_  
Best record/CD store \_\_\_\_\_  
Best bookstore \_\_\_\_\_  
Best tattoo parlor \_\_\_\_\_  
Best place to get a pedicure \_\_\_\_\_  
Best local business product \_\_\_\_\_  
Best hardware store \_\_\_\_\_  
Best bike shop \_\_\_\_\_  
Best grocery store \_\_\_\_\_  
Best video store \_\_\_\_\_  
Best local farm \_\_\_\_\_  
Best place to buy cheap duds \_\_\_\_\_  
Best auto repair \_\_\_\_\_  
Best radio station \_\_\_\_\_

## ETC.

Best local cause \_\_\_\_\_  
Best local boondoggle \_\_\_\_\_  
Best bumpersticker \_\_\_\_\_  
Best non-profit \_\_\_\_\_  
Best thing to do in the rain \_\_\_\_\_  
Best reason to live in Eugene \_\_\_\_\_  
Best hope for Eugene \_\_\_\_\_

## FAVORITE RESTAURANTS

### BEST DISHES

Best Appetizer \_\_\_\_\_  
Best Salad \_\_\_\_\_  
Best Soup \_\_\_\_\_  
Best Sandwich \_\_\_\_\_  
Best Pizza \_\_\_\_\_  
Best Barbecue \_\_\_\_\_  
Best Burger \_\_\_\_\_  
Best Steak \_\_\_\_\_  
Best Seafood \_\_\_\_\_  
Best Burrito \_\_\_\_\_  
Best Bagels \_\_\_\_\_  
Best Sushi \_\_\_\_\_  
Best Sweet-tooth Indulgence \_\_\_\_\_  
Best Ice Cream \_\_\_\_\_  
Best Coffee \_\_\_\_\_

### BEST ETHNIC/SPECIALTY

Best Northwest \_\_\_\_\_  
Best Italian \_\_\_\_\_  
Best Deli \_\_\_\_\_  
Best Foodcart \_\_\_\_\_  
Best Southeast Asian \_\_\_\_\_  
Best Pacific Rim \_\_\_\_\_  
Best Japanese \_\_\_\_\_  
Best Middle Eastern \_\_\_\_\_  
Best Organic \_\_\_\_\_  
Best American \_\_\_\_\_  
Best Vegetarian \_\_\_\_\_  
Best Eco-Friendly Food \_\_\_\_\_  
Best Mexican \_\_\_\_\_  
Best Latin American/Caribbean \_\_\_\_\_

## ETC.

Best New Restaurant (opened 2002-03) \_\_\_\_\_  
Best Bakery \_\_\_\_\_  
Best Patio/Beer Garden \_\_\_\_\_  
Best Service \_\_\_\_\_  
Best Décor \_\_\_\_\_  
Best Hangover Breakfast \_\_\_\_\_  
Best Sunday Brunch \_\_\_\_\_  
Best Business Lunch \_\_\_\_\_  
Best Romantic Dinner \_\_\_\_\_  
Best Takeout \_\_\_\_\_  
Best Chef \_\_\_\_\_  
Best Wine List \_\_\_\_\_  
Best Buffet \_\_\_\_\_  
Best Upscale Menu \_\_\_\_\_  
Best Cheap Eats \_\_\_\_\_  
Best Place to Take the Kids \_\_\_\_\_  
Best Happy Hour \_\_\_\_\_  
Best Brewpub \_\_\_\_\_  
Best Beer \_\_\_\_\_  
Best Comfort Food \_\_\_\_\_  
Best Restaurant We Wish Were Still Open \_\_\_\_\_

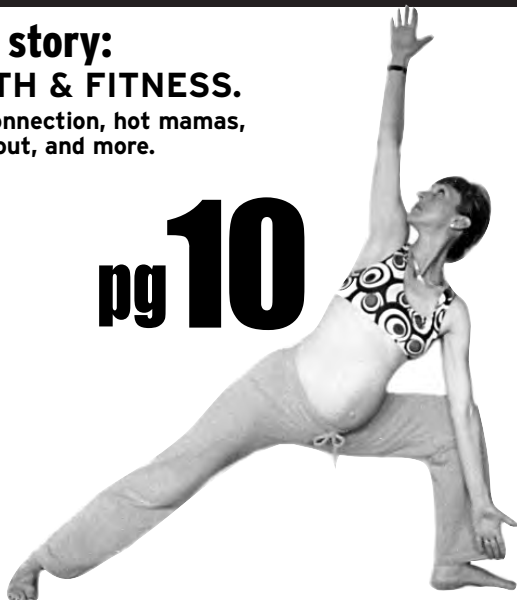
**DEADLINE: SEPTEMBER 2**

Mail to Eugene Weekly, 1251 Lincoln St., Eugene, OR 97401.

**PRIZES:** GRAND PRIZE: Dinner at Anatolia and a movie for two at the Bijou. THREE FIRST PRIZES: \$25 Anatolia certificate. FIVE SECOND PRIZES: \$20 New Frontier Market gift certificate.

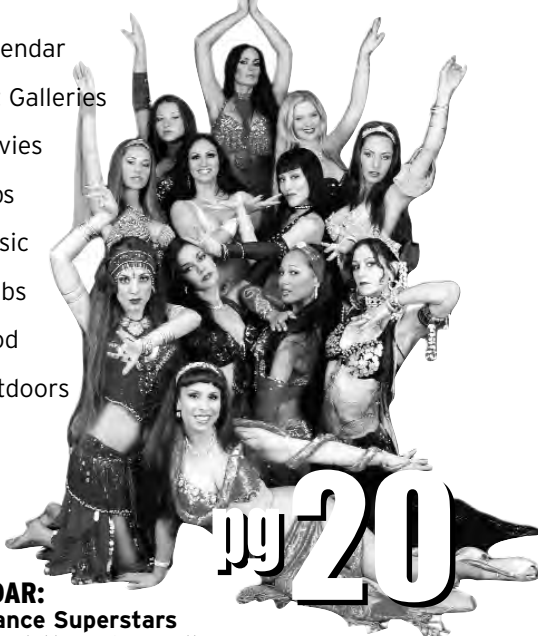
**cover story:**  
**HEALTH & FITNESS.**  
The Reconnection, hot mamas,  
working out, and more.

pg **10**



**arts & entertainment:**

- 19** Calendar
- 24** Art Galleries
- 25** Movies
- 26** Clips
- 27** Music
- 28** Clubs
- 30** Food
- 31** Outdoors



pg **20**

**CALENDAR:**  
Belly Dance Superstars  
shake it at the WOW Hall.

Migrating graylag geese in *Winged Migration*  
now at the Bijou.



pg **25**

**news:**

- 4** Letters
- 4** Insider Baseball
- 6** Out of Commission
- 8** Happening People
- 8** News Briefs

**etc:**

- 32** Real Estate
- 32** Classifieds
- 33** Crossword Puzzle
- 33** Dining Guide
- 37** Free Will Astrology
- 38** Personals

**21 years**

EW Subscriptions: send name, address and check. \$25/3 mos. \$40/6 mos. \$70/12 mos. Printed on Recycled Paper. Eugene Weekly is published every Thursday by What's Happening Inc., 1251 Lincoln St., Eugene, OR 97401-6209. Application to Mail at Periodical Postage Rates is Pending at Eugene OR. Postmaster: Send address changes to Eugene Weekly, 1251 Lincoln St., Eugene, OR 97401-3418. Copyright 2003 What's Happening Inc. All rights reserved.

**VERIFIED**  
AUDIT CIRCULATION

ASSOCIATION OF  
**A.A.N.**  
ALTERNATIVE NEWSMAKERS

**We're local,**  
**we care** about our  
**employees,** we're  
**invested in**  
**our**  
**community,**  
**we're...**

**UNIQUE**  
**EUGENE**  
Local merchants...  
the heart of the community.

[www.uniqueeugene.com](http://www.uniqueeugene.com)

Appliance & TV Center  
Dot Dotson's Down to Earth  
Eugene Toy & Hobby  
Footwise, the Birkenstock  
Store Greater Goods  
Harlequin Beads Newman's  
Fish Market Oregon Art  
Supply Pacific Winds Music  
Passionflower Design Paul's  
Bicycle Way of Life Smith  
Family Bookstore Sundance  
Natural Foods Tactics  
Boardshop Saturday Market

**COZMIC PIZZA** **New Location**  
**8th & Charnelton**  
**NOW OPEN!**  
Come On By...Enjoy...  
Organic **Microbrews on Tap** and Organic wines  
Our Great Pizza and new Organic **Fresh Pasta**  
**Indulgent Desserts** and more

7 Days a Week

Two Locations  
One Phone Number! **338-9333** Dine In Take Out  
FREE DELIVERY

**50% off** ALL USED GOODS  
**DELUXE**  
1331 willamette

fri. 10 to 8  
sat & sun. 12 to 6

cd world new release

**Michael Franti and**  
**Spearhead**

everyone deserves  
music

**on sale now**

**\$12.99**

offer good through September 21, 2003 at CD World

**THE PLACE TO FIND IT.**

**CD WORLD**

MUSIC FOR EVERYONE  
CORNER OF WEST 11TH AND SENECA

Compact Discs Music DVDs

541 683-6902 • [WWW.CDWEBWORLD.COM](http://WWW.CDWEBWORLD.COM)



## FEDERAL FAILURE

I am a third generation native-born resident of Lane County. I have attended its public schools, community college, and prestigious university. As a resident, I've had the opportunity to contribute to my community in many ways: as an elementary school volunteer, long-term-care ombudsman, and volunteer human rights advocate, most recently on county advisory committee. I recently completed training to become a paralegal, and intend to use these skills in furthering my human rights work. The impending construction of Lane County's new federal courthouse leaves me very leery of my newly chosen profession, and questioning of the intelligence and common sense utilized by those scholars who chose to specifically exclude a protected class of citizens from full access to a federal building.

As a person who uses a wheelchair, I use elevators and ramps every day. I will be unable to conduct my business in a building that does not provide full access to me, and although elevator access *may* meet the absolute minimum standards of access according to the law, in reality, it is a joke. Ramps are respected and recognized as a disabled access, especially here in Eugene. People tend to only use them when they need to. Elevators, on the other hand, are notoriously full of people in a hurry, and in our county courthouse alone, I am often left waiting while the elevator both arrives and leaves full of people who are standing – waiting once for over 20 minutes (I timed it). Most people do not recognize that they may be the only access a person in a wheelchair has to a certain location.

Elevators are given to breaking down, as evidenced by the three hours I once spent on the second floor of a building at UO while waiting for an elevator maintenance man. Is this adequate access? I think not. In both situations, the person with the disability is left behind, singled out, and *excluded* from normal activities of daily life – not due to the disability, but due to human behavior and the limitations of man-made mechanisms.

Eugene has developed a reputation as a national symbol of inclusion and accessibility for people with disabilities. I, for one, will not sit by and allow such a tragic step backward in our advance toward full and equal access for all citizens. It is simply not acceptable.

I served on a planning committee for UO when they were designing and building the Knight Law School, and would be more than pleased to offer my assistance to any effort to change this oversight that could soon become a travesty of justice.

Heather R. Cranor  
Eugene

## RECLAIM GOVERNMENT

Carol Horne made several excellent points in her Viewpoint (Aug. 7, "Reclaim the Dream") regarding the nature of government today and the seeming loss of 1960s and '70s idealism. Unfortunately, her suggestion that something positive will be accomplished by not paying taxes or by engaging in civil disobedience explains why things are the way they are.

Experience has taught me that, eventually, the IRS will come after you for the withheld taxes and that civil disobedience does not stop wars. Unless everyone stops paying taxes and takes to the streets, these actions are largely ignored by government policy makers.

The only place change will take place is within the halls of government. If anyone is dissatisfied with the way things are, run for

## TOO MUCH COFFEE MAN BY SHANNON WHEELER



public office or support the candidacy of anyone who champions the causes you believe in. Not all politicians are on the take, so support those who stand up for what they believe is right, like U.S. Rep. Peter DeFazio, and work to defeat those who mainly serve their financial masters.

Whining doesn't change anything.

Michael Sullivan  
Philomath

## RISKY OCCUPATION

I wonder if it's dawned on America's Orwellian public that many of the world's top microbiologists — 20 in the past two years — have died under mysterious circumstances. explanations from our "propaganda ministry" range from suicide to being blow off a bridge by an 18-wheeler.

Here's a hypothetical scenario for your consideration: There's a cabal on the planet

## insider Baseball BY TONY CORCORAN

### Life's a Pissoir ... Cautious cactus caucus causes consternation.

Things are pretty quiet on the Senate and House floors. It was so slow last Tuesday that I spent half the day chasing a bug around the urinal. (Gosh, I hope this doesn't get me in trouble with PETA!) Next Monday, I'm carrying the only bill in the Senate; our official work of the day will probably take less time than the opening prayer.

The House isn't doing much better. On Friday, their Rules Committee had only one issue: House Memorial 11 - urging Oregon's U.S. senators to allow a vote of the U.S. Senate on the nomination of Miguel Estrada to the U.S. Court of Appeals for D.C. Circuit Court. I can just see it now, Ron Wyden opens his mail from Oregon: "Oh, goody goody, I've finally received word from home: The Oregon Legislature wants me to move the nomination of Estrada. I've been struggling with this for a year. Now I can nominate this right-wing wacko with the full support of Republican legislative sponsors – Farr, Kropf, Kruze, Close, Nelson and Zauner. Good enough for me! I'll get right on it."

Speaking of Rep. Jeff Kropf, I am happy to report that the House Republican caucus loves his diplomatic skills. Apparently Kropf appeared on Lars Larson last week. Sars was on a tirade about RINOs (Republicans in Name Only) who supported any new tax proposals and he goaded Jeff into identifying the comrades of RINO ringleader "Fat Max" Williams. Now Jeff's not the brightest bulb in the chandelier – his nickname "Spanky" comes from his rabid pursuit of a bill to require corporal punishment of schoolkids – and he proceeds to name off Rob Patridge, Lane Shetterly, Pat Farr, Billy Dalto and a few others. Patridge hears about this, orders a tape of the show, and was playing it for his next caucus when Kropf walked in a few minutes late. It was not a pretty scene.

Meanwhile, Senate Republicans also blew up in caucus last week when three of their archconservative leaders – Roger Beyer, Steve Harper, Jason Atkinson – announced in a press conference that they had sealed a deal with Senate Democratic negotiators. Unfortunately they held the press conference before telling



their caucus, and when they did tell their caucus, they said: "And, oh, by the way, we've made this deal but we're not gonna vote for it because it involves increased taxes, so we need three of you other guys to provide the votes." Apparently Ken Messerle, usually so calm he's a posterchild for Quaalude, erupted, and the "deal" was quickly deep-sixed. Meanwhile, our Senate Democratic caucus has been dissolved

by our leader, Kate Brown. Kate can't operate in the light of day, knowing that she and our other elitist brainiacs – Peter Courtney and Ryan Deckert – must find a way to privately capitulate to the Republicans. Kate is the twisted modern Democratic inversion of Chief Joseph – she will fight no more, forever. Friday, Kate talked to each of our members separately, without showing us her latest proposed plan in writing. She then refused to have a noon caucus to allow folks to talk about her proposal. We joked that she has taken the argument one step too far regarding whether caucuses should be open or closed to the media. She now has closed caucuses so completely that even the members can't attend. All this reminds me of the old joke: What's the difference between a caucus and a cactus? With a cactus, the prick's on the outside.

With the exception of the Republican caucuses, all the action is in one room: As I write this on Sunday morning, Aug. 17, a group is hunkered down in Salem creating the final "matrix" for a settlement. At least now the R's negotiating in the room are conservatives, not Baathist Party members; while we're represented by our neo-liberals. Forget \$5.3 billion for schools, forget the UO budget, forget LCC. Thursday, with the help of six Democrats – none from Lane County, thank goodness – Senate Republicans voted out a Department of Education budget cutting Headstart by \$1 million. This isn't about good budgets anymore, it's about the deal to go home.

So we're each on our own now. Deals are being cut left and right. I won't support the inadequate budgets or the irresponsible one-time revenue proposals; so I've only got three issues left on my plate to fight for: small high school funding, small school mergers, and Headstart funding.

Sen. Tony Corcoran of Cottage Grove represents portions of Lane and Douglas counties in Senate District 4, which includes the UO area. He can be reached at [sen.tonycorcoran@state.or.us](mailto:sen.tonycorcoran@state.or.us)



composed of wealthy and powerful men with incredible political and economic power (Skull and Bones Society?). This cabal makes and breaks governments according to their New World Order agenda, The Fourth Reich, if you will. These unconscionable fascists have allegiance to no country.

The lesson is simple: This group has developed or will develop a genetically altered virus with an 80 percent kill ratio and no known antidote. An overpopulated world interferes with their agenda. These scientists and weapons experts posed a threat to the cabal and were consequently eliminated. They had rather colluded with the cabal — in which case they were being silenced as insurance — they would have been able to trace to genetic pattern revealing the perpetrators, or may have been able to develop a cure.

We shall see in the days ahead. Question authority.

Tom Clark  
Eugene

## GIVE MEN A BREAK, TOO!

I'll start by saying that, in general, I enjoy and appreciate your work at *EW* very much. I have to protest, however, your continued space given to pornography and I ask you to stop publishing ads that sell sex. Because I suspect you've received many good letters that express the hurt done to women, this letter focuses on the damage these ads, and the services they offer, do to men.

Pornography basically functions to distract us. Men (and women) sometimes have feelings of loneliness. Men in particular have been conditioned to deny or ignore these and other feelings, and to use different kinds of distraction and/or suppression. A very common method of distraction is to engage in thoughts of sex, or in sexual activity itself.

There's great value, however, in not running away from our feelings and experiences. We know ourselves better when we don't run. We can choose to spend some time with counseling around some of our feelings, to follow a spiritual path, or to engage in a training program of some kind. Eugene has a huge number of groups and organizations providing these resources. Sometimes feelings tell us we simply need to make changes in our lives.

The instinct for sex is strong. Our animal friends don't need much brain complexity to know when to have sex. Humans are much more complex, with very advanced minds, and we've managed to do well for ourselves. We have time to think, design, express and create wonderful stuff.

How about helping men to develop beyond their conditioning? The possibility for men's growth would be great, especially if *EW* published more articles on the ways that men stay stuck, and on ways that men can grow as human beings! Consider this an opportunity to do "investigative reporting on the global plan to condition men," instead of carrying out that plan. I'm sure you can find lots of willing reporters and authors. Your ad department will creatively go after other ads. Best of all, your staff will feel a lot better about your newspaper's relationship to men, and women!

Steven Zorba Frankel  
Eugene

## KEEP KUCINICH IN IT

I am very excited about Democratic presidential candidate Dennis Kucinich, having attended his recent appearance at the UO. I knew beforehand I agreed with him on issues,

but I was pleasantly surprised and impressed with his presence, energy and passion. He was articulate, intelligent, thoughtful and he even answered questions without hesitation.

Unfortunately the mainstream media has written off Kucinich and are not giving him any coverage, which prevents him from getting his message out — as witnessed here by the lack of coverage by *The Register-Guard*. Polls show him unable to get the Democratic nomination. Common sense tells me that if the media chooses to nominalize someone, silencing their message, the people in polls will obviously not be familiar with him.

What seems sadly left out to me is the voice and the choice of the people! Polls have great power in our society. Yet I don't know what questions were asked, how they were worded, and who was called or who paid for the poll. What I do know is that poll questions can be biased to get a desired result.

They — whoever "they" are — say Kucinich is too far left and liberal to be elected. Yet a far right wing conservative resides in the White House and is considered re-electable. Why is that? Sounds to me like it is time for a major shift to a more sustainable direction that represents *we the people*, not just *we the rich people*. They have had way too much say for way too long.

Tim Boyden  
Eugene

## REFUNDS FOR SCHOOLS

I just received a tax-refund check from the IRS. I am giving 10 percent of it to my kids' school via the Eugene Education Fund



## NOW PLAYING!

The New York/Eugene Connection:

### First Annual One-Act Festival

"Featuring local works by area authors."

Now through August 30, 2003  
Cabaret Theater, 996 Willamette

## COMING SOON!

### Smokey Joe's Cafe

The Songs of Leiber and Stoller

Words & Music by

Jerry Leiber & Mike Stoller

Music Direction by Vicki Brabham

Directed & Designed by Joe Zingo

September 12-October 18, 2003

Cabaret Theater, 996 Willamette

- and -

### Happy Birthday Wanda June

By Kurt Vonnegut, Jr.

Directed by Jesse D. Lally

September 19-October 11, 2003

Annex Theater, 39 West 10th

The new season is near!

683-4368

www.actorscabaret.org

buy

sell

trade

fashion

that pays

to be me.

Buffalo

EXCHANGE

New & Recycled Fashion

131 E. 5th Ave (between Oak & Pearl) 687-2805

BUFFALOEXCHANGE.COM

## Here's To Your Health



## FOOTWISE

THE BIRKENSTOCK STORE

181 E Broadway • Downtown Eugene  
342-6107 • Mon-Sat, 10-6 & Sun 11-5

301 SW Madison • Downtown Corvallis  
757-0875 • Mon-Sat, 10-6 & Sun 11-5

## NOW ENROLLING!



The Network Charter School is a unique network of seven educational organizations offering students a personalized education experience, merging real work skills with accredited academics.

The program is publicly funded and free for all students including Home Schoolers.

Get more information about this exciting new opportunity for all families in Lane County!

Please contact the Network Charter School at 344-1229

View our website at: [www.efn.org/~ncs](http://www.efn.org/~ncs)

Or email us at: [ncs@efn.org](mailto:ncs@efn.org)

CAT...Skinner City Farm...MECCA...Creative Minds...Nearby Nature...Le Petit Gourmet...Full Circle Farm

Skinner City Farm...MECCA...Creative Minds...Nearby Nature...Le Petit Gourmet...Full Circle Farm...CAT



# Humble Pie

Commissioner serves desserts, then deserts.

**O**n Wednesday, Aug. 13, I joined my fellow county commissioners in serving pie to hundreds of senior citizens at the Lane County Fair. My ineptitude as a pie cutter prompted one onlooker to call out, "Don't quit your day job." Too late.



I had already submitted my letter of resignation in May, announcing that I would leave the Board of County Commissioners on Friday, Aug. 15. I decided to step down in order to take a job as a law professor teaching ethics and other subjects. A politician teaching ethics – the critics will have fun with that one.

I wasn't proud to be leaving the board before completing my term. The first six months in office is always the hardest part, and I didn't have much time to enjoy the job once I figured out what I was doing. One of my friends at UO quoted Thomas Hobbes to sum up my tenure as a commissioner: "nasty, brutish and short." As I talked with senior citizens from the East Lane District last Wednesday, I felt disappointed that I couldn't spend more time addressing their concerns on the board.

**B**ut I was pleased that in my eight months of service, I accomplished several of my goals. The board put four new police officers on the road in rural Lane County. We funded programs for abused kids, and we stopped the closure of rural health clinics. We made safety improvements to some of Lane County's dangerous roads. We took a strong approach to enforcing land use laws. We reduced the county's use of pesticides, and we helped to conserve open space. Did I mention that I caused the sun to rise every day for the last eight months? (Wait, I should share some of the credit with Sorenson – he's up for reelection next year.)

I'm not sure who will replace me on the board. A total of 27 candidates applied for the job. The board has winnowed that list to seven. Some of the finalists are really well qualified. By comparison to the 131 applicants who lined up to replace California Gov. Gray Davis, the East Lane vacancy has attracted a pretty staid and respectable bunch. If any of the East Lane hopefuls are former porn magnates, strippers, child TV stars, or terminators, they've hidden this baggage pretty well.

There's a lot I'll miss about the board. I'll miss the "Dwyerisms." Bill Dwyer called Lane County "Camp Run-amok-a," and he said that solving the never-ending budget crisis was like "wrestling an octopus." I'll miss seeing photos of Bobby Green's grandson. I liked Anna Morrison's performance in a skit to honor Dwyer when he stepped down as chair in January. And I had a great time meeting Peter Sorenson's mom – a gracious and kind woman who introduced young Pete to politics by dragging him to meetings of the Coos Bay Water Board.

**Y**ep, I was feeling pretty regretful during my last week in office. But ironically, this was the first time that I actually earned my kids' respect for my work as a commissioner. They hadn't been too impressed last March when I told them that daddy helps to spend a budget of \$450 million. They didn't care much when I told them in May that the board supervises 1,500 employees. Another ho-hum in June when they learned that daddy helps determine the land use rules for a county as large as Connecticut. But for one glorious day last week, daddy presided over a table covered with over 100 pieces of pie, and my kids' wide eyes made all the months of door-knocking seem worthwhile.

*Tom Lininger served as the county commissioner for the East Lane District until Aug. 15. He plans to continue to write occasional columns for EW.*

## LETTERS TO THE EDITOR

(www.eef.lane.edu). If you got a check, please support me in helping our kids and their schools, which are sorely underfunded. Through EEF, you can choose which 4J school to support, and even what program. It's easy. Online, use the "designation" field to let EEF know the name of the 4J school and program you wish to support.

Do you care about the arts in school, about science, about math, computers, or reading? Do you wish to support a music program? Or you can give without designation and let EEF fund specific education projects through their grants program.

Donations can also be mailed to EEF, P.O. Box 1015, Eugene 97440. Again, if you would like to make a specific donation, include the name of the school and the program on the memo line.

I am going to share this unexpected windfall by giving back to our kids' schools. If you got a check and don't feel that you can support our schools financially, can you give back in another way? You could help the environment, our hungry children, our desperate poor. But please, join me and give back 10 percent of this refund to help those in need.

*Leisha Wharfield  
Eugene*

### HOLE IN JUSTICE

On Friday, June 13, political prisoner Free (Jeffrey Luers) was transferred to disciplinary segregation, commonly known as "the Hole," at Oregon State Penitentiary (OSP).

Free was sent to the Hole for an article he wrote that encouraged people who are in-

volved in direct action to be more thoughtful in their actions. This would be the second time this year that authorities at OSP have responded to political expression with write-ups and time in the Hole. (Anarchist prisoners Rob "los Ricos" Thaxton and Brian McCarvill were both sent to the Hole for 120 days earlier this year, after allies on the outside sent them postcards as part of an anti-censorship campaign.)

Free is widely considered a political prisoner due to the 23-year sentence he received for an act of sabotage that injured nobody. The same week as his transfer to the Hole, the Eugene Human Rights Commission released a letter in support of a reduced sentence for Free, and suggesting that the original may have been based on his political beliefs. Now, Free is again being punished for his politics.

We encourage all individuals and groups to stand by Free during this time, and to demand his immediate reentry into general population at OSP. For more info, please visit [www.freefreenow.org](http://www.freefreenow.org)

*Steven Gider*

*Break The Chains Collective*

### STOLEN GOODS?

The strategy of new bike shop owners Shane Ayrsman and Ben Leonard to sell refurbished, recycled, used bikes is a good one. Who can argue with lower prices and reuse? I cannot. But these innovative entrepreneurs must explain how their reuse strategy is not, and will not become a method to re-sell stolen bikes and especially stolen bike components. Bike theft in Eugene is a serious



**NOW ACCEPTING NEW PATIENTS**

**Oregon Family Dental, PC**  
**John J. Park, DDS**

*"Providing quality care  
with a gentle touch."*

**344-7900 • 11th & Chambers • Eugene**



**พืศมัย**  
**Tasty Thai Kitchen**

**Traditional Thai Cuisine**  
by Owner and Chef Pismai

**WEEKLY SPECIALS**  
FOR LUNCH & DINNER

**VEGAN & VEGETARIAN MENU**

11 am - 9:30 pm Mon - Fri • 4 pm - 9:30 pm Sat  
12 pm - 9:30 pm Sun

80 E. 29th & Willamette  
**302-6444**

**Meena IMPORTS**

Looking for  
mystery & excitement?  
Try our  
**Egyptian  
perfume  
& perfume  
bottles**

brought to you direct from  
the Pharaoh's land.

5th St. Market • 2nd Floor  
**687-0099**

**EUGENE Weekly**  
541.484.0519 • (fax) 541.484.4044

#### EDITORIAL

Editor Ted Taylor **Executive/Arts Editor** Lois Wadsworth  
**Associate Editor** Aria Seligmann **Contributing Editor** Anita Johnson **Staff Writers** Alan Pittman, Bobbie Willis  
**Calendar Editor** Ben Fogelson **Contributing Writers** Brett Campbell, Rachel Foster, Kate Rogers Gessert, Jerry Harris, James Johnston, Sharleen Nelson, Mary O'Brien, Vanessa Salvia, Sally Sheklow, Lance Sparks, Martha Ulman West  
**Interns** Celene Carillo

#### ART DEPARTMENT

**Art Director/Production Manager** Kevin Dougherty  
**Graphic Artist/Webmaster** James Bateman  
**Graphic Artists** Katie Beckman, Todd Cooper **Contributing Photographers** Kurt Jensen, Paul Neevel, Linda Smogor

**Locally owned and independent since 1982, now with 91,000 regular readers.**

#### ADVERTISING

**National Sales Manager** Mark Frisbee  
**Senior Marketing Consultant** Bill Shreve  
**Display Marketing Consultant** Rob Weiss  
**Advertising Traffic Coordinator** Geneva Miller  
**Classified Manager** Jennifer D'Angelo  
**Classified Marketing Consultant** Jeffrey Stout

#### BUSINESS

**General Manager** John Herron  
**Circulation Manager** Deena Miller **Controller** Paula Hoemann  
**Customer Care Specialist** Marah Busey **Distributors** Laurel Caccivio, Sam Hauk, Sue Hunnel, Yona C. Riel, Joline Thompson, Will Thornton, Pedalers Express **Printing** Signature Graphics

#### HOW TO REACH US BY E-MAIL:

(letters): [editor@eugeneweekly.com](mailto:editor@eugeneweekly.com)  
(advertising): [ads@eugeneweekly.com](mailto:ads@eugeneweekly.com)  
(classifieds): [classifieds@eugeneweekly.com](mailto:classifieds@eugeneweekly.com)  
(personals): [romance@eugeneweekly.com](mailto:romance@eugeneweekly.com)  
(calendar): [cal@eugeneweekly.com](mailto:cal@eugeneweekly.com)  
(music/clubs/special shows): [music@eugeneweekly.com](mailto:music@eugeneweekly.com)  
(art/openings/galleries): [visualarts@eugeneweekly.com](mailto:visualarts@eugeneweekly.com)  
(performance/theater): [performance@eugeneweekly.com](mailto:performance@eugeneweekly.com)  
(literary arts/readings): [books@eugeneweekly.com](mailto:books@eugeneweekly.com)  
(movies/film screenings): [movies@eugeneweekly.com](mailto:movies@eugeneweekly.com)  
(circulation): [distribution@eugeneweekly.com](mailto:distribution@eugeneweekly.com)



problem that makes the blood of anyone who is committed to alternative transportation absolutely boil with rage and frustration.

Bike thieves deserve serious punishment and any business activity that intentionally or inadvertently supports the bicycle cycle of the theft and resale should not be supported.

Dylan Bennett  
Eugene

EDITOR'S NOTE: The owners of the shop say they go to great lengths to assure they are not dealing with stolen bikes, including waiting periods before paying for used bikes, and pawn broker paperwork with seller ID and bike descriptions sent to local police.

## GRATEFUL? NO WAY

I believe Marc Moscato (curator of My House) was way too polite in his response to what you consider promoting the local arts.

You got the day wrong! I think aside from the title of the event (which was also listed incorrectly as "War on Boredom") the most important part of this article was the day of the event.

You'd think, after we had sent you a press release with the date, plain as day (right at the top), that you might at least get that correct.

Personally, I think your article did more damage than good! I feel that there were a large number of people looking forward to our event and were misled by your article! I feel that people were greatly disappointed Sunday afternoon (July 27), to see an empty park!

Not only does this make us look bad, which will make it harder for people to come to future DIY events outside of MY HOUSE,

but it also makes your paper look bad!

I think if your ego is too big to send an apology out to Marc, that you should (at the very least) send out an apology to your readers. For those people in our community who actually trusted and relied upon your psuedo-article!

This was a good thing for our community. We've worked hard to create an environment for independent performers, musicians, zine writers and filmmakers from all over the Northwest. In hopes to expose our community to the inspiring and beautiful world of DIY (Do It Yourself) entertainment! This event was free for everyone. Food Not Bombs even provided free food!

We have worked hard to make something happen in Eugene, to showcase artists and performers who have been ignored in this town. And for the benefit of others, we have given up all our time in efforts to make Eugene a better place. We are not doing this to make money. We're doing this to build a community!

To suggest that we should be grateful because you gave us a small line in your "community" paper, at no cost to us, could only come from a weak-minded soul. I use your paper for my birds' poop tray, and nothing more.

Inga Markstrom  
Eugene

LETTERS POLICY: We welcome letters on all topics and will print as many as space allows. Please limit length to 250 words, keep submissions to once a month, and include your address and phone number for our files. E-mail to editor@eugeneweekly.com (please put "letters" in the subject line), fax to 484-4044, or mail to 1251 Lincoln, Eugene 97401.

# LANE COMMUNITY COLLEGE'S Renewable Energy Technician Program

is accepting NEW STUDENTS for fall 2003



Student Dan Orleck with a photovoltaic solar panel

Lane Energy Management/Renewable Energy Technician Program is funded by EWEB & BPA

For information about the Renewable Energy Management program, call Roger Ebbage at (541) 463-3977.

 Lane  
Community College

an equal opportunity/affirmative action institution

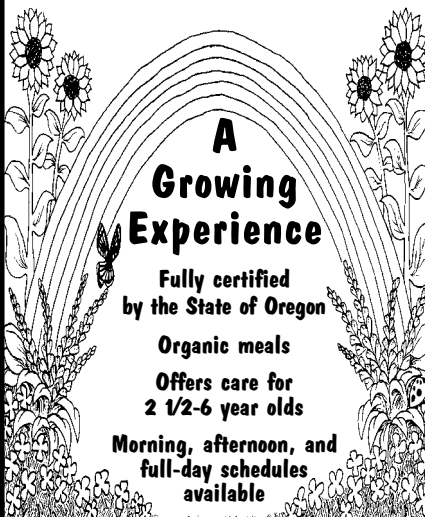
## PARKING LOT SALE

Closeouts, Scratch & Dents • New & Used

# SAVE BIG NOW!

Friday, August 22 & Saturday, August 23

**VIKING** **484-6006**  
Sewing, Vacuum, Spa & Stove 1963 W. 6TH • EUGENE



**A Growing Experience**

Fully certified by the State of Oregon


Organic meals

Offers care for 2 1/2-6 year olds

Morning, afternoon, and full-day schedules available

# RAINBOW GARDEN PRESCHOOL

302-1606 • 1901 Pierce Street (18th & Chambers)




**DR. DARIN J. WARD**

## HEALTH CENTERED DENTISTRY

By taking a holistic approach and arranging for health rather than merely treating disease, we offer an opportunity to restore your oral health to its optimum.

We look at the whole picture, consider health and underlying factors, and take steps to perfect your smile while preventing problems before they occur.

**DR. DARIN J. WARD, DDS PC**  
F.A.G.D.  
Fellow of the Academy of General Dentistry  
HEALTH CENTERED DENTISTRY  
300 COUNTRY CLUB RD., STE. 290  
EUGENE, OR 97401 • (541) 686-2441

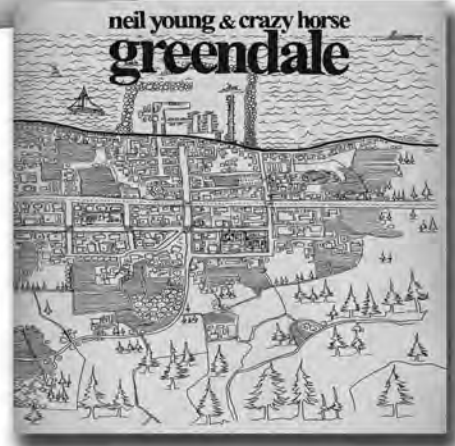


NEW AT CD WORLD


neil young & crazy horse  
**greendale**

**Neil Young and Crazy Horse**  
GREENDALE

**\$14.99** CD + DVD



Warner Bros



YOUR CHOICE OF THESE NEW RE-ISSUES \$8.99

**THE PLACE TO FIND IT.**

MUSIC FOR EVERYONE

**CD WORLD**

Compact Discs Music DVDs

CORNER OF WEST 11TH AND SENECA

**541 683-6902 • WWW.CDWEBWORLD.COM**

Offer good through September 21, 2003 - Not good with other offers.





## LABORPALOOZA! TO HONOR WORKERS

Labor poets, labor musicians and labor artists are joining political activists in celebrating America's working families at a free Labor Day weekend gathering Aug. 30 and Sept. 1 in Pleasant Hill. The event will be held at the corner of Highway 58 and Parkway Road, about 12 miles southeast of Eugene.

LABORpalooza! 2003 will feature arts, crafts, children's games and contests, live music and poetry. St. Vincent de Paul has donated more than 100 good used toys to be given away as prizes. Other children's activities include a poster contest where kids can depict what their parents do for work, and what kinds of work they want to do when they grow up.

Organizer Carol Berg says, "All workers will be honored at our event, but a special focus on the achievement of organized labor will be emphasized," says organizer Carol Berg. She notes that union struggles resulted in 40-hour work weeks, safer working conditions, overtime pay, retirement benefits, health benefits, equal employment rights, and more.

Haymarket Circle, an area of flea market and yard sale items gathered by working families will be new this year. "This is an example during the economically challenging times of people empowering themselves and their communities," says Berg. "Dollars made at this event will assist families and those dollars will stay in our communities."

For camping space reservations and vendor spaces, call 746-0345.

## BUSH'S OREGON TRIP STIRS PROTEST PLANS

Eugene environmental and social activists are traveling to Portland Thursday, Aug. 21, to join demonstrations targeting President Bush's \$2,000 a plate fund-raising dinner at the Chiles Center at the University of Portland (UP), a private Catholic college.

Portland Sierra Club conservation organizer Nat Parker says the environmental community will be protesting "the Bush administration's systematic rollbacks of 30 years of environmental safeguards that protect Oregon's air, water, and wilderness."

The Sierra Club and other groups will be gathering at 9:30 am Thursday at the corner of North Stafford Street and North Woolsey

## THIS MODERN WORLD

by TOM TOMORROW



Avenue near UP. Some groups are meeting earlier at the Oregon Natural Resources Council office at 5825 N. Greeley Ave.

The Cascadia Forest Alliance met this week in Eugene with peace, human rights and labor activists to organize their response to the Bush visit.

Portland independent media ([www.portland.indymedia.org](http://www.portland.indymedia.org)) is urging Oregonians to "take the day off and take on Bush" in a widely distributed e-mail: "Bring friends, music, art, performance, dialogue, questions, solutions, food to share, and your voice ... His reign has been a nightmare: unprovoked invasion and illegal occupation of Iraq, lies about weapons of mass destruction, massive budget deficits, stolen election, tax cuts for the rich, growing unemployment, cronyism and corporate crime and corruption at all-time highs."

"Yelling at or making fun of the appointed stooge is a waste of time," says Eugene pundit George Beres, commenting on the Portland events. "He understands little of what he does. He is a puppet who succeeds at one thing — keeping his jaw jutting out for all photo ops — content to implement disastrous policies chosen by those who pull his strings." — Ted Taylor

## BARNHART: TIE A KNOT IN TAX LOOPHOLES

How do we solve our state's economic woes? Tax breaks for corporations and wealthy individuals should be cut substantially and the money shifted to education, says state Rep. Phil Barnhart.

"Tax breaks yield very questionable returns for their cost," says the Democrat who represents central Lane and Linn counties. "Lane County, for example, gave substantial tax breaks to large corporations that have since abandoned the area. Companies that have stayed around and continue to provide jobs are small, locally owned firms that benefit far less from loopholes and tax breaks."

Barnhart says businesses will choose locations based on other factors ranking far above tax breaks, such as good schools to supply a quality workforce, and good roads to deliver goods. "Tax breaks are 'icing on

the cake' but hardly ever serve as the prime motivator," he says.

"Do good schools attract business? Yes!" says Barnhart, noting that business owners and managers locate where their children can go to good schools. "But the bottom line is that passing an adequate school budget by closing the loopholes would kill not two, but three birds with one stone," says Barnhart. "It would fix our schools, attract business, and solve the budget problem. It's time to tie a knot in the tax loopholes."

## SALEM FAST ENDS

A contingency of Eugene women have ended their three-and-a-half week fast and vigil on the steps of the Capitol building in Salem. The demonstration was in support of increased funding for social services in the state budget process. The vigil ended Aug. 14.

Peg Morton began the vigil in July with a seven-day fast. Morton inspired Kathleen Piper who fasted for seven days, and the third Eugenean was Carol Seaton, who fasted for nine days.

Morton says hundreds of people stopped by the vigil to tell their stories and lend their support, including a surprise visit by a Republican lawmaker, Rep. Pat Farr of Eugene.

"There really needs to be a restoring of the cuts that have affected thousands of people," says Morton. She says many people don't realize that cutting social services "is just a transfer." If Oregonians don't pay now for basic maintenance social services, they will pay even more later for higher health care costs and incarceration.

Eugene folk were also involved in a "cyber rally" at the Atrium Building downtown Aug. 13. Kitty Piercy, Sandra Morgan and others addressed the staggering cutbacks in social services at both the state and federal level and urged people to send e-mail messages to lawmakers. Sip N-Surf Cyber-Cafe offered free computer access for the event, which was sponsored by SOSA (Support Our Services Alliance), LILA (Lane Independent Living Alliance), JNW (Justice Not War Coalition) and WAND (Women's Action for New Directions). — TJT

## Happening people BY PAUL NEEVEL

### Gloria Griffith and Joann Olivas

For the past six years, Springfield School District employees Gloria Griffith and Joann Olivas have supplied free used clothing to district families through their volunteer project, the Clothing X-Change. "I noticed a portable classroom that wasn't being used," says Olivas, who was then



Family Center coordinator at Springfield Middle School. "I asked the principal about it," she says. Springfield/Marcola Family Resource Center Coordinator Griffith brought the idea to the school board, "and that's how it all got started." Two-thirds of the X-Change's stock comes in by way of an arrangement with UO housing. Donation barrels are placed in residence halls for the final 10 days of the school year, when students are moving out. "We empty the barrels every day and haul it away by truck," says Olivas, who has spent a couple of hours daily this summer sorting through a mountain of clothes. "We guessed it was five tons." During the school year, clothing is sorted and racked by students to earn community-service credits. "They divert several tons of reusable goods from the landfill," say UO Housing Recycling Coordinator Robyn Hathcock. "It makes an impressive difference." — Paul Neevel



## SLANT

• Access to the front of the new federal building downtown is the subject of a public meeting at noon Tuesday, Aug. 26 in the McNutt Room at City Hall. The architects at Morphosis are world-class, but apparently think a wheelchair ramp is unsightly in this design. They prefer elevators. We urge the GSA and Judge Hogan to work with Morphosis to avoid making the same accessibility mistakes we've made in the past. Give us a wheelchair ramp, graceful or ugly – an accommodation that doesn't break down and doesn't require waiting. And let's keep in mind that being able-bodied is just temporary.

• Tony Corcoran's frustrations with the budget process in Salem are evident in his

Insider Baseball column this week, but some progress appears to be forthcoming on a temporary fix. Moderate Republicans are finally agreeing to a much-needed income tax surcharge. A longer-term fix requires an overhaul of our entire state tax system, but that means voters need to purge members of the House and Senate who are hell-bent on protecting corporate candy, and sabotaging government services.

• Cellist extraordinaire Matt Haimovitz played at Sam Bond's last year to a standing ovation. The audience, mouths agape, beheld a group revelation that evening; an open window into a sublime alcove of the human soul. Bricklayers and lawyers shoulder-to-shoulder experienced a supreme translator at play. Throughout the year

since, *EW* has encouraged Haimovitz's management to put the Emerald City back on his packed national tour schedule, and the phone just rang. Haimovitz returns to Sam Bond's Sept. 24! Don't wait long if you want tickets to this must-see event.

• We didn't hear back from *Springfield News Editor* Larry Berteau until after we published the rumor last week about the paper going daily. He confirms that "There are significant plans to 'grow' the paper, and one result of that could be adding 'days' to our present twice-weekly status." Berteau says he is typically "not satisfied with the status quo" and "all things must grow, or perish." Let's hope that philosophy doesn't translate to Springfield's ample urban growth boundary – or to our equally expansive waistlines.

# Summer Sale

Save 20 to 50% on a wide selection of living room, dining room, bedroom, and office furniture.



5-seat sectional, microfiber in various colors. was \$1549 **Sale \$1299**  
Coffee table, steamed beech base with glass top, 47" x 31". was \$999 **Sale \$799**



Very comfortable swivel club chair in leather or fabric.  
Leather chair, taupe or black, was starting at \$469 **Sale from \$399**  
Microfiber chair, sage or camel, was \$349 **Sale \$299**



Queen-size platform bed with large storage drawer, was \$849 **Sale \$699**  
King-size platform bed with large storage drawer, was \$949 **Sale \$799**  
Nightstand, was \$299 **Sale \$199**  
Double dresser, was \$699 **Sale \$549**  
Gentleman's dresser, was \$849 **Sale \$699**

scan | design  
FURNITURE

EUGENE • 856 Willamette Street • 541-342-5000

We validate parking at Overpark, Arcade, and U.S. Bank  
Other Oregon locations: BEAVERTON, MEDFORD, PORTLAND  
Open Mon.-Sat. 10-6, Sun. 12-6 • [www.scan-design.com](http://www.scan-design.com)



## Eugene Celebration September 19-21

For more information call 681-4108 or visit our website at [eugenecelebration.com](http://eugenecelebration.com)



Buy Early and Get  
Special Discounts at 25  
Local Merchants

• Buy your Eugene Celebration 3-day admission wristband early and save \$2

• Wear your commemorative Celebration button and get discounts at 25 local merchants!

• \$8 in advance, \$10 day of show

Wristbands are available at over 50 local outlets in Lane County including:

- \* Washington Mutual
- \* Albertsons
- \* PC Market of Choice
- \* Jerry's Home Improvement
- \* US Bank
- \* Wild Oats
- \* Oregon Community Credit Union
- \* LTD



Ride FREE on LTD  
During Celebration  
Weekend with your  
button!



Presented by  
Washington  
Mutual



# UNIVERSALLY BOUND

ENERGY WORK FOCUSES ON RECONNECTING BODY AND UNIVERSE. By Celene Carillo

It started with a gypsy on the Venice Beach boardwalk in 1993. It has become an energetic phenomenon, making its way from this continent to Europe and Australia. It's called The Reconnection, and the foremost conduit for this new form of energy work, and the man who trademarked its name, is Dr. Eric Pearl, a former chiropractor from Los Angeles.

"The reconnection frequencies — it's much more than frequencies — it's hard to find words that actually communicate what this is. It's more than healing. We're talking about healing and evolution," says Pearl. I spoke with him by phone while he was teaching a Reconnection seminar in Dallas, Tex. "I can tell you what the researchers are positing ... they're new frequencies. It's new and it's old. It's old because it's from the universe, but it's new because it has never been on Earth. These are greater energy frequencies than ever before."

While heading his chiropractic practice in L.A. in the '90s, Pearl was given an unre-

markable card reading by the Venice Beach gypsy. She offered to perform a healing on him at the cost of \$333 that would change his life forever. He says he didn't even consider it.

But at the gypsy's prompting, Pearl did read chapter 3.1.7 of *The Book of Knowledge: The Keys of Enoch*, a 1973 spiritual scientific textbook penned by J.J. Hurtak, apparently with the help of two higher, superluminal beings.

Intrigued by what he learned, he went back to the gypsy and received the \$333 healing that would, in fact, change everything for him and blossom into what is today — The Reconnection.

After the healing, Pearl felt different, as did the patients he worked with. They began to sense other people in the room as he worked on them. They said they felt his hands before he touched them; they told Pearl they were seeing beautiful colors and hearing unrecognizable tones; they saw angels, some of them; they even began to

heal their friends and family. Before Pearl knew it, people were coming from all over to see him.

Pearl now practices and teaches The Reconnection full-time. He has authored a book, *The Reconnection: Heal Others, Heal Yourself*, has appeared on national television, and has taught The Reconnection to upwards of 7,000 people around the world. His energetic work has intrigued scientists at top universities and medical centers, namely the University of Arizona and Cedars Sinai. His clients attest to healings from serious diseases like chronic fatigue syndrome, fibromyalgia, severe scoliosis, cerebral palsy and even cancer — not to mention experiencing major life changes.

## GETTING CONNECTED

Interestingly, the transfer of reconnection energy from practitioner to client does not involve touch at all. In a session, a practitioner's hands can be inches or feet away from a client's body at any time. "Accessing

it [the energy] involves listening with your hands, becoming aware of a certain sensation in your hands. It's listening with a different sense," says Pearl.

According to Pearl, there are two different ways reconnection energy is used — in a Reconnection Healing, or The Reconnection itself. A healing is done in a single session, and should always be performed before The Reconnection. The Reconnection takes place over two sessions, with one or two days between them at most.

"A healing allows healing energy, light and information to come to you in an unstructured form," says Pearl. "It's a relatively free form. You can increase registers — the body's involuntary physical responses to the reconnection healing frequencies — play with it."

The Reconnection is supposed to have even further-reaching effects than a healing, and meridians are the keys. In traditional Chinese medicine, meridians are pathways on the body along which *qi* — life force — circulates to supply the body's energy and nourishment. Acupuncturists, Shiatsu masseuses and other healers use the meridians in their work, as well. "Meridians were once more effective than they are now, because they used to correspond with ley lines, like gridlines, that encircle the planet and extend into the universe," says Pearl. "Ley lines encircle the globe. They form vortices where the lines meet, in places like Machu Picchu and Sedona."

At one point in our evolution, says Pearl, we became disconnected from these ley lines, and we began to evolve at a slower rate than when we were connected. But in The Reconnection the practitioner brings in this new energy, via what are called axiatonal lines, that serve to connect us to the ley lines and their universal gridwork once again.

## MAGIC NUMBER

If anything, Pearl wants people to recognize that *anyone* can do this work. "I realized this gift would be accessible to people who came into contact with it ... we are moving into a new level of experience as human beings," he says. "Someday this will become second nature to us."

Yet The Reconnection doesn't come cheap. While it is up to the practitioner to set the price of a healing, generally in the \$50 to

Vegan Cheesecake • Vegan Gluten Free Brownies • Iced Tea • Iced Coffee

Vegan Chocolate Silk • Fruit Pies • Italian Sodas

Cheesecakes • Fresh Fruit Tarts • Crème Brûlée

**BEST of eugene 2002-2003**  
PICKED BY EW READERS

**WARNING: Too many sweets may cause unexplainable behavior!**

**Sweet Life**

755 Monroe St. • 683-5676 • [www.sweetlifedesserts.com](http://www.sweetlifedesserts.com)

Hours: Sun – Wed till 9:00pm • Thur – Sat till 11:00pm

## "RECONNECTIVE ENERGY." WHAT IS IT?

In his book *The Reconnection: Heal Others, Heal Yourself*, Dr. Eric Pearl describes it as tapping into a healing frequency that brings in light and information allowing us to reconnect with our own healing ability. From my own experience I would say it's connecting to the essence of our souls.

### There are two separate components to Reconnection energy. THE RECONNECTION™ and RECONNECTIVE HEALING™.

During a **Reconnection Healing™** session I surround you with the Reconnection energy, allowing for healing of mind, body, and spirit. Clients feel the energy as tingling sensations, warmth, or an altered state of reality. Following the session you typically feel calm, grounded, with a renewed sense of well-being. The energies are initiated at the beginning of the session and continue working long after the visit has ended. Healing from depression, chronic illness and cancer have been documented. Three sessions bring optimal results.

**The Reconnection™** activates new lines connecting us to the Universal Gridwork. Originally the meridian lines, or acupuncture lines, on our bodies were connected to the grid lines that encircle the planet. These grid lines were designed to continue out and connect us to a larger grid, tying us to the entire Universe. Over time we became disconnected from these lines. During The Reconnection™ you will again be connected and your life forever changed as your consciousness is allowed to expand and shift. The Reconnection™ is done in two sessions preferably on consecutive days. Client's experiences during the sessions vary: some see brilliant colors, others feel a presence in the room. Post session experiences can run the gamut from a sense of well being to more dramatic individualistic changes.

ELIZABETH MIDWINTER • REGISTERED PRACTITIONER  
PRIVATE OFFICE (541) 485-5282 • [emidwinter@aol.com](mailto:emidwinter@aol.com)





\$100 range, Pearl asks that \$333 always be charged for The Reconnection. According to Pearl, the woman who taught his gypsy "channeled information and it vibrated with 333."

When I remarked that \$333 is expensive, Pearl told me, "If you make it \$3.33, many people will only allow themselves to get \$3.33 of healing. There are certain things in life that have a certain value ... when people recognize that value, they create the money."

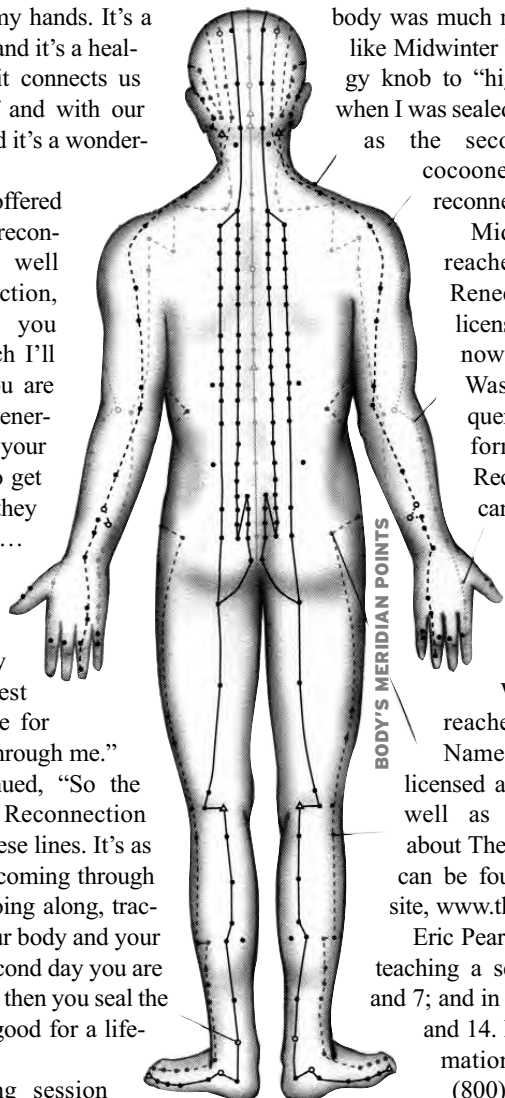
## HANDS ON

My own introduction to The Reconnection was with Elizabeth Midwinter, a licensed Eugene Reconnection Healing practitioner who Pearl had trained. She says, "The reconnection energy is a vibration, or an energy, or a frequency that comes through my hands. It's a very angelic energy, and it's a healing energy. I think it connects us with our higher self and with our souls for healing. And it's a wonderful experience."

Midwinter, who offered to perform both a reconnection healing, as well as The Reconnection, explained, "When you have a healing, which I'll do on you today, you are surrounded with the energy ... I work on your chakras, and I like to get it to the point where they pulse in my hand ... After about 20 minutes into the session, I just follow it. I'm there. I just try and be the clearest channel that I can be for the energy to come through me."

Midwinter continued, "So the first day of The Reconnection you're opening up these lines. It's as if a beam of light is coming through my hand, and I'm going along, tracing these lines on your body and your face. And then the second day you are redoing the lines, and then you seal the person off. And it's good for a lifetime."

This first healing session



started out simply enough: I lay on the table, closed my eyes, and tried to keep myself as open as I could to what might happen. Almost immediately the atmosphere in the room changed. Energetically, it was as though some sort of light show I could feel with my eyes closed was playing around my body.

I left the session feeling as though I was floating in a balmy sea somewhere, and blew the rest of my day sitting in the sun. Advice: If you decide to try either form of this energy work, schedule nothing physically or intellectually strenuous afterward. You might as well pop a prescription painkiller and try to do your taxes.

My second session — the first of The Reconnection — was very similar to the healing, but the energy surrounding my body was much more intense. It was like Midwinter had turned the energy knob to "high." The third day, when I was sealed, was just as intense as the second. I felt very cocooned. In fact, I felt reconnected.

Midwinter can be reached at 485-5282. Renee Sherman, a licensed practitioner who now lives in Washington, still frequents Eugene and performs The Reconnection here. She can be reached at (866) 333-4458 (the threes are deliberate). Also practicing in Eugene is Barbara Joy Weston, who can be reached at 689-2145. Names of any other licensed area practitioners, as well as more information about The Reconnection itself can be found at Pearl's website, [www.thereconnection.com](http://www.thereconnection.com). Eric Pearl will be in Portland teaching a seminar Sept. 5, 6, and 7; and in Seattle Sept. 12, 13, and 14. More seminar information is available at (800) 569-1002. **EW**

## Open Sky Aikido



合気道

## Fall Special!

Introduction to Aikido & Basic Self-defense Class in a Safe and Supportive Environment

Tuesday & Thursday  
6:00-7:30 p.m.  
Sep. 9 - Dec. 18  
\$45 for New Students

**Amazon Arts Center**  
2700 Hilyard St.  
Call for information:  
**935-8655**

Tamarack Wellness Center  
Presents

## Eugene's 7th Annual HEALTH & WELL-BEING Celebration 2003

September 20 & 21, 2003

Health & Well Being Celebration  
Joins the Eugene Celebration!

- Holistic Health
  - New Age Products & Services
  - Free Workshops
  - Healthy Foods
  - Massage & Body Work Areas
  - Demonstrations
  - Live Music & Dance
  - Entertainment
- On Broadway  
between Olive St.  
& Charnelton St.

**BOOTH SPACE AVAILABLE!**

## GREEN MEDICINE HERBAL CONFERENCE

Sunday

September 21, 2003

11:00 am - 5:00 pm

12 different FREE WORKSHOPS  
on a wide variety of topics in the  
Atrium Building  
Located at 10th and Olive St.  
Downtown Eugene  
Music & Entertainment  
Spirit Stage in the Atrium

Additional Sponsors:

Nu Naturals  
Signs of the Times  
The Register Guard  
Alternatives Magazine

Four Winds Yoga  
Light's Music Center  
Springfield Creamery

Information

**541-461-8052**  
[bewell@bossig.com](mailto:bewell@bossig.com)

SpringBridge  
Physical Therapy & Wellness Center

Leading the community in  
injury prevention, recovery,  
and wellness education.

- Age & ability tailored physical, occupational & speech therapy programs
- Medicare accepted
- No need for a physician referral

2675 Willamette St. Eugene  
next to INShape Athletic Club  
541.343.8889 • fax: 541. 343.9499  
[www.springbridgept.com](http://www.springbridgept.com)

## BIKRAM YOGA



Welcome to Bikram's beginning yoga class. This is the most exciting, challenging, hard working & effective yoga class in the world. Created by Bikram Choudhury, this posture flow features two breathing exercises & 26 hatha yoga poses designed to work every muscle, joint, ligament, tendon, gland, & organ in the body. This is a 90 minute total body workout in a room heated to body temperature. Taught by certified instructors.

INTRODUCTORY PACKAGE

**3 classes for \$15**

9-10:30am MTWThF

6-7:30pm MTWTh

4-5:30pm Sundays

FOR MORE INFORMATION

**349-YOGA**

Sandra Norris  
Wheeler



23 years Extensive Professional Experience

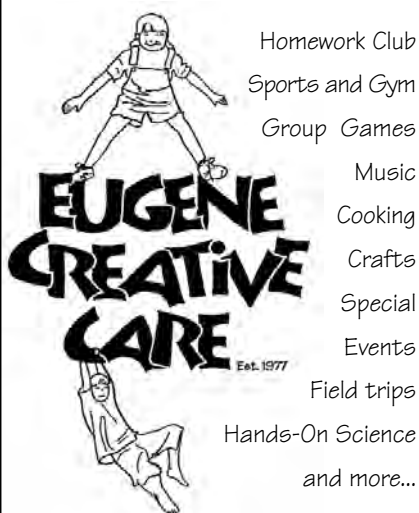
Welcoming new clients for...  
Advanced Craniosacral Therapy  
Advanced Myofascial Release  
& Unwinding

- ◆ Nationally Designated Practitioner ◆
- ◆ STRUCTURAL REALIGNMENT
- ◆ ENERGETIC REBALANCING
- ◆ DEEPLY RESTORATIVE WORK FOR INJURY, TRAUMA, AND SURGERY

"The greatest of healing comes in gentleness & focus."

**343-4415**  
Integrity • Wisdom • Skill

## Fun & Friendly After School Childcare



Homework Club  
Sports and Gym  
Group Games  
Music  
Cooking  
Crafts  
Special Events  
Field trips  
Hands-On Science  
and more...

Located in 12 Eugene Schools  
Details: CALL 683-7291



## VascuTouch™

The inexpensive way to quickly and easily eradicate vascular lesions, including...

Dilated Capillaries (couperose)  
Age Spots / Sun Damage  
Spider Veins  
Hemangiomas (red dots)  
Skin Tags

...without the expense or damage of laser!

Also available:

- facials
- waxing
- microdermabrasion

Healthy skin  
is  
beautiful skin

exclusively by:  
Liz Sake, BSN, RN  
Clinical Esthetician

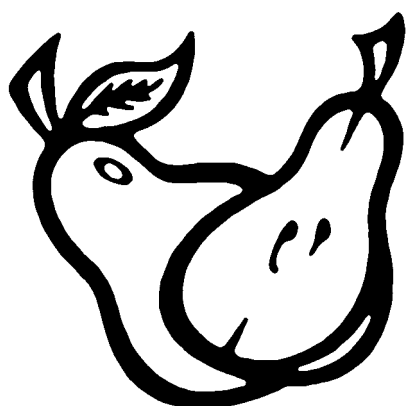
offered at:  
Majesty Day Spa  
4730 Village Plaza  
Suite 130  
541.341.1449





# THE KIVA

BOOKSELLERS,  
GROCERS  
& WINE  
MERCHANTS



- Organic Produce and Natural Foods
- Homeopathic and Herbal Remedies
- Vitamins and Supplements
- Biodegradable Paper and Body Care Products
- Earth Friendly Cleaning Products
- Large Selection of Bulk Foods

**MON-SAT 9-8 • SUN 10-5**

125 W. 11th Ave, DOWNTOWN EUGENE • 342-8666

## Coming September 2nd

### Get Even Healthier!

## The (ALL-NEW) Healthy Weigh!

New Larger Location • New Services

• MASSAGE • REIKI  
• GROUP COUNSELING  
• YOGA • PILATES

Come visit our new  
**Boutique Mia**

FEAUTURING:  
Local Jewelry & Art Exhibits

Ask Us About  
Grand Opening Specials!

*Lose Weight  
the Right Way!*



**(541) 684-8150**

1144 Willagillespie • Suites 1 & 2 • Eugene

The staff at **PACIFIC WOMEN'S CENTER** welcomes **Dr. Dorothy Shannon, CNM**, to our practice. Dorothy is currently practicing well women's health exams and is accepting new patients.

Our newest addition as Center Partner is **Byrke Beller, MD, Richard Beyerlein MD, Julie Haugen MD, Jan Stafl MD and Tamara Stenshiel MD** at Pacific Women's Center. Dr. Beller specializes in obstetrics, gynecology, & gynecological surgery and is accepting new patients.



Clockwise from left:  
Dr. Jan Stafl, Dr.  
Tamara Stenshiel,  
Margaret Leonard RN  
NP, Dr. Byrke Beller,  
Dorothy Shannon  
CNM, Dr. Richard  
Beyerlein, Dr. Julie  
Haugen

**Pacific Women's Center**  
Physicians and Surgeons

151 W. 7TH AVE EUGENE, OR 97401  
(541) 342-8616



# EVERYDAY VITALITY

REAL PEOPLE COME CLEAN ABOUT DIET, EXERCISE, HEALTH AND FITNESS. By Bobbie Willis

**D**oes it sometimes feel like “every-one else” is blissed out on Pilates and the Atkins diet? Does it seem like you struggle alone with the call of Ben & Jerry’s Ice Cream or Tim’s Cascade Potato Chips? Trying to figure out how to find time to do everything you have to do, and fit in eight glasses of water a day (as well as 80 trips to the loo)?

You are not alone. You are not the only one who hates to diet. You are not the only one who wrestles with trying to fit health-ful eating and sensible exercise into the schedule. You are not the only one trying to make good, healthy choices.

EW interviewed a handful of everyday Eugeneans about their diet and exercise habits, trying to get a sense of how people maintain (or chip away at) everyday vitality. We asked about their health and fitness philosophies (**VALUE**); about the things they struggle with most (**VEXATION**); about the things they loved to do best to stay in shape (**VIM & VIGOR**); about the one thing they do every day to take care of themselves (**VIRTUE**); about their weaknesses (**VICE**); and about whether they’d recently made any successful, healthy lifestyle changes (**VICTORY**). Here’s what they told us ...

## Cindy Lehmann, 50

Middle school teacher

**VALUE:** “Being healthy is something you have to work at *all the time*.”

**VEXATION:** “As you get older, you have to work harder and harder to maintain physical fitness – and you can’t eat the way you used to.”

**VIM & VIGOR:** “Treadmill and weights, hiking, skiing.”

**VIRTUE:** “I eat well – lots of fruits and vegetables and protein. And I’m not a dessert eater.”

**VICE:** “Potato chips.”

**VICTORY:** “Getting potato chips out of the house and eating more fruits and vegetables.”

## Wendy Beck, 32

Waitperson, Soriah

**VALUE:** “I don’t think diets make sense. A balanced diet – not fad diets – along with exercise is a healthy balance.”

**VEXATION:** “I’d like to be more toned, with better muscle definition, but I get kind of bored with weights and strength training.”

**VIM & VIGOR:** “I enjoy running, speed walking and hiking.”

**VIRTUE/VICTORY:** “I quit smoking a year ago, August 25.”

**VICE:** “I’m *addicted* to coffee, and I have no plans to give it up.”

## Heather Hansen, 29

UO Bookstore employee

**VALUE:** Diet is a four-letter word – a bad one!

**VEXATION:** “For exercise, things to do [gym memberships, exercise classes] can be expensive. For diet, I don’t always recognize when I’m eating for hunger, and when I’m eating out of stress or boredom.”

**VIM & VIGOR:** “I love to go dancing.”

**VIRTUE:** “I drink a ton of water every day.”

**VICE:** “Salty food – especially Velveeta Shells & Cheese.”

**VICTORY:** “Two years ago, I injured my knee – tore my ACL playing football. I’m

just now getting back into exercise, mainly walking. It’s taken forever, but it’s good to be moving more.”

## Chris Rohaley, 29

Owner, Mayhem Music

**VALUE:** “Exercise is way more important than diet.”

**VEXATION:** “My choco-holism.”

**VIM & VIGOR:** “I like to do anything active, but I really love a good gym workout.”

**VIRTUE:** “I work out every other day – not matter what. Three hours at Gold’s Gym – two hours of lifting, one hour of cardio.”

**VICE:** “Cookies.”

**VICTORY:** “I’ve discovered that vitamins and supplements have improved my workouts – I have more energy, stamina and endurance since adding these [to the regimen].”

## Ron Vickery, 40

Owner, Crux Rock Gym & Ron’s Tropical Grill

**VALUE:** “I don’t believe in extremes. Everything in moderation, right? Isn’t that the whole deal? You can’t change whole parts of diets – the Atkins diet? Sure, you can lose 40 pounds quick, but it’s fake, not real loss. The weight will come right back unless you make realistic, common sense changes in diet and exercise.”

**VEXATION:** “I know what I need to do, what I need to eat to be where I want to be for climbing. For me, exercise is no problem. Staying motivated on the diet end is where I get caught.”

**VIM & VIGOR:** “Climbing and hiking.”

**VIRTUE:** “Eating well.”

**VICE:** “Ice cream.”

**VICTORY:** “I’ve effectively changed the way I eat. Used to be too much fat, eating late at night, skipping breakfast. With the help of my wife [Debbie Lomax] I’m eating more sensibly.”

## Aaron Femrite, 25

Lube tech, Lube-It USA

**VALUE:** “To be really physically fit, you have to keep the stress levels down. True physical fitness is about feeling good, eating the right food and doing things to stay in shape.”

**VEXATION:** “I need to improve the quality of the food I eat. But it can be expensive to buy good food, and it can take a lot of time to cook something right. After working all day, I just need to get full, and it’s easier to grab a burger.”

**VIM & VIGOR:** “I like to ride my bike on the bike trails and swim in nearby lakes. I also try to do some kind of stretching and calisthenics in the evenings – push-ups, sit-ups – just something to get the heart rate up.”

**VIRTUE:** “I drink lots of water.”

**VICE:** “Fast food.”

**VICTORY:** “I really try to do a little exercise everyday, and I’ve also concentrated on lowering my stress levels – if something is stressing me out during the work day, I’ve learned to try and set it aside for when I have time to really think it through, instead of letting it distract me while I’m worrying about car flow at work. Stress seriously affects my diet, and just being aware really helps.”

## Sue Thompson, 46

Mom, wife, pal

**VALUE:** “Health and fitness need to be fun.”

**VEXATION:** “My laziness.”

**VIRTUE:** “I take a nap every day.”

**VICE:** “Anything with butter and salt.”

**VICTORY:** “This last year I started gardening – it’s just good for me.”

EW

PICTURED BELOW (FROM LEFT TO RIGHT): CINDY LEHMANN, WENDY BECK, HEATHER HANSEN, CHRIS ROHALEY, RON VICKERY, AARON FEMRITE, SUE THOMPSON.



ALL PHOTOS BY BOBBIE WILLIS

## BREAKFAST OF CHAMPIONS WHAT DO PEOPLE REALLY EAT TO KICKSTART THEIR DAY?

**“Bagel with margarine, and coffee.”**  
Louis, 55, bike mechanic, Blue Heron Bikes.

**“A Taco Bell Seven-Layer Burrito and a Dr. Pepper.”**  
John & Elaina, both 34, students.

**“Dannon yogurt smoothie and hot chocolate.”**  
Susan, 40-ish, travel agent.

**“Peanut butter and jelly on toast, with water.”**  
Kimberly, 29, teller, U.S. Bank.

**“A cookie and water.”**  
Vickey, 22, cell phone sales.

**“Oatmeal with raisins, honey and a little Smart Butter, and coffee and a glass of water.”**  
Jerry, 59, shoemaker, Campus Shoe Shop.

**“Half a leftover blueberry muffin and coffee.”**  
Cheryl, 36, owner, Sweet Life.

**“Huevos rancheros and water.”**  
Penny, 55, barber, Campus Barber Shop.

**“Bowl of Rice Krispies.”**  
Stephen, 20, cashier, UO Bookstore.

**“A scrambled egg sandwich my wife made for me, a glass of milk and an Almond Joy.”**  
Tim, 47, hod carrier, construction.

**“A chicken burrito and soda water.”**  
John, 63, bus driver.

**“Potatoes, cheese and tomatoes, with coffee.”**  
George, 26, barber, Campus Barber Shop.

**“No breakfast. Just tea.”**  
Beth, 42, delivery driver, Holy Cow.

**“Coffee.”**  
Megan, 21, coffee kiosk worker.

**“Cup of coffee.”**  
Rick, 25, photo technician.

**“Coffee. But you should have asked me yesterday – I had berries and peaches and lots of fresh fruit ...”**  
Sarge, 28, manager, Face the Music.

**“Coffee. I don’t care to eat early. But sometimes I do like ginger ale in the morning.”**  
Tim, 63, street vendor.

**“Nothing – I’ve never been a breakfast person.”**  
Erin, 24, barrista.

**“No breakfast.”**  
Jim, 48, barber, Red Rooster Barber Shop.

**“Nothing. I looked at a cinnamon roll, but I just wasn’t hungry.”**  
Richard, 27, employee, Taco Bell.

**“Oatmeal. And a cigarette. Oh, and coffee.”**  
Annalisa, 21, photo technician.

And the champion of breakfasts ...

**“A banana; a tub of yogurt; three cookies; a small bottle of orange juice. Ah, and this sandwich.”**  
Jairos, 33, NCC business administration students and part-time building maintenance worker.

EW



# SEVEN FEATHERS Entertainment & Events



## 38 SPECIAL

**Friday, August 22  
at 9 p.m.**

**Doors open at 8 p.m. • Tickets \$25 & \$15**

With gold and platinum albums, top 10 hits, and sold-out stadium tours to their credit, 38 Special has broken the Southern Rock mold and established themselves as a classic American rock-and-roll band.

Tickets on sale at the Box Office, Safeway TicketWest Outlets or call 800-992-TIXX.

Must be 12 or older.

## KARAOKE KASH Championship

**Monday, August 25 at 7 p.m.**

Top karaoke singers return for the championship worth \$500, \$300 and \$200 for a total of \$1,000 in cash prizes!

Contact the Box Office for details.



**STIX SPORTS BAR  
NOW OPEN!**

### Bingo Concert Session

**Friday, August 22 at 6 p.m.**

**Doors open at 4:30 p.m.**

*Special Session Only*

All regular games pay \$400. \$7 Buy-in. Play Bingo while you wait for the 38 Special concert!

Contact Bingo for details.

### Keno Tournaments

**Fridays in August at 6:30 p.m.**

Over \$1,000 in Cash & Prizes awarded each tournament.

Sign-up 8 a.m. – 6 p.m. each tournament day.

### Camas Room's Dining in Italy

**August 27 – 30**

Dinner beginning at 5:30 p.m.

Regular and special menu available.

Reservations recommended. Call 800-548-8461 for reservations.

### Fall Classic Rodeo

**Saturday, Sept. 13 at 3:30 p.m.**

**Sunday, Sept. 14 at 2 p.m.**

**Tickets \$6. Kids 5 & under are FREE.**

Tickets on sale at the Box Office.

### Best Country 103 Rodeo Dance

**Saturday, Sept. 13 at 9 p.m.**

**Doors open at 8 p.m. • Tickets \$3**

Live music by local favorites, Jason Johnston and The Fowler Band.

Tickets on sale at the Box Office and Brooke Communications in Roseburg. Must be 21 or older. Valid I.D. required at the door. Proceeds benefit Camp Millennium.

**BOO BASH VII  
Saturday, October 25**

**Tickets \$5**

Tickets on sale August 25  
at the Box Office.



**FREE Bus Service from Eugene, Springfield, Creswell & Cottage Grove on Monday, Tuesday & Friday.**  
**FOR SCHEDULE INFORMATION CALL 1-541-484-4100 OR VISIT US ONLINE AT [sevenfeathers.com](http://sevenfeathers.com)!**

## SEVEN FEATHERS HOTEL & CASINO RESORT

I-5, Exit 99 or 98 • Canyonville, OR • 1.800.548.8461 • [sevenfeathers.com](http://sevenfeathers.com)



# Hot Yoga for Hot Mamas

THE PROS & CONS OF PRE-NATAL YOGA.  
by Jennifer Snelling

I walked into my first Bikram yoga class feeling fairly confident. I'd been doing yoga for years and had continued to exercise normally through my first 18 weeks of pregnancy. Fortunately, I hadn't yet done much reading on the subject. Only after the class did I learn that the room is generally heated to 105 degrees and it is normal to feel nausea, dizziness, and disorientation during the poses.

After two poses, sweat began to bead up on my forehead. Even though the room was, thank god, only heated to between 98 and 100 degrees, I could hear my midwife saying, "Be careful. Pregnant women are more sensitive to heat." Yeah, no kidding. What had I gotten myself into?

"Hot yoga," as it is sometimes called, is a series of 26 *asanas* designed to warm and stretch muscles, ligaments and tendons by balancing, and creating pressure at the same time. During the poses, the blood supply to arteries and veins is cut off, creating pressure. When the pose is released the blood rushes through the veins and arteries, flushing them out — like a tourniquet release.

At nine-months pregnant, Lisa Starr swears that Bikram is what has kept her healthy and happy throughout her pregnancy. "Bikram has been the best thing I've done for my pregnancy. It keeps me fit, it keeps me sane and feeling good mentally, it keeps me in tune with my body through my breathwork, and it's helping loosen up my hips." That should prove helpful when Starr's baby arrives in early September.

I tried thinking of all these positives during the class I attended. But all I could concentrate on was the pain in my legs during triangle pose and the sweat running down my back and pooling at my waistband. I watched as sweat dripped off the arms of the woman in front of me and onto her mat. A girl in the front row was down. Before long, the girl beside me also decided to lie down for a minute.

Bikram yoga isn't for everyone. Obstetrician Dr. Jan Staff says he wouldn't recommend Bikram yoga for pregnant women. "The concern is elevated body temperature, which is why we tell pregnant women not to sit in hot tubs that are more than 103 degrees," he says. Dr. Paul Qualter-Burcher, also an obstetrician, agrees. "Bikram is the only type of yoga that I would not recommend for pregnant women," he says. "The fluid fluctuation that comes with the excessive heat is not a good idea in pregnancy. Dehydration can cause contractions and other problems."

Of course, pregnant women need to be particularly careful during any form of exercise. Definitely check with your midwife or doctor before attending a class. Some instructors recommend using a thermometer if you're pregnant to make sure your body temperature doesn't rise too quickly. Most instructors suggest that if you have been practicing Bikram yoga just prior to your pregnancy, then you may continue with other forms of yoga through the third month and then begin Bikram with modified poses.

Bikram Yoga instructor Amy Hopkins points out the similarity between Bikram and labor. During the poses the body contracts, then returns to relaxation pose. It prepares pregnant women to handle pain and discomfort through breathing and helps them to relax more readily when the pain subsides. "It also helps with all the side effects of pregnancy," says Hopkins. "Varicose veins, digestive problems, and backaches."

Starr, who felt her baby move for the first time in class, is quick to point out the mental benefits as well. "Yoga keeps me relaxed. If I'm relaxed, then my baby is relaxed, too."

But, as with any type of yoga, some poses are not recommended for pregnant women. While the Bikram yoga class in Eugene is not a pregnancy class, the instructors are happy to provide alternate poses if they know you're pregnant. For instance, while the rest of the class was doing cobra pose, Starr arched into a partial bridge with rounded belly high in the air.

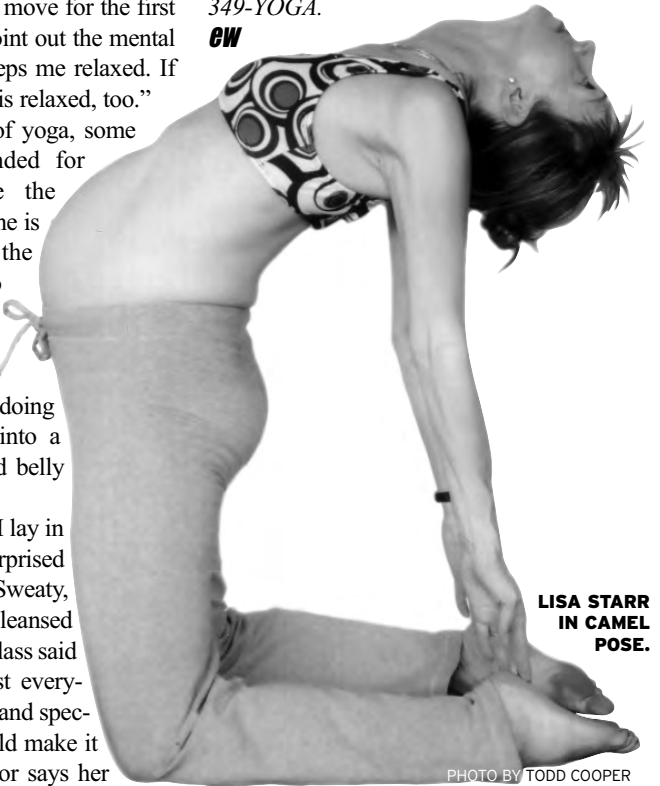
By the end of the class, I lay in relaxation pose and was surprised to realize that I felt good. Sweaty, but good. My body felt cleansed and peaceful. Outside, the class said a friendly goodbye. Almost everyone wished Lisa good luck and speculated on whether she would make it to the next class. Her doctor says her

baby is in position and ready to deliver.

It's true that any type of yoga is a lot like labor. Pregnancy is about taking care of ourselves and finding growth from within. Our bodies grow, but so do our expectations of what our bodies can do.

Jennifer Snelling, expecting her first child, is a free-lance writer in Eugene. For more information on Bikram yoga classes, contact Darlene Muller or Amy Hopkins at 349-YOGA.

EW



LISA STARR  
IN CAMEL  
POSE.

PHOTO BY TODD COOPER

## Center for Family Therapy

UNIVERSITY OF OREGON

- Individual, couple and family therapy
- Affordable sliding scale fee
- Daytime and evening hours

*Are You Ready for Change?*

For information or to make an appointment, call

**(541) 346-3296**

The Center for Family Therapy (CFT) is an affordable counseling agency staffed with intern counselors from the Marriage and Family Therapy (MFT) Graduate Specialization at the College of Education, University of Oregon.

The MFT graduate program is nationally accredited with COAMFTE and approved by the Oregon Board of Licensed Professional Counselors and Therapists.



## Natural Treatments for Menopausal Problems

- Alternatives to Hormone Replacement
- Physician Directed Care
- Uses Many Natural Therapies including Detoxification, Thyroid Treatment, Homeopathy, Herbs, etc.
- Also treats other Health Problems

**Dr. Stephanie P. Wilson, N.D.**

1755 Coburg Rd., #6 • Eugene, Or 97401

**541-683-9357**



FREE!

## Multicultural FESTIVAL

In celebration of our community

Entertainment: Caliente, Island Jammin', ACTSO Competitors, U-DOWN Productions, UO Athletes, Chris Miller, Keynote speaker: UO Head Basketball Coach, Ernie Kent

Featuring: Free Cosmic Swim, LTD Bus Decorating, Food Vendors, Community Information booths, more!

For more info,  
call 682-5312



Friday, Aug 22

5 - 9 pm

Sheldon Community Park

2445 Willakenzie Road

A free all ages, family event!

## High Priestess Piercing The studio

Is impeccable! Come in and ask for a tour.

You'll see for yourself why everybody  
recommends us.

## The Piercers

Are the best around. Period.

All are highly skilled, trained,

certified, and are happy to provide you with a free consultation.

## The Jewelry

Is only the best. We use only implant  
grade materials for initial piercings,

and we have a kickass selection of tribal and natural jewelry.

Eugene-675 Lincoln st. 342-6585

Corvallis-1425 Monroe suite C. 738-7711





# health & fitness

## DIRECTORY

### ADDICTION NUTRITION

recovery for  
sugar-sensitive  
and sugar-addicted people

## Sweet Surrender

### SWEET SURRENDER

is a natural, effective program that will help you understand why you are sugar-sensitive. We offer practical tools that you can use at each step of the recovery process and help insure that these healthy changes will be lifelong. Our program includes individual consultation, group support, cooking classes, grocery shopping and meal preparation.

LEIGH FILES, M.A., A.T.R. • 683-8883  
LICENSED PROFESSIONAL COUNSELOR

### COLON HYDROTHERAPY



## ALDER BROOKE HEALING ARTS

Enhancing the colon's ability to eliminate waste can be a key addition to obtaining optimal health goals. Colon hydrotherapy is a safe effective way to eliminate excessive toxins from our already over-worked bodies. Providing education and support, I invite you to experience the cleansing benefits for yourself in our safe, comfortable, relaxed environment at Alder Brooke Healing Arts. Please call for our supported fasting programs and class schedule.

### TARA ALDER, NCCT

NATIONALLY CERTIFIED COLON HYDROTHERAPIST  
317 W. BROADWAY, SUITE 117 • 513-7894  
[www.alderbrooke.com](http://www.alderbrooke.com)



### COLON HYDROTHERAPY

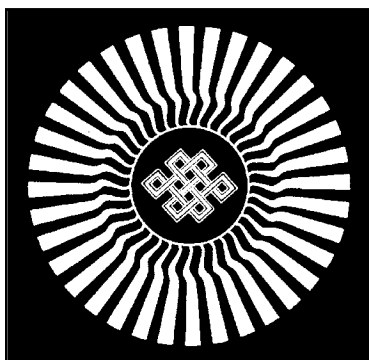


## SUNRISE COLONICS

Colon Hydrotherapy can be an important part of an overall health maintenance program, as well as specific concerns. Colon cleansing provided in a clean, supportive and safe environment that meets your individual cleansing needs. Nationally Certified Colon Hydrotherapist. State-of-the-art FDA registered equipment. Disposables for your comfort and safety.

LAURA TAYLOR • 484-6224  
1885 SUNRISE AVE • EUGENE

### ENERGY PSYCHOLOGY



## TALK LESS, HEAL MORE

In depth alternatives to traditional therapy.  
Integrating Body/Mind/Spirit

- Heal the wounds of the past
- Choose a new way of being in the present
- Realize a more fulfilling & creative future.

### RADIANT LIFE CENTER

LOUIS CAROSIO, M.A.  
RUTHANNE HARRIS CAROSIO, M.A.  
687-2835 • MOST INSURANCE ACCEPTED

### RELAX INTO HEALING

with Nancy Hopps



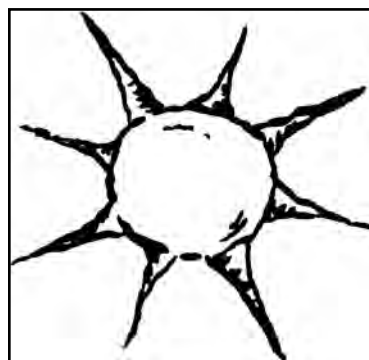
Nancy offers a unique blend of healing modalities, including relaxation techniques, breath work, guided imagery, hypnotherapy, energy release techniques, NLP, & life coaching skills, intuitively tailored to guide you to the Wisdom within. Also an LMT, Nancy is now accepting new clients for body/mind healing, massage and coaching sessions. Her *Relax Into Healing* and other audio titles, endorsed by Dr. Bernie Siegel and others, are sold across the U.S. and Canada and via the web.

"I think it's your warmth and genuine caring, along with your skills, that make your work so powerful." — D.R.

(541) 683-9088

SEE CLASSIFIED AD FOR UPCOMING WORKSHOP!  
[WWW.RELAXINTOHEALING.COM](http://WWW.RELAXINTOHEALING.COM)

### INNER HEALING



## Talent Health Resources Intuition Vitality Energy

Trauma Transformation, Developmental Healing, & Performance Enhancement

PATRICIA HENRY-SCHNEIDER, MS  
Licensed Professional Counselor • Certified EMDR Therapist  
541-953-7999

### CRANIOSACRAL THERAPY



## STUDIO 268

Craniosacral Therapy for women, children and infants. Gentle approach to:

- Releasing Trauma (including birth) • ADD & ADHD • Colic • Structural Imbalances • Chronic Neck & Back Pain • Migraines & Headaches • Anxiety & Depression • Nervous System Disorders • Head & Spinal Cord Injuries



STUDIO 268  
BEAUTY & WELLNESS SALON  
HEATHER MCCARLEY, LMT  
268 WEST 7TH • 485-7273

### HERBAL CONSULTATION



## LIVING EARTH HERBS

Consultations by appointment.  
Holistic prenatal and post-partum care • Natural child health care • Complimentary cancer therapies • Allergy Management  
Offering classes, oils, supplements, and herbs-by-the-ounce to the home herbalist, alternative health care professional, and health conscious consumer with a friendly, knowledgeable staff.  
Call for class schedule and hours.

383 W. 3RD EUGENE PLANING MILL DISTRICT  
345-7744 • [www.LivingEarthHerbs.com](http://www.LivingEarthHerbs.com)

### HERBAL HEALTH



## MRS. THOMPSON'S HERBS, GIFTS & FOLKLORE

Eugene's Herb Store since 1994.

- Certified Organic bulk dried herbs, bulk tinctures & essential oils
- Free herbalist guidance with every purchase. Classes and fall academic program available.
- Health consultations with Herbalist Heather Nic an Fhleisdeir, professionally trained, 15 years experience, confidential appointments

SHOP HOURS:  
MON - FRI, 11-7PM • SAT 12-5PM  
27 WEST FIFTH • DOWNTOWN EUGENE  
(541) 686-6136 • [www.celticherbs.com/mrst](http://www.celticherbs.com/mrst)

### HOLISTIC PSYCHIATRY



### MIND BODY SPIRIT MEDICINE

Holistic medicine is the healing of the whole person – mind, body and spirit. I provide outpatient psychiatric care for adults seeking healing using traditional and non-traditional strategies.

NAMASTE!

SANDRA KALNINS, D.O.  
[www.DrKalnins.com](http://www.DrKalnins.com) • 685-9861  
5 EAST 24TH AVE., EUGENE 97405

### HYPNOTHERAPY



## TRIED EVERYTHING? STILL FEEL STUCK?

Miracles *do* happen—they can happen to you!

"Healing is essentially the release from fear."

PATRICIA ROBINETT is a trained hypnotherapist, who specializes in gently leading you inside where you find a powerful ally – your own kind, loving, healing inner wisdom.

686-LOVE (686-5683)

Call now to schedule your  
FREE 30-minute initial consultation



## AHHHHH.....MASSAGE



### WALK OUT FLOATING ON CLOUDS

Relieve aches, pains, stress, anxiety, tension, sciatic pain, etc, using Somatic Communication with an eclectic approach.

MEGAN'S HEALING HANDS  
MEGAN HAUG, LMT  
Nationally Certified & Experienced  
684-6840 • LMT#10180

## NATUROPATHIC PHYSICIAN



### Safe, gentle, effective solutions to your health care needs.

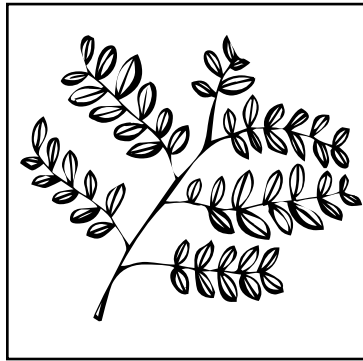
Dr. Oram focuses on getting to know each patient – providing optimal, individualized treatment.

**Natural Family Medicine**  
Natural Hormone Options  
Women's Health • Homeopathy  
Herbal Medicine • Nutrition  
Spinal Manipulation

*Where health is just a natural path away.*

DR. VIRGINIA A. ORAM  
343-2384 • www.DrOram.com  
400 E. 2ND AVE. SUITE 105, EUGENE

## NATUROPATHY



### WITHIN REACH

Earth-centered medicine for all ages, incomes and lifestyles. Located amongst forest and gardens, embracing the healing spirit of nature. We specialize in:

- Craniosacral Therapy • Children's Medicine
- Somato-emotional Release • Herbal Remedies
- Naturopathic Manipulation
- Western & Ayurvedic Nutrition
- Birth Preparation & Support

DR. TOM DONNELLY & DR. RACHEL GROSS  
NATUROPATHIC PHYSICIANS  
25632 JEANS RD. • VENETA • 935-3453

## WOMEN'S FITNESS



### CURVES FOR WOMEN

- Exercise Made Fun
- Aerobic and Strength Training in 30 minutes
- Uses hydraulic resistance
- Comfortable, friendly environment
- Music makes it fun

*"Let thirty minute fitness, in a women only environment, help you acquire the habit of exercise . . ."*

NORTH EUGENE • 341-4900  
SOUTH EUGENE • 349-1411  
SPRINGFIELD • 988-1607

## WOMEN'S FITNESS

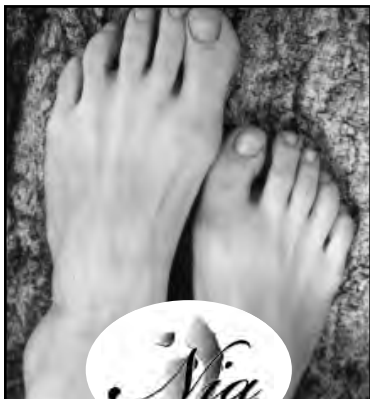


### BODY NOW! for Women

Embracing the healing arts, we embody sensation, the backdrop that supports this practice. Integrative body therapies are used to self heal through awareness. Various psychological tools are used to support the process. Students are empowered to take charge of their own growth and well being. Nia is fitness fusion at its finest.

1361 RIVER ROAD  
Eugene  
WWW.BODYNOW.US  
541-729-5079

## NIA, THE BODY'S WAY



Combining selected movements and concepts from Yoga, Tai Chi, Tae Kwon Do, Aikido, Jazz, Modern Dance and other movement forms, Nia classes offer total-body cardiovascular conditioning and cross-training. All Nia movements are adaptable and can be personalized for any level of fitness. No prior training is necessary. Experience the joy of movement and the benefits of moving your body . . . the body's way.

JANET HOLLANDER • 747-3850/729-2894  
Classes M & F @ 5:30 at 3575 Donald  
(New 4 Winds Ctr.) • movingtowardhealth.com

## HEALTHY, CREATIVE CUISINE



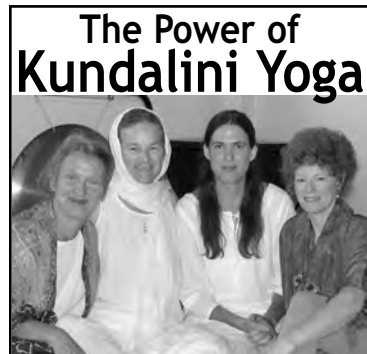
RAW FOOD LIFESTYLE & PREPARATION  
GOURMET, ORGANIC, VEGETARIAN,  
OR VEGAN MEALS DELIVERED  
WEIGHT LOSS PROGRAMS  
HEALING DIETS • ANTI-AGING PROGRAM

*Rhonda Taylor is a certified Chef specializing in all aspects of healthy living.*

She will be doing a Vegan raw cheesemaking demonstration at the 2003 Festival of Raw and Living Foods Aug. 21-26 at Camp Tadmor, Lebanon, OR.  
Go to [www.rawfestival.com](http://www.rawfestival.com) for more info

CALL RHONDA • 541-345-0584

## KUNDALINI YOGA



**YOGA WEST** is a cooperatively run non-profit center for the teaching and practice of Kundalini Yoga as taught by Yogi Bhajan. Kundalini Yoga stretches and strengthens the body, balances the chakras, bolsters the immune system, relieves stress, and calms the mind. Classes include yogic exercise, breath work, mantra, meditation and relaxation. Call 686-0432 for a recorded schedule of drop-in classes suitable for all levels, classes designed for women, and beginners basics classes.

**YOGA WEST** 686-0432  
3635 HILYARD • EUGENE

# Building more than a new Weight Room!

## Coming soon...

Our new Health and Wellness Center opens September 2. Check it out! Fitness has never felt so good! Our new center is state-of-the-art and all designed to help you meet your goals.

At your YMCA,  
we are building...

## Strong Kids

- Teen Strength  
Learn to lift safely and effectively
- Playcare  
Safe and fun child care, while you are working out

EUGENE FAMILY YMCA



## Strong Families

- Family Friendly Facility  
Family rates, programs and changing areas
- Feel great, feel strong,  
play often!  
Core values... caring, honesty, respect,  
responsibility and FUN!

2055 PATTERSON

## Happening now...

Kids are building self esteem, families are getting stronger, and friends are building relationships!

## Strong Communities

- Adaptive, accessible equipment  
Pool lift, Multi-station weight machine...
- Community wide child care  
centers K-5th  
Care where you need it
- Activities & programs for all  
Finding your strengths, meeting your goals;  
supporting and being supported

686-9622



## QUALITY COUNTS

Paul's customers usually don't see Virginia. She is our office manager. Virginia moved to Eugene in 1997. Though English is not her first language, she completed her accounting degree and was named Lane Community College's Outstanding Accounting Student for 2002-2003. Quality counts, for products, and service, in our stores, and in the back office too.

## PAUL'S Bicycle Way of Life

2480 Alder & 152 W. 5th & Oasis Plaza



# health hits

HEALTH-RELATED  
ISSUES & INFORMATION

### Straight Flush

If you're feeling constipated, bloated, gassy, or just generally unhealthy, colonic hydrotherapy might do you well.

"The benefits are really innumerable," says Tara Alder of the Alder Brooke Healing Arts Center. During a session, Alder uses an inflow tube to control a trickle of warm, purified water that flushes the colon, loosening matter and allowing it to exit the body via an outflow tube.

"I've seen pounds of old fecal matter within an hour session," says Alder.

While benefits are purportedly far-reaching – relief from allergies, anxiety, indigestion, obesity – colonics are not for everyone. Alder will not treat anyone undergoing radiation treatment for cancer, recovering from bowel surgery, or suffering acute ulcerative colitis or Crohn's disease.

Alder can be reached at 683-7894. Also practicing colonic hydrotherapy in Eugene is Laura Taylor at Sunrise Colonics (484-6224.) For more information, visit [www.i-act.org](http://www.i-act.org) – *Celene Carillo*

### Childhood Obesity: An Herbalist's Perspective

Statistics show half of all Americans are clinically obese or overweight. Perhaps more surprisingly, the same goes for a quarter of all American children.

Heather Nic an Fhleisdeir, local health consultant and herbalist with Mrs. Thompson's Herbs, says, "Addressing a childhood weight issue needs a delicate touch to avoid possible future obsession regarding weight."

Fhleisdeir counsels good regular play and exercise, as well as a diet of whole foods free of additives, preservatives and hormones. Food refinement and additives can wreak havoc with body chemistry, especially early on with children.

To help decrease fat deposits and levels of fat in blood, as well as assisting a healthy metabolism, Fhleisdeir suggests this herbal formula, safe for anyone older than six months: Mix 1 cup rosehips, 1/2 a cup fennel seeds and 1/2 a cup of dandelion root (organic ingredients are best here) in a quart jar. Cover with boiling water and steep overnight. Strain and refrigerate. Liquid can be reheated or served cold. – *Bobbie Willis*

### Over Eating

New to the video/DVD counter at Star Gate Books is the info-mentary *Eating*. Narrator Michael Anderson realized all of his family members were dying from complications related to a "healthy" diet, and decided to look at how eating, or rather overeating animal proteins, is killing Americans today.

With the ever-growing popularity of programs like the Atkins diet, seeing what commercially produced animal fat and protein does inside of you is a true eye-opener. For more information, contact Alan Stein at Star Gate Books: 342-8348. – *Bobbie Willis*



Glam it up  
at Eugene's newest, most  
upbeat resale shop.  
Trendy, unique, funky & chic!

Marketplace West  
3045 W. 11th Eugene, Or.

541-684-0585

Spend wisely,  
seek balance,  
live richly.

Do Good.  
Do Well.



Laurie McClain  
Socially Responsive Investing

132 E. Broadway, Suite 501 • Eugene  
541-686-1908 • 1-800-386-1908  
[www.mcclainsri.com](http://www.mcclainsri.com)

Member, First Affirmative Financial Network

Securities offered through a registered representative of Walnut Street Securities, Inc. (WSS) Member NASD and SIPC. First Affirmative Financial Network is a division of Walnut Street Advisors, Inc. (WSA) specializing in socially responsible investments. WSA, a subsidiary of WSS, is a registered investment advisor with the SEC. FAFN is not an affiliate or subsidiary of WSS.

## Cascade Health Center

Massage, Chiropractic, Naturopathic  
& Rehabilitation

1255 PEARL STREET, SUITE 100

Stress Reduction & Pain Relief

Call today for your appointment.

343-4343

DR. MACDONALD, D.C. • DR. MILROY D.C., N.D.



Your personal providers for Pregnancy Care as well as Pregnancy Prevention.  
• Many contraception methods available.

• Childbirth preparation classes. Open to the public every Monday evening.

Michele K. Bouche, C.N.M. • Kathie S. Hill, C.N.M.  
1632 J Street, Springfield • 746-8897

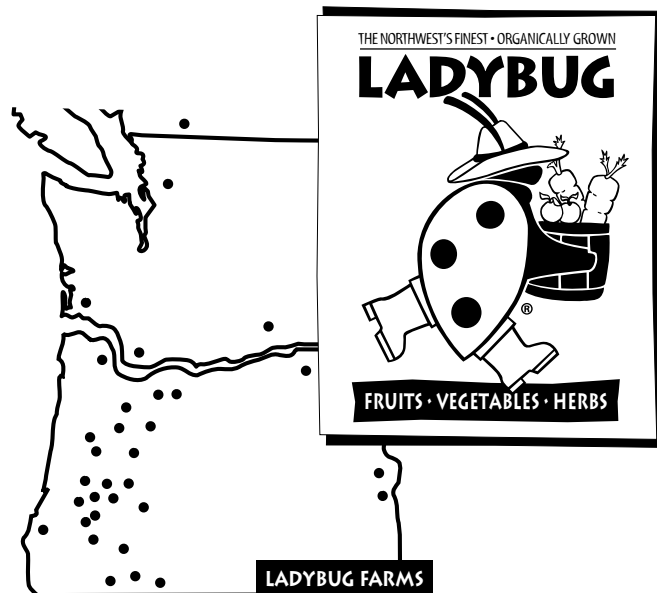
Births attended at McKenzie Willamette Hospital  
Visit our website: [mckenziemidwifery.com](http://mckenziemidwifery.com)

Call for a courtesy "Get Acquainted" Visit.



## 82 Crops, 32 Farms, 1 Brand, Every Summer, Fall & Winter

Available in natural & fine foods  
stores across the Pacific Northwest.



All LADYBUG farms are family-owned and operated  
affiliates of Organically Grown Company, a grower  
and employee-owned produce wholesaler dedicated to  
"promoting health through certified organic agriculture."

DISTRIBUTED BY ORGANICALLY GROWN COMPANY  
EUGENE ♦ PORTLAND ♦ MEDFORD



# WHAT'S happening



**Bhagavan Das**, one of the generation of spiritual seekers who went to India in the early 1960s, performs a *kirtan* concert at Agate Hall. A style of music using call-and-response vocals, *kirtan* takes the audience into a sublime and harmonious state of hypnotic enjoyment. See Saturday Calendar.

The roots of the Veselka dance tradition are buried deep in the soil of the Russian Ukraine. **Veselka Ukrainian Dance Company** celebrates those roots in performances at 11 am and 2 pm in the Mother of God Ukrainian Church in Springfield. Master dance teacher, Leo Piasta, a first generation Canadian-Ukrainian, comes to Springfield each summer to provide a fine-tuned edge to the dancers through an intensive three-week rehearsal schedule. Ranging in age from 5 to 25, the 75 colorful performers whirl and gyrate to complex choreography, including the *Hopak*, the national dance of Ukraine known for its male acrobatic solos and female fast-paced footwork. See Saturday Calendar.



The Eugene Astronomical Society "**Mars Party**" features telescopic view of Mars from College Hill Reservoir. On Aug. 27 the planet Mars reaches the closest point to Earth in more than 50,000 years. Almost like you can reach out and touch it. See Friday Calendar.



The 12th Annual **Wine and Blues Festival** at Secret House Vineyards in Veneta features music by blues guitarist **W.C. Clark**, Linda Hornbuckle, The Lloyd Jones Struggle and the Norman Sylvester Band. Also included will be Eugene's fabulous blues favorites, **Bill Willie Bluz**, playing the deep blues of "Tell Me Why," "Mo Bettah Fo' Ya'" and "Ridabus." Come check out the afternoon sun, the fermented grapes, and all the blues you can handle. See Saturday Calendar.







THE BELLYDANCE SUPERSTARS SHAKE IT AT THE WOW HALL. SEE MONDAY.

## 21 THURSDAY

Sunrise 6:23 am; Sunset 8:07 pm  
Av High 82; Av Low 51

**ARTS/VISUAL** An opening reception for work by Ruby, Ben Scott, Jerry Ross and others, Ruby Gallery, 55 W. Broadway. FREE.

**GATHERINGS** Ice cream sundaes, 6:30 pm, Willamalane Adult Activity Center, Spfd. \$2.

Open house features tours and information, today and Aug. 27, Wellsprings Friends School. For information call 686-1223. FREE.

A volunteer orientation and training for the Community Center for the Performing Arts, 6:30 pm, the WOW Hall. FREE.

Meridian Farmers Market, noon to 5 pm Thursdays, 18th Ave. and Willamette St. FREE.

HIV counseling and testing, 9 to 11:15 am Thursdays, 135 E. 6th Ave. \$15.

**KIDSTUFF** Baby storytime, 10:15 am, Downtown Library, Preschool Storytime, 10:30 am, Bethel and Sheldon Libraries. FREE.

**LECTURE** "Find Your Pressure Points for Health," Justin Miers, 1:30 pm, Willamalane Adult Center, Spfd. FREE.

**LITERARY ARTS** "Science of Spirituality" Reading Group meeting, 7 pm, Borders Books. FREE.

**MUSIC** Ron O'Keefe & Friends, 6 pm, Coiner Park, Cottage Grove. FREE.

Kevin Montgomery, Al Perkins and Robert Reynolds, 8 pm, Café Paradiso. \$10.

Laura Kemp, Tony Kaltenberg, Roy Brewer and TR Kelley, 8:30 pm, Luna. \$7.

New Monsoon, 9:30 pm, Wild Duck. \$7.

Hip hop battle, 9:30 pm, CoreStar Center. \$5.

**ON THE AIR** "New Dimensions" features "Using Intuition to Heal," Judith Orloff, 6:30 pm, KLCC, 89.7 FM. FREE.

"The Jefferson Exchange" features "Improving the Analysis and Effective use of Intelligence

Information," James Adams, 9 am and 9 pm, KRVM, 1280 AM.

"The Healing Connection," 7 pm Thursdays, CTV-22.

**OUTDOORS/RECREATION** One-hour fast bike rides, noon Monday through Friday, Bike Friday. 687-0487. FREE.

Kayak trip on the Willamette River, 5 pm, Oregon River Sports. Free.

**SPIRITUAL** Eugene peace circle, noon Thursdays, Suite 306, 474 Willamette St. 684-3850. FREE.

Prayer for Peace circles, noon Monday through Friday, Unity of the Valley. FREE.

Celebration of *Rakshabandhan*, 7 pm, Brahma Kumaris Meditation Center. For information call 343-5252. FREE.

**THEATER** *I Hate Hamlet*, 8:15 pm tonight, tomorrow and Aug. 23, Very Little Theatre. \$12 res., \$9 for sr. on Sundays, \$9 for stu. on Thursdays.

*Rude Awakening* benefits the Lane Co. Bill of Rights Defense Committee, 8 pm tonight, at 8 and 9:30 pm tomorrow, at 2 and 10 pm Aug. 23 and at 2 and 8 pm Aug. 24, ComedySportz Arena. 688-8270. \$8 adv., \$10 dos.

## 22 FRIDAY

Sunrise 6:24 am; Sunset 8:06 pm  
Av High 81; Av Low 50

**FESTIVAL** Multicultural Festival features a celebration of community, with music by Caliente, Island Jammin', Party Booby Trap and others, speakers, food, information, games, swimming and more, 5 to 9 pm, Sheldon Community Park. FREE.

**GATHERING** Singletarians group meeting, 7:30 pm, Unitarian Universalist Church. FREE.

**KIDSTUFF** Playgroup for moms and newborns to 2-year-olds, 10 am, Bambini. FREE.

"Eager Beavers" features exploration into river dwellers, noon to 4 pm today and tomorrow, The Science Factory. \$4 includes exhibit admission. www.sciencefactory.org

Finger-painting with Ruby, 10 am to noon, Ruby Gallery, 55 W. Broadway. FREE.

Preschool storytime, 10:30 am, Bethel Library. FREE.

**LECTURE** "You Are Not Who You Think You Are" with Amber Terrell features discussion and music, 7 pm, Unity of the Valley Church. don.

**MUSIC** Flying Crooked, 7 pm, Borders Books. FREE.

Otis Taylor, 8 pm, Café Paradiso. \$12.50 adv., \$14 dos.

The Crooked Jades, The Fiddlin' Sue Band, 9:30 pm, Sam Bond's Garage. \$3.

The Appleseed Cast, The Mercury Program, Chin Up Chin Up, Minethirtyseven, 8:30 pm, WOW Hall. \$8.

Jason Webley, 7 pm, The Art of Everything, Cottage Grove. \$3-\$5 sugg. don.

**OUTDOORS/RECREATION** The Co-Motion Classic Tandem stage bicycle race, today through Aug. 24. For information, go to www.co-motion.com

One-hour fast bike rides continue. See Thursday, Aug. 21.

Prayer for Peace circles continue. See Thursday, Aug. 21.

**SCIENCE** Eugene Astronomical Society "Mars Party" features planet-viewing of Mars near its closest approach to Earth in more than 50,000 years, 8:30 pm, College Hill Reservoir. FREE.

**THEATER** *The Mouse that Roared*, 8 pm tonight and tomorrow, Cottage Theatre, Cottage Grove. \$11 adv., \$12 dos.

*I Hate Hamlet* continues. See Thursday, Aug. 21.

*Rude Awakening* continues. See Thursday, Aug. 21.

## 23 SATURDAY

Sunrise 6:25 am; Sunset 8:04 pm  
Av High 81; Av Low 50  
Mars is closer tonight than humankind has ever seen.

**CELEBRATION** The Whiteaker Celebration bilingual event features music, magic, dancing, juggling, crafts, face painting, literature and information from local organizations, noon to 8 pm, Scobert Gardens, W. 4th Ave. between Blair Blvd. and Polk St. FREE.

**COMEDY** ComedySportz, 8 pm, The ComedySportz Theatre, 10th Ave. and Oak St. 517-9996, \$8, \$7 with a can of food for FOOD for Lane Co.

**DANCE** Veselka Ukrainian dance group performance includes Ukrainian food and church tours, 11 am and 2 pm, Mother of God Ukrainian Catholic Church, Spfd. FREE.

**FESTIVAL** Wine and Blues Festival features W.C. Clark, Linda Hornbuckle, The Lloyd Jones Struggle, The Norman Sylvester Band, Bill Willie Bluz and others, 2 pm, Secret House Vineyards. \$13.50 adv., \$16 dos.

**GATHERINGS** Saturday Market features more than 150 local artisans, international food court and live music. 10 am to 5 pm Saturdays, Park Blocks. Paul Safar plays at 10 am; Cosmas Magaya and the Vakasara Mbira Group at 11; Danny Dolinger at noon; Neil Bjorklund Trio at 1 pm and the Emerald Valley Swing Quartet plays at 2 pm. FREE.

Cascadia Forest Goods warehouse sale features figured maple, chinkapin, walnut, decking, siding, panneling, fencing and more from sustainably managed forests and recycled wood, 9 am to 3 pm Saturdays, 4446 Franklin Blvd., Glenwood. 485-4477. FREE.

Southtowne Shoppes Farmers Market, Saturdays 9 am to 3 pm, and Tuesdays 11 am to 3 pm, 28th Ave. and Oak St. FREE.

Farmers Market features produce, plants and flowers from more than 40 local growers, 9 am to 4 pm Saturdays and from 10 am to 3 pm Tuesdays, 8th Ave. and Oak St. FREE.

Growers Market features fresh grown local produce/fruit, artisans and crafters displaying wares, entertainment and more, main park, 9 am to 3 pm, Cottage Grove. FREE.

Veneta Saturday market features produce, crafts and festivities, 10 am to 5 pm Saturdays, Veneta. 935-2268. FREE.

**KIDSTUFF** Children's storytime, 11 am, Borders Books. FREE.

Family Music Time, 10:15 am, Downtown and Sheldon branch libraries. FREE.

Saturday storytime, 10 am, Barnes and Noble Books. FREE.

"Eager Beavers" continues. See Friday.

**LITERARY ARTS** Brenda Shaw reads, 2 pm, Mother Kali's. FREE.

Elaine Knighton reads, 7 pm, Borders Books. FREE.

**MUSIC** Kirtan concert with Bhagavan Das, 8:30 pm, Agate Hall, 18th Ave. and Agate St. \$16 adv., \$20 dos.

Toad in the Hole, The Koozies, The Whopner Co. All Stars, 10 pm, Wetlands. \$4.

David Helfand & Friends, 9 pm, Café Paradiso. \$5-\$8 ss.

**OUTDOORS/RECREATION** The Eugene Emeralds play the Salem Volcanoes, 7:05 pm tonight and they play the Vancouver Canadians Aug. 25 and 26, and at 5:05 pm tomorrow, Civic Stadium. \$8 res., \$5 gen., \$4 sr., stu.

"A Day on the Farm" features hayrides, demonstrations, a trapper's camp, Native-American dance, food and more, 4 pm, Dorris Ranch, Spfd. \$3, \$10 family.

Obsidians hike 7 miles, Olallie Mountain; 8 miles, Tam McArthur Rim; 8 miles, Vivian Lake. See YMCA board for details. \$3-\$4 sugg. don.

GEARS rides 45 miles, Fox Hollow. Meet at 9 am, Alton Baker Park. FREE.

The Co-Motion Classic Tandem stage bicycle race continues. See Friday.

**PRESENTATIONS** "Trees of History, Exploring Old-Growth Forests" slide presentation, 8 pm, Delta Amphitheater. FREE.

"Water Quality of Waldo Lake," Al Johnson, 7 pm, North Waldo Boat Ramp Amphitheater. FREE.

**SCIENCE** "Summer Sky Above Eugene" interactive show features planets, stars and images from the Hubble Space Probe, 2 pm Saturdays, The Science Factory Hands-on Children's Museum. www.sciencefactory.org Free with admission to The Science Factory.

**SPIRITUAL** Tibetan Buddhist meditation with Tulku La Gyurmey, 9 am Saturdays and 6:30 pm Wednesdays. For information call 554-9696. \$2-\$5 ss.

**THEATER** *Two Gentlemen of Verona*, 6 pm today, tomorrow, Aug. 30 and 31, Amazon Park. A pre-show for children is at 5 pm. FREE.

*The Mouse that Roared* continues. See Friday.



RUDE AWAKENING PLAYS AT COMEDYSPORTZ ARENA. SEE THURSDAY, AUG. 21.

*Rude Awakening* continues. See Thursday, Aug. 21.

*I Hate Hamlet* continues. See Thursday, Aug. 21.

## 24 SUNDAY

Sunrise 6:26 am; Sunset 8:02 pm  
Av High 81; Av Low 50

**BENEFIT** Pre-campaign benefit for low-income families served by Lane County Legal Aid features wine tasting, food, and music by Paul Biondi, 1 to 5 pm, LaVelle Bistro, 5th St. Market. 606-1299, \$25 includes food, wine, music and dancing.

**DANCE** "Dances of Universal Peace," 4 pm, Sladden Park. A potluck celebrating 30 years of dance follows. FREE.

**GATHERINGS** "Strategies to prevent demolition and redevelopment in Moss/Villard/Columbia neighborhood," 7 pm Sundays, 13th and Alder Starbucks. FREE.

A Sunday market features organic produce, plants and seeds, ceramics, bamboo and more to benefit not-for-profit permaculture education pro-

jects, noon to 5 pm Sundays through Oct., 8th Ave. and Blair St. FREE.

Mercado Latino open-air Latin American marketplace features vendors of Latin American food, produce, bread, handcrafts, clothes and more, 11 am to 5 pm Sundays through Oct. 26, 8th Ave. and Oak St. A pinata for kids is at noon; and music by Carmizin is from 1 to 3 pm. FREE.

Open air market features crafts, farmers, music and food vendors, 11 am to 7 pm Sundays through Nov. 30, downtown Blue River. FREE.

**LITERARY ARTS** Arthur Edwards reads, 4 pm, Tsunami Books. FREE.

**MUSIC** Eugene Symphonic Band, 6:30 pm, Washburne Park. FREE.

Thistle, Abandon Ship, Carsie Bean Blue, 8 pm, Cozmic Pizza @ The Strand. \$3-\$5 sugg. don.

Dan Jones and the Squids, The Sham, Ed Cole and the College Girls of Tora Bora, 10 pm, John Henry's. \$2.

Dead Meadow, YOB, Eat Shit Fuckface, 9:30 pm, WOW Hall. \$7.

The Visible Men, Al Larsen, 9 pm, Sam Bond's Garage. \$4.

Live CD recording features Buster B. Jones, 6 pm, Luna. \$10.

**ON THE AIR** "The Healing Connection," 8 pm Thursdays, CTV-22.

**OUTDOORS/RECREATION** "Land of Fire and Ice - Our Changing Landscape" nature tours, 11 am, 1 pm and 2:30 pm, Dee Wright Observatory. (541) 822-3381. FREE.

GEARS rides 75 miles, Mt. Bachelor Loop. Meet at 6:30 pm for overnight, Alton Baker Park. FREE.

Obsidians hike 10 miles, Chucksney Mountain; 9 miles, Green Lakes. See YMCA board for details. \$3-\$4 sugg. don.

The Eugene Emeralds play the Vancouver Canadians. See Saturday.

The Co-Motion Classic Tandem stage bicycle race continues. See Friday.

**SPIRITUAL** "Vision and Heartsong Share," 10 am Sundays. For information call 484-3114 between 8 and 9 pm. FREE.

Tibetan Buddhist teachings feature meditation, chanting and relaxation, 11 am and 7 pm Sundays, 3333 Storey Blvd. FREE.

Falun Gong exercise, 9 am Sundays, Gold's Gym, Spfd. www.falundafaoregon.org FREE.

**THEATER** *Two Gentlemen of Verona* continues. See Saturday.

*Rude Awakening* continues. See Thursday, Aug. 21.

## 25 MONDAY

Sunrise 6:28 am; Sunset 8:01 pm  
Av High 81; Av Low 50

**ARTS/VISUAL** Life drawing sessions, 7:30 to 10:15 pm Mondays, 439 W. 2nd Ave. 302-2727. \$5.



# calendar

**DANCE** Bellydance Superstars and the Desert Roses, 8:30 pm, WOW Hall. \$18 adv., \$20 dos.

**GATHERINGS** HIV counseling/testing, 4 to 7 pm Mondays, HIV Alliance, 1966 Garden Ave. don.

French conversation, 3:30 to 5:30 pm Mondays. For information call 937-2304. \$5.

Role-playing games, 6 pm Mondays, Borders Books. FREE.

Gentle yoga for people with multiple sclerosis, 10:45 am to 12:45 pm Mondays, Hilyard Community Center. \$5.

Women's drop-in support group for survivors of sexual abuse, 7 pm Mondays, Sexual Assault Support Services. 484-9791. FREE.

**LECTURE** "The Heart of the University or the Central Nervous System? The Digital Repository and the Evolving Role of the Library," Grace Agnew, 9:30 am, Knight Library. FREE.

**OUTDOORS/RECREATION** The Eugene Emeralds play the Vancouver Canadians. See Saturday.

One-hour fast bike rides continue. See Thursday, Aug. 21.

**PRESENTATION** "Home-schooling 101: Creating a Love of Learning," Teri Brown, 6:30 pm, Downtown Library. FREE.

**SPIRITUAL** "Foundation in Meditation," 7 pm. For information call 343-5252. FREE.

Prayer for Peace circles continue. See Thursday, Aug. 21.

**THEATER** "Get Down With Your Sweet Self" personal theater for women, 7:15 pm Mondays, Friends Meeting Hall. 686-8119. \$9.

**VIGIL** Women in Black peace vigil, 5 pm, Federal Building. FREE.

## 26

### TUESDAY

Sunrise 6:29; Sunset 7:59 pm  
Av High 81; Av Low 50

**UNGKA, BY MIKE WALSH, AT THE OREGON STATE FAIR, SALEM. SEE AUG. 21, ON THE ROAD.**



**GATHERINGS** "Chick-Lits" Book Group meeting, 7 pm, Barnes and Noble Books. FREE.

Southtowne Shoppes Farmers Market continues. See Saturday.

Farmers Market continues. See Saturday. FREE.

**KIDSTUFF** Tuesday Toddlertime, 10 am, Barnes and Noble Books. FREE.

Toddler storytime, 10:15 and 11 am, Downtown Library. FREE.

**LECTURE** "Anemia," Sunny Kierstyn, 2 pm, Willamalane Adult Activity Center, Spfd. FREE.

**MUSIC** Clinton Fearon & the Boogie Brown Band, 9 pm tonight and tomorrow, The Annex. \$13 adv., \$15 dos.

**ON THE AIR** "Alternative Radio" features "Globalization and Terrorism," Arundhati Roy, 6:30 pm, KLCC, 89.7 FM.

**OUTDOORS/RECREATION** Canoe and kayak trip on Coyote Creek, 5 pm, ORS. FREE.

The Eugene Emeralds play the Vancouver Canadians. See Saturday.

One-hour fast bike rides continue. See Thursday, Aug. 21.

**SPIRITUAL** Video meeting and meditation with GangaJi, 7 pm Tuesdays, 5th St. Market, 4th floor, Conf. Rm. FREE.

Humanities Team Study Group, 7 pm, 2414 Quebec St. 484-9934. FREE.

Prayer for Peace circles continue. See Thursday, Aug. 21.

**VIGIL** Peace vigil, 4:30 pm Tuesdays, Island Park and Main Streets, Spfd. 747-5886. FREE.

## 27

### WEDNESDAY

Sunrise 6:30 am; Sunset 7:57 pm  
Av High 81; Av Low 50

**GATHERINGS** Caring for the Caregiver support group, Wednesday afternoons. For information, call 687-6234. FREE.

Adult Book Group meeting, noon, Downtown Library. FREE.

# WILCO



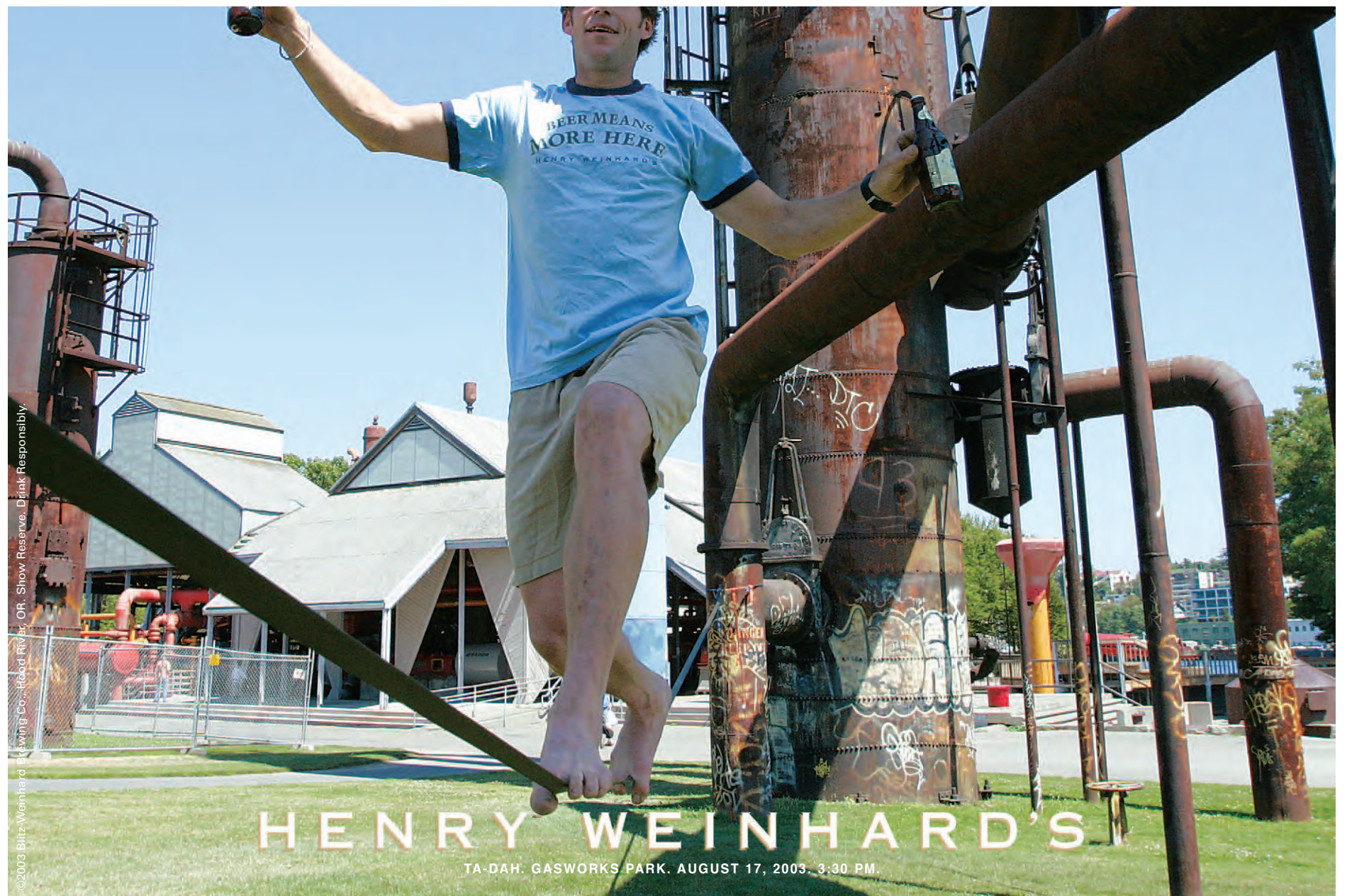
**MONQUI PRESENTS**  
MONQUI.COM

PLUS SPECIAL GUEST **CARLA BOZULICH'S RED HEADED STRANGER**

# SEPTEMBER 4

# McDONALD THEATER

TICKETS AT TICKETSWEST 503-224-TIXX • ALL AGES

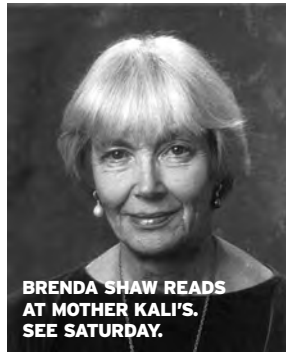


# HENRY WEINHARD'S

TA-DAH. GASWORKS PARK. AUGUST 17, 2003. 3:30 PM.



## calendar



**BRENDA SHAW READS  
AT MOTHER KALI'S.  
SEE SATURDAY.**

Open house continues at Wellspring School. See Thursday, Aug. 21.

**KIDSTUFF** Wednesday evening storytime, 7 pm, Barnes and Noble. FREE.

"The Wonders of the Wetland" Wild Wednesdays in the Wetlands features insect education for ages 5-7, 8 am. For information call 683-6494. FREE.

Preschool storytime, 10:15 and 11 am, Teen Council meeting, 4 pm, Downtown Library. FREE.

**LITERARY ARTS** Suzanne Hansen reads, and "Reflective Readers" group meets, 7 pm, Barnes and Noble Books. FREE.

**MUSIC** Party Booby Trap, 7 pm, Scobert Park. FREE.

Jolie Holland, 9 pm, Sam Bond's Garage. \$5.

Clinton Fearon & the Boogie Brown Band continues. See Tuesday.

**OUTDOORS/RECREATION** GEARS rides 30 miles. Meet at 6 pm, Alton Baker Park. FREE.

One-hour fast bike rides continue. See Thursday, Aug. 21.

**SPIRITUAL** Prayer for Peace circles continue. See Thursday, Aug. 21.

Tibetan Buddhist meditation continues. See Saturday.

**VIGIL** Vigil, 4:30 pm, Federal Building. FREE.

# 28

## THURSDAY

Sunrise 6:31 am; Sunset 7:56 pm  
Av High 81; Av Low 50

**GATHERINGS** Meridian Farmers Market continues. See Thursday, Aug. 21.

HIV counseling and testing continues. See Thursday, Aug. 21.

**KIDSTUFF** Baby storytime, 10:15 am, Downtown Library, Preschool Storytime, 10:30 am, Bethel and Sheldon Libraries. FREE.

**LECTURE** "Tomatoes, Tomatoes, Tomatoes," Lane Co. Extension Service lecture, 1:30 pm, Willamalane Adult Activity Center, Spfd. FREE.

**LITERARY ARTS** Dolly Mae reads, 7 pm, Barnes and Noble Books. FREE.

**MARCH** "Fulfill the Dream! Work for Peace, Justice and Reconciliation" march features sings, banners, music, picnic and "I Have a Dream" speech, 5 pm, Autzen Stadium east parking lot. For information call 682-5177. FREE.

**MUSIC** Tim McLaughlin's 11 Eyes, 9:30 pm, Luna. \$5.

**ON THE AIR** "New Dimensions" features "Radical Reformation and a New Renaissance," 6:30 pm, KLCC, 89.7 FM. FREE.

"The Healing Connection," 7 pm Thursdays, CTV-22.

**OUTDOORS/RECREATION** Kayak trip on the Willamette River, 5 pm, ORS. FREE.

One-hour fast bike rides continue. See Thursday, Aug. 21.

## Dance Listings

**Th:** Alfredo's Bellydancing-7, 8. For location, call 302-8143.  
Scottish-7:30, Friends Meeting Hall. No phone.  
Lyrical jazz-4, Paradise Dance Studio. 747-1323.  
Tribal Bellydance, Beg.-7, Int.-8, Paradise Dance Studio. 485-4669.  
Argentine Tango-8, Studio B. www.eugenetango.com  
Argentine Tango, Beg.-noon, The Tango Center. 349-8682.  
Razia's Bellydance II-5:30, River Rd. Parks and Rec. 688-4052.  
Ballet-10 am, Paradise Dance Studio. 485-4669.  
**Fr:** Argentine Tango-8, The Tango Center. 349-8682.  
Ballet-5:30, Paradise Dance Studio. 485-4669.  
Ballroom-7:30, 220 Gerlinger, UO. 346-6025.  
Dance/Yoga-8:45 am, Friends Meeting Hall. 684-9701.  
Jean's Dance Fitness-8:30 am, Eugene School of Ballet. 341-6448.  
Pre-teen ballet-3:30, Paradise Dance Studio. 747-1323.  
**Sa:** Argentine Tango-8, The Tango Center. 349-8682.  
Ballet-10 am, Paradise Dance Studio. 485-4669.  
Salsa-8:30, Studio B. 461-6681.  
Pre-ballet for children-11:30 am, creative movement-12:30, Paradise Dance Studio, 485-4669.  
**Su:** Argentine Tango, Beg.-6:30, Studio B. 343-2162.

West African-11, WOW Hall. 687-2746.  
International Folk-7:15, In Shape Fitness. 726-7548.  
**Mo:** Ballet-5:30, Paradise Dance Studio. 485-4669.  
Pre-teen ballet-3:30, Paradise Dance Studio. 747-1323.  
West Coast Swing-7, Agate Hall. 687-9464.  
Razia's Bellydance II-5:30, River Rd. Parks and Rec. 688-4052.  
Argentine Tango, Beg.-noon, The Tango Center. 349-8682.  
Flamenco-6:30, Gnome. 683-1937.  
Jean's Dance Fitness-8:30 am, Eugene School of Ballet. 341-6448.  
**Tu:** Ballet-10 am, Paradise Dance Studio. 485-4669.  
Salsa-9, In-Shape Athletic Club. 345-9024.  
International Folk-7:30, St. Mary's Episcopal Church. 461-9328.  
Swing-6:45, Rock 'n' Rodeo. 68-SWING.  
Lyrical jazz-4, Paradise Dance Studio. 747-1323.  
Flamenco-6:30, Gnome. 683-1937.  
Razia's Bellydance I-5:30, River Rd. Parks and Rec. 688-4052.  
**We:** West African-7:30, WOW Hall. 687-2746.  
Contact Improvisation-5:30, Agate Hall. 517-1897.  
Jean's Dance Fitness-8:30 am, Eugene School of Ballet. 341-6448.  
Argentine Tango, Beg.-noon, The Tango Center. 349-8682.  
Middle Eastern-7:30, Ballet Fantastique. 461-2086.  
Astryd's Middle Eastern, Int.-7:30, Eugene School of Ballet. 683-7778.  
Ballet-5:30 pm, Paradise Dance Studio. 485-4669.  
Pre-teen ballet-3:30, Paradise Dance Studio. 747-1323.  
Dance Jam-7:30; Hilyard Community Center. 485-6668.  
Swing/Lindy-8, Studio B, 189 W. 8th Ave. 684-4516.  
Israeli-8, Temple Beth Israel. 343-8920.

## Patterson Preschool

Your community preschool  
Since 1972



High quality early childhood  
education in a parent cooperative  
setting at a low cost

Currently Enrolling  
for Fall !!!  
Call 345-0515

Where learning is child's play!

## Animal House

25th Anniversary Celebration - August 30th, Cottage Grove



Noon - The Parade  
2:00 & 5:00 PM - Animal House - The Movie  
2:30 PM - TOGA TOGA!

The World's Largest Toga Party Begins!  
Your Chance to be in the Guinness Book of Records  
8:00 PM - Otis Day & the Knights

10:00 PM - THE KINGSMEN - Louie Louie!

Tickets - Convention & Visitors Association of Lane County - Eugene, The Bookmine - Cottage Grove or on-line at www.animalhousecelebration.com or Ticketweb.com  
Toga Party - \$15.00 Movie \$5.00

Toga Party Attendance limited to first 4000

If you haven't a thing to wear (a toga that is) don't despair!  
The Cottage Grove Historical Society has Toga kits for only \$15.00 (limited to first 500).

Celebration number is 541-515-2405



# JAZZ ON THE VINE LABOR DAY WEEKEND CELEBRATION

August 30th-September 1st • 12:00-5:00pm

25% off all regularly featured wines

Fine Art by internationally known local artist, Quigley

SATURDAY: OLEM ALVES/LYNDA DUFFY AND ECLYPSE

SUNDAY: BOBBY BUFFET/RAVENTONES WITH T.R. KELLY

MONDAY: BARBARA DZURO/OLEM ALVES BAND

***Emerald Meat and Deli***

will be offering an array of gourmet sandwiches, salads, and grilled specialties.

\$5.00 ADMISSION • CHILDREN UNDER 10 FREE!

TASTING ROOM OPEN DAILY 12-5:00PM • CALL FOR DETAILS.

27012 BRIGGS HILL RD., EUGENE, OR 97405 • (541) 345-1945  
INFO@SILVANRIDGE.COM

49<sup>TH</sup> SEASON • EUGENE EMERALDS BASEBALL CLUB



# CIVIC STADIUM



# VANCOUVER CANADIANS —VS— EUGENE EMERALDS

SAT. AUG. 23 • 7:05 PM  
SALEM/KEISER VOLCANOES

SUN. AUG. 24 • 5:05 PM  
VANCOUVER CANADIANS

MON. AUG. 25 • 7:05 PM  
VANCOUVER CANADIANS

TUES. AUG. 26 • 7:05 PM  
VANCOUVER CANADIANS





# calendar

**SPIRITUAL** Prayer for Peace circles continue. See Thursday, Aug. 21.

Eugene peace circle continues. See Thursday, Aug. 21.

## ON THE ROAD

Note- Continuation dates for out-of-town events are listed under the first day of the event.

**AUG. 21** The Oregon 2003 Biennial and *The Shape of Color*, work by Joan Miro, Portland Art Museum, through Sept. 7. \$10, \$9 sr. stu, \$6 youth.

The International Raw and Living Foods Festival features speakers, food demonstrations, panels and interactive events, today through Aug. 26. For information, go to [www.rawfestival@aol.com](http://www.rawfestival@aol.com)

The Oregon State Fair, "Let's Do it Again," features rides, animals, food and drink, games, children's activities, concerts, contests, the Oregon Art Annual art exhibit and more, today through Sept. 1, Oregon State Fairgrounds, Salem. For information go to [www.oregonstatefair.org](http://www.oregonstatefair.org) or call (503)-947-3247. \$5 adv., \$8 dos.

**AUG. 22** 5th Annual Pickathon features two days of music including Otis Taylor, Jackstraw, the Kitchen Syncopators, Trashcan Joe, Danny Barnes and the Piano Throwers and many others, today and tomorrow, Horning's Hideout, North Plains. For information go to [www.pickathon.com](http://www.pickathon.com) \$35.

Outdoor concert features Laura Kemp, Mare Wakefield and Tony Kaltenberg, 7:30 pm, Elkton Community Education Center on Hwy. 38, Elkton. \$10.

**AUG. 23** 2003 NBA Hoop-It-Up tournament features more than 1,200 basketball players, today and tomorrow, Lloyd Center, Portland.



**THE KITCHEN SYNCOPATORS PLAY THE 5TH ANNUAL PICKATHON, HORNING'S HIDEOUT, NORTH PLAINS. SEE AUG. 22, ON THE ROAD.**

Register at [www.nbahoopitup.com](http://www.nbahoopitup.com) Watching is free.

**AUG. 28** K.D. Lang, 7:30 pm, Brittfest, Jacksonville. \$31-\$52.

## CORVALLIS events

Note- Continuation dates for Corvallis events are listed under the first day of the event.

**AUG. 21** Music A La Carte, noon, MU Lounge, OSU. FREE.

Benton County Quilt County 2003 features quilt exhibits and special events in Philomath, at OSU, in downtown Corvallis and other Benton Co. locations, through Oct. 20. For information call 929-6230.

Better Hearing Group meeting, 3:30 pm, Corvallis Sr. Center. FREE.

**AUG. 22** Corvallis Saturday Market features produce, flowers, nursery plants, meat and seafood, booths, music and special events, 9 am to 1 pm Saturdays through Nov. 22, 1st Ave. and Jackson St. FREE.

**AUG. 23** 13th Annual Midsummer Nite's Scream features Balafon Marimba Ensemble, Tye Wine Cellars. For information call 752-0394.

A Taste of Corvallis features ethnic foods, local and national artist performances and children's activities, 1

am, Riverfront Commemorative Park. For information call 929-6609.

**AUG. 27** Corvallis Wednesday Farmers' Market features local produce, 8 am to 1 pm Wednesdays through Nov. 26, Benton Co. Fairgrounds. FREE.

Acoustic blues jam hosted by Matt Neely, 7:30 pm, Bombs Away Café. FREE.

**AUG. 28** Outdoor show and beer garden features Clinton Fearon & the Boogie Brown Band, as well as music by Ras Gabriel and 4-Word, and Hill City Bus, 3 pm, Fox 'n' Firkin. Musical shows are at 6 and 11 pm, and a DJ with laser show is in between sets. \$10.

Music A La Carte, noon, MU Lounge, OSU. FREE.

## ATTN: OPPORTUNITIES

Ruby Studio and Gallery seeks artists to exhibit work through September. For information call 515-9100.

Applications for the 2003 S.L.U.G. Queen Competition are available at the Saturday Market Office, or call 686-8885. Deadline is Sept. 12.

Adult auditions for *Jayne Eyre* are at noon Aug. 23 and children auditions

Help end Bush economics, support local businesses!

# \$5 OR

# \$15

8th & Van Buren • Eugene, OR • 541-345-7401

NOT VALID UNTIL 8/28/03

BUY \$25.00 WORTH OF GROCERIES + WE'LL TAKE \$5.00 OFF!!! or \$70.00 WORTH + WE'LL TAKE \$15.00 OFF!!!  
ONE COUPON PER CUSTOMER, ONE COUPON PER PURCHASE, NOT VALID WITH ALCOHOL.

## poppi's Anatolia

### "The Land East"

Traditional Greek & Indian Food  
992 Willamette • Eugene, OR 97401 • 343-9661

## FUTONS FRAMES

## Student Discounts ALL YEAR!

521 Main St., Springfield, OR 97477 • 744-3343  
2085 NW Buchanan Ave., Corvallis • (541) 757-2445  
Financing Available OAC • 90 Days Same As Cash! • VISA/MC/DISC  
[www.michaelsfutons.com](http://www.michaelsfutons.com)

## HEALTH & SPIRITUALLY MINDED GIFTS

**MUSIC**  
RELAXATION & HEALING

**NEW VIDEO & DVD**

### STAR GATE

BOOKS, CDS, VIDEOS

**YOGA**  
VIDEOS & SUPPLIES

**EATING: CAUSES OF DISEASE & DEATH**  
**A MUST SEE for Healing ourselves & the planet.**  
**SPECIAL: \$19.95 \$14.95**

342-8348 • 16 YRS. LOCALLY OWNED • 1374 WILLAMETTE • OPEN MON-SAT 11:11-7:11

## The Clothes Horse

A Woman's Resale Boutique...and more!

### BACK TO SCHOOL SALE

# 25% OFF

WITH COUPON

• Coupon good until 12/31/03  
• Store credit not valid with coupon

720 East 13th Ave • 345-5099

## HABITATS

Homes, Landscapes & Ecological Planning

AS **green** AS YOU WANT TO BE

338-7967  
[www.habitatsinc.com](http://www.habitatsinc.com)

DESIGNING and BUILDING WITH the LOCAL ECOLOGY

CCB# 145961 LCB# 7851

Looking for Peace Education?

Since 1991

Now Enrolling Grades 3-5

Scholarships Available

- ♦ grades K-5
- ♦ classes of 12-15
- ♦ global awareness
- ♦ anti-bias attitudes
- ♦ facilitation skills
- ♦ activism
- ♦ Spanish
- ♦ drama
- ♦ computer skills

Call for information 689-5255

## Alternative Accredited High School

### Wellsprings Friends School

### Open Houses:

August 21st & 27th  
6:30-8:30 pm

based on unconditional acceptance • experiential learning emphasized  
small classes, supportive community • problem-solving approach to social & academic issues  
valuing non-violence, diversity, & living in the Quaker spirit of mutual respect

"A Culture of Affirmation."

3590 W. 18th Avenue  
Eugene • 686-1223



# art in the galleries

**Adell McMillan Gallery** *Mapping the Body*, work by Mary Hobson, through Sept. 1. 7 am-7 pm M-Th, 7 am-5 pm F. EMU, UO. Free.

**Alder Gallery Coburg** Sculpture and bells by Steve Reinmuth, glass by Charlotte Roberts and a *Garden Chat* group show, through Aug. 31. 11 am-5 pm Tu-Sa, 11 am-3 pm Su. Downtown Coburg. Free.

**The Art of Everything** Works by local artists, ongoing. Noon-6 pm, T-F. 513 Main St., Cottage Grove. Free.

**Artworks Gallery** *A Visual Exploration Into Music* by Robert D. Elchert, through Sept. 17. 10:30 am-5:30 pm T-Sa. 507 Willamette St. Free.

**Barnes and Noble Books** Paintings by John Mulder, through Aug. 31. 9 am-10 pm M-Su. 1163 Valley River Rd. Free.

**Broadway** Work by Sandra Miles, through Aug. 31. 7:30 am-9 pm everyday. 200 W. Broadway Ave. Free.

**Erin Williams Gallery** Floral, figure and landscape paintings, ongoing. Noon-6 pm, F, Sa, Su. 82048 Territorial Rd. 344-3516. Free.

**Eugene Wine Cellars** Glass art by Norman Hull, through Aug. 31. 6 pm-9 pm W, noon-7 pm F-Su. 225 Madison St. Free.

**Fifth St. Market** *People, Places and Critters*, through Sept. 21. 8:30 am-7 pm daily. 296 E. 5th St. Free.

**Gallery at the Airport** *The Presence of Spirits*, ritual art of West Africa, through Oct. 17. Eugene Airport. Ticketed passengers only. Free.

**Gallery Gazelle** Work by Margaret Graham, through Aug. 31. Glass blowing demonstrations 1-4:30 pm T-F. Noon-5 pm T-Sa. 1136 Main St., Hwy. 20 & 34, Philomath. Free.

**Hinman Vineyards** Work by Richard Quigley, ongoing. Noon to 5 pm everyday. 27012 Briggs Hill Rd. 345-1945. Free.

**Home ReDesign Gallery** Clothing embellished by stitchery, painting and beadwork, through Aug. 30. 11 am-4 pm W-Sa. 949 Pearl St. Free.

**Jacobs Gallery** *Figurative Humanist: Drawings by Clint Brown*, through Sept. 6. 11 am-3 pm T-Sa, and during performances. Lower level, Hult. Free.

**Jawbreaker Gallery** *Mythology of an Artist*, work by Jennifer Gibson from Aug. 24 through Sept. 6. A reception is 5:57 pm Sept. 5. 24 window-viewing everyday. 796 W. 4th Ave. Free.

**Karin Clarke Gallery** Paintings by Mark Clarke and Margaret Coe through Sept. 13. 10 am-5:30 pm T-Sa. 760 Willamette St. Free.

**Ken Scott's Imagination Gallery** Work by Leslie Hansen, Ken Scott and Robert Ellert, through Aug. 31. 9 am-5 pm M-F. 5th Ave. and Willamette St. Free.

**LaFollette Gallery** *Colors of the Heart*, watercolors by Carol Burtis, through Aug. 31. 10 am-6

pm M-F, 10 am-5 pm Sa. 410 E. 11th Ave. Free.

**Lane County Historical Museum** *All Things Small: A Diminutive Exhibition*, ongoing. 10 am-4 pm W-F, noon-4 pm SA. 740 W. 13th Ave. \$2.

**LaVelle Gallery** Pastels by Jan Maitland, ongoing. 11 am-8 pm daily. Fifth St. Public Market. Free.

**Mary Lou Zeek Gallery** Photography and furniture by Steven Courtney, through Aug. 30. 10 am-6 pm M-F, 10 am-5 pm Sa. 335 State St., Salem. Free.

**Maude Kerns Art Center** *Art About Music*, work by Ellen Gabehart, Craig Lasha and Robert Prokop, through Sept. 5, and *The Tamkin Collection*, work by Maude I. Kerns, through Oct. 10. 10 am-5:30 pm M-F, noon-4 pm Sa. 1910 E. Fifth. \$3 sugg. don.

**McKenzie Willamette Hospital** Work by Judith Mason-Macomber, through Aug. 31. 8 am-6 pm everyday. 1460 G Street, Springfield. Free.

**New Zone Art Gallery** *Dance As Art!*, art show on dance, through Aug. 30. Window viewing everyday. 1460 G Street, Springfield. Free.

**Oregon Gallery** Photography by Ron Keebler, watercolors by William Winden, pottery by Richard Sanchez and work by many Northwest artists, ongoing. 10 am-6 pm M-Th, 11 am-7 pm F-Sa, noon to 5 pm Su. 199 E. 5th St., Suite 5. Free.

**PeaceHealth Medical Group** Watercolors by Megan Greiner, through Oct. 2. Espresso PRN West. Free.

**Ruby Gallery** Work by Jerry Ross, Ben Scott and Ruby, through Aug. 24. An opening is 6 pm Aug. 21. 6 pm-1 am Th; 11

am-1 am F-Sa; noon-5 pm Su. 55 W. Broadway Ave. Free.

**Sacred Heart Medical Center** *Images of Riverbend*, work by Carol Arian, Robert Mason and Susan Detroy, through Oct. 2. 1255 Hilyard St., third floor. Free.

**Sattva Gallery** Work by Josh Simpson, Silver Seasons, Fred Terbusch, Paul Wiles, Mitzi Linn and others, ongoing. 10 am-7 pm M-Sa, 10 am-6 pm Su. 1801 Willamette. St. Free.

**The Science Factory** *Science Sleuths: Exploring Wildlife Forensics* hands-on exhibit for all ages, ongoing. Noon-4 pm W-Su, closed UO home games. 2300 Harris Parkway. \$4.

**Secret House Winery Gallery** Work by William Kasper, through Aug. 31. 11 am-5 pm everyday. Secret House Vineyard, Veneta. Free.

**Shelton-McMurphy-Johnson House** *Historic Preservation & Other Studies*, vintage photos, music, sports and theatre items from the UO, through Oct. 31. *Historic House and Furnishings*, ongoing. 10 am-1 pm T-F, 1-4 pm S-Su. 303 Willamette St. \$3, \$1 youth under 12.

**Springfield Museum** *Patterns*, paintings by Analee Fuentes, through Sept. 6. 10 am-5 pm M-F, noon-5 pm SA. 6th and Main St., Spfd. \$2 for adults 18 and over.

**Trandesign** Work by Hoa-Lan Tran, Michael Clark, Tu Duy, Nguyen Quoc Anh, Nguyen Tung Ngoc and others, through Oct. 15. 1461 E. 19th Ave. Free.

**Uncommon Scents** *Everyday Sacred*, work by Alison McNair, through Aug. 31. 10 am-7 pm M-F, 10 am-6 pm Sa, noon-5 pm Su, 18th Ave. and Willamette St. Free.

**UO Museum of Natural History** *Preserving Sights and Sounds: The Don Hunter Legacy*, recordings from the Pacific Northwest, *A New Look at Oregon Archeology*, an updated look at the world's oldest shoes, and *Living on the Edge: Geology of Oregon*, *Archaeology of Oregon*, *Backyard Birds*, ongoing. Noon to 5 pm, T-Su. 1680 E. 15th Ave. \$2 sugg. don.

**White Lotus** *Puzzle Puzzle*, etchings by Barry Cleavin, through Aug. 30. 767 Willamette. 10 am-5 pm Tu-Sa. Free.

**Wild Rose Gallery** *Mary's Peak*, *Points of View*, work by Jan Roberts Dominguez, Lavonne Crone, Dorteia Franzosa and others, through Aug. 31. 1320 Main St., Philomath. 10 am-5 pm Tu-Sa. Free.



POSSESSOR, BY CLINT BROWN, JACOBS GALLERY, THROUGH SEPT. 6.

## FARMER'S MARKET

**BAR & CAFE**  
2835 Oak St.  
284-2825

**SOUTHTOWNE**  
SHOPPES

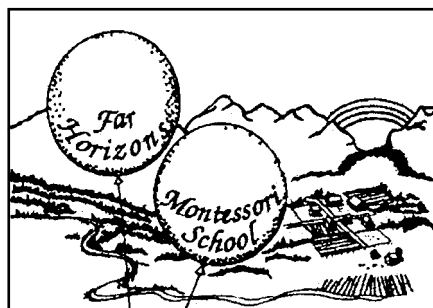
**TUE. 11-3**  
**SAT. 9-3**

Lots of free parking  
**FARMER'S MARKET**  
28th & Oak St.



*Silver Jewelry*  
*Yoga Mats*  
*Meditation Cushions*  
*Goddess Statues*  
*Ethnic decorative items*  
*Scented candles & incense*  
*Books, Cards, Tarot Journals*

**RUBY CHASM**  
152 W 5th @ Charnelton  
**EUGENE • 344-4074**  
M-Sa 11-5:30



**Far Horizons Montessori School**  
Attend an OPEN HOUSE  
**AUGUST 28TH & 29TH**  
from 11am-1pm  
Small class size. Individualized  
multi-age groups. Emphasis on  
Diversity, World Views, Grace,  
Courtesy and Peaceful Interactions.

3-11 year olds.  
Before & after-school  
childcare available.

Oregon State & Montessori  
Certified Teachers.  
[www.farhorizonsmontessori.com](http://www.farhorizonsmontessori.com)

**2490 Hilyard St. • 485-0521**



[www.mcdonaldtheatre.com](http://www.mcdonaldtheatre.com)

**MONDAY SEPTEMBER 1 LIMITED SEATING**  
**DE LA SOUL**  
PT MOVEMENT • LIFESAHAHS • BOOMBAP PROJECT  
**8 PM DOORS 9 PM SHOW**

**LIMITED SEATING WEDNESDAY SEPTEMBER 3**  
**THE WAILERS**  
**ISRAEL VIBRATION** 8 PM DOORS 9 PM SHOW

**THURSDAY SEPTEMBER 4 LIMITED SEATING**  
**MONQUI PRESENTS WILCO**  
**8 PM DOORS 9 PM SHOW**

**LIMITED SEATING MONDAY SEPTEMBER 15**  
**BURNING SPEAR**  
**NORMA FRASER**  
**8 PM DOORS 9 PM SHOW**

**SATURDAY SEPTEMBER 27 LIMITED SEATING**  
**BIG BAD VODOO DADDY**  
**8 PM DOORS 9 PM SHOW**

All concerts will feature an opening band unless otherwise noted. Times subject to change. Tickets at all **TicketsWest** outlets (800) 992-TIXX. Service charges may apply.





PATRICK CHAUVEY/SONY PICTURES CLASSICS, 2003

# Uninterrupted Dialogue

With the wind.

**WINGED MIGRATION:** Directed by Jacques Perrin, with Jacques Cluzaud, Michel Debats. Narrator, Jacques Perrin. Written by Perrin and Stephane Durand. Produced by Perrin and Christophe Barratier. Executive producer, Jean De Trégomain. Cinematographers, Michael Benjamin, Sylvie Carcedo-Dreujo, Laurent Charbonnier, Luc Drion, Laurent Fleutot, Philippe Garguil, Dominique Gentil, Bernard Lutic, Thierry Machado, Stéphane Martin, Fabrice Moindrot, Ernst Sasse, Michael Terrasse, Thierry Thomas. Composer, Bruno Coulais. Editor, Marie-Joséphe Yoyotte. Production design, Régis Nicolino. Idea Valentine Perrin. Sony Pictures Classics, 2003. G. 89 minutes.

Jacques Perrin played many roles to create this elegant, moving documentary feature about the wonders of birds in flight: director, narrator, writer and producer. In a lengthy filmmaking career that includes both acting and producing, Perrin (*Microcosmos* and *Himalaya* producer) has won many awards. But to make this Academy Award nominee, he assembled five crews of more than 450 people. The crews included 17 pilots, who flew traditional and remote-controlled model gliders, model and standard helicopters, balloons, delta-wing gliders and a specially designed ultralight motorized aircraft that put its awed human operators in the air with the migrating birds. Fourteen cinematographers flew next to, above, below and in front of the birds.

The result is magical. Perrin: "For 80 million years, birds have ruled the skies, seas and earth. Each spring, they fly vast distances. Each fall, they fly back on the same route. This film is the result of four years following their amazing odysseys, in the northern hemisphere and then the south, species by species, flying over seas and continents."

Image, movement and sound make this a memorable seven-continent excursion into the specialized world of flight. Silent cameras capture breathtaking pictures, while recordings of the actual sounds birds make while flying speak to the intense collaboration between technology, dedicated cinematographers and savvy pilots. Amazingly, the birds accept the winged humans who accompany them, often at the dizzying heights of 10,000 feet.

We learn early that birds migrate, but this film delivers the information in crystalline, sensory detail. By the end, the reality of the birds' incredible feats is more than fact: It is a poem, a symphony, a celebration.

[Read this section later if you have not yet

seen the picture.] Even though no special effects were used, the filmmakers fudged some shots. James Gorman interviewed Perrin for *The New York Times* (4/15/03) and reported that the scene of Canadian hunters shooting snow geese was real, but images of falling birds "were actually birds doing excited acrobats as they came in to land." Gunshots were added later. In the Eastern European industrial pollution sequence, the filmmakers constructed the set where the birds walked through oil, which was actually colored milk. Gorman also reported that in the scene of crabs feeding, they were actually eating a piece of fish, not a baby chick.

As a film viewer, I appreciate knowing about tricks of the trade, but knowledge doesn't dilute my appreciation for the quality of *Winged Migrations*. Purists may object to any staging and say the film is a nature feature, not a documentary. Similar controversy has swirled around Edward Curtis's magnificent photographs of Native Americans for years, because he staged many of the portraits. But in both cases, nothing that did not occur naturally was filmed. If Perrin or Curtis staged an artificial scene, one that never takes place, it would be different. Curtis documented the end of a way of life and Perrin the everyday violence of nature and man, which decimates flocks of migrating birds. As Perrin makes clear, migration is about survival.

A renewed appreciation for the avian creatures who share with us this beautiful planet requires their names: puffin, guillemot, northern gannet, barnacle geese, red-crowned crane, whooper swan, sandhill crane, sage grouse, Western grebe, pelican, wader, Canada geese, snow geese, European white stork, greylag geese, bald eagle, albatross, penguin, starling, egret, ja-caba, European turtle-dove, Eurasian crane, flamingo, secretary bird, hornbill, great bustard, black-necked swan, robin, snowy owl, great Skua, arctic tern, great northern diver, eider duck, great white pelican, pigeon, bar-headed geese, Andean condor, jacana, egret, wood pigeon, macaw, black-headed ibis, sparrow.

Now playing at the Bijou. Very highest recommendations. **EW**

**CINEMARK**  
The Best Seat In Town  
**CINEMARK - SPRINGFIELD**  
Gateway Mall - Bellline @ Gateway 746-5202 - 8/22-8/28  
Digital Sound in ALL Auditoriums  
PURCHASE TICKETS ONLINE AT CINEMARK.COM

<b>THE MEDALLION* (PG-13)</b> 11:20, 2:05, 4:35, 7:45, 10:15 <b>MARCI X* (R)</b> 1:35, 4:00, 7:10, 9:35 <b>MY BOSS'S DAUGHTER* (PG-13)</b> 12:05, 2:35, 4:55, 7:35, 9:50 <b>FREDDY VS JASON *(R)</b> 11:35, 1:30, 2:20, 4:15, 5:00, 7:15, 7:55, 9:55, 10:35 <b>OPEN RANGE*(R)</b> 11:50, 3:10, 7:00, 10:20 <b>GRIND* (PG-13)</b> 7:25, 10:30 <b>UPTOWN GIRLS* (PG-13)</b> 11:25, 2:10, 4:40, 7:40 10:15 <b>S.W.A.T. (PG-13)</b> 12:35, 3:30, 7:10, 7:50, 10:10, 10:50 <b>FREAKY FRIDAY (PG)</b> 11:45, 1:05, 2:25, 3:55, 5:05, 7:05, 9:45	<b>AMERICAN WEDDING* (R)</b> 1:25, 4:05, 7:20, 8:00, 10:00, 10:40 <b>PIRATES OF THE CARIBBEAN (PG-13)</b> 11:40, 12:10, 3:05, 3:35, 7:00, 7:30, 10:25 10:50 <b>LAURA COFT: TOMB RAIDER: CRADLE OF LIFE (PG-13)</b> 1:15 4:10, 7:05, 10:05 <b>SPY KIDS 3-D: GAME OVER (PG)</b> 11:10, 1:45, 4:20, <b>SEABISCUIT (PG-13)</b> 12:00, 3:25, 7:20, 10:45 <b>FINDING NEMO (G)</b> 11:15, 2:30, 5:10
--	--

\* NO PASSES OR SUPERSAVERS

**MOVIES 12 - SPRINGFIELD**  
Gateway Mall - Bellline @ Gateway 741-1231 - 8/22-8/28  
Bargain Shows: \$1.50 - Early Bird: \$1.00 - Wednesday all shows: \$1.00

<b>28 DAYS LATER (R)</b> 11:45, 2:25, 5:05, 7:40, 10:20 <b>ANGER MANAGEMENT (PG-13)</b> 12:05, 2:35, 5:10, 7:35, 10:15 <b>BRUCE ALMIGHTY (PG-13)</b> 11:40, 2:20, 4:50, 7:30, 10:05 <b>CHICAGO (PG-13)</b> 9:15 <b>DADDY DAY CARE (PG)</b> 11:55, 2:30, 4:55, 7:15, 9:40 <b>HOLES (PG)</b> 2:00, 7:25 <b>JOHNNY ENGLISH (PG)</b> 12:20, 2:40, 5:15, 7:50, 10:00 <b>LEGALLY BLOND 2 (PG-13)</b> 11:35, 2:10, 4:30, 7:05, 9:35 <b>THE HULK (PG-13)</b> 12:25, 3:30, 6:45, 9:50	<b>A MIGHTY WIND (PG-13)</b> 12:15, 2:45, 5:00, 7:20, 9:55 <b>HOLLYWOOD HOMICIDE (PG-13)</b> 11:25, 2:15, 5:00, 7:45, 10:25 <b>LEAGUE OF EXTRAORDINARY GENTLEMEN (PG-13)</b> 11:30, 2:05, 4:35, 7:10, 9:45 <b>RUGRATS GO WILD (PG)</b> 11:50, 2:00, 4:40, 7:00 <b>2 FAST 2 FURIOUS (PG-13)</b> 11:20, 4:45, 10:10
---	--

STEREO SURROUND SOUND IN ALL AUDITORIUMS  
4-DAY ADVANCE TICKET SALES - NO PASSES - NO SUPERSAVERS  
SHOWTIMES AVAILABLE AT **CINEMARK.COM**

**REGAL CINEMAS**  
A REGAL ENTERTAINMENT GROUP COMPANY  
DIG = DIGITAL SOUND BARGAIN SHOWS IN ( )  
★ Pass / Discount Ticket Restrictions Apply  
Monday-Discount Shows All Day excluding ✓ Films  
ADVANCE TICKETS AT FANDANGO.COM & 800-FANDANGO

**CINEMA WORLD 8** 541-342-6536  
Valley River Center 800-FANDANGO #313#  
THE MEDALLION (PG-13) DIG ★ ✓ (1225 240 500) 730 945  
MY BOSS'S DAUGHTER (PG-13) DIG ✓ (1235 250 505) 740 950  
FREDDY VS. JASON (R) - ID REQ'D DIG ✓ (1220 245 510) 735 1000  
OPEN RANGE (R) - ID REQ'D DIG ✓ (1145 255) 705 1010  
UPTOWN GIRLS (PG-13) DIG ✓ (1155 220 445) 720 940  
FREAKY FRIDAY (PG) DIG (1215 230 450) 715 930  
SEABISCUIT (PG-13) DIG (1210 315) 650 955  
PIRATES OF THE CARIBBEAN (PG-13) DIG (1200 305) 700 1005

**ALBANY 7** 541-928-7469  
Next to Fred Meyer 800-FANDANGO #309#  
MARCI X (R) - ID REQ'D DIG ✓ (1235 255 515) 750 1015  
MY BOSS'S DAUGHTER (PG-13) DIG ✓ (1205 230 455) 720 945  
FREDDY VS. JASON (R) - ID REQ'D DIG ✓ (1220 245 510) 735 1005  
GRIND (PG-13) DIG ✓ (1245 305)  
UPTOWN GIRLS (PG-13) DIG ✓ (1215 235 450) 705 920  
S.W.A.T. (PG-13) DIG (140 420) 700 940  
FREAKY FRIDAY (PG) DIG (1200 220 445) 710 925  
AMERICAN WEDDING (R) - ID REQ'D DIG (525) 740 955

**9TH ST. CINEMAS 4** 541-928-7469  
Behind Skippers 9th St 800-FANDANGO #312#  
THE MEDALLION (PG-13) DIG ★ (1200 220 415) 730 950  
OPEN RANGE (R) - ID REQ'D DIG (1230 350) 720 1005  
SEABISCUIT (PG-13) DIG (1245 400) 705 1000  
PIRATES OF THE CARIBBEAN (PG-13) DIG (1220 345) 700 955  
Times For 8/22 - 8/24 ©2003 www.REGmovies.com

**AIR CONDITIONED!**  
**BIJOU**  
492 E 13th 686-2458  
For the week of Friday, August 22nd!  
Sign-up for our weekly WebPage Update!  
www.bijou-cinemas.com

THE AMAZING ODYSSEYS OF TRAVELLING BIRDS  
From the creator of *MICROCOSMOS*  
"This astonishing, utterly entrancing movie is unlikely to be surpassed in our lifetime!"  
— Rene Rodriguez, THE MIAMI HERALD  
  
**MUST END SOON!**  
**WINGED MIGRATION**  
5:15, 7:05 & 9:00 Nightly  
SAT & SUN MAT 3:00  
SOON: THE SWIMMING POOL

"Has the feel of a great and rare children's movie."  
— Jeffrey M. Anderson, SAN FRANCISCO EXAMINER  
**MUST END SOON!**  
**WHALE RIDER**  
5:00, 7:20 & 9:30 Nightly  
SAT & SUN MAT 2:45  
SOON: LEGEND OF SURIYOTHA

**Coming Attractions Theatres**  
★ = No Passes / Group Tickets  
Bargain Shows Before 5 pm

SCHEDULE FOR 8/22-8/28 • ( ) = FRI - MON EARLY SHOWS

**HARVARD CINEMAS** 3161 W. Harvard • Roseburg • 673-6604  
**\*MEDALLION - R** 2:30 4:45 7:00 9:15  
**\*FREDDY VS. JASON - R** 2:00 4:20 6:40 9:00  
**FREAKY FRIDAY - PG** 1:50 4:05 6:20 8:30

**ROSEBURG CINEMA 7** 1750 NW Hughwood • 673-6604  
**\*MY BOSS'S DAUGHTER PG-13** 12:20 2:30 4:40 6:40 8:50  
**\*OPEN RANGE - R** 2:20 5:25 8:30  
**\*UPTOWN GIRLS - PG-13** 2:00 4:20 6:30 8:40  
**\*GRIND - PG-13** 7:00  
**S.W.A.T. - PG-13** 1:45 4:30 9:20  
**AMERICAN WEDDING - R** 7:30 9:40  
**LARA CROFT TOMB RAIDER: THE CRADLE OF LIFE - PG-13** 1:10 4:10 6:50 9:30  
**SEABISCUIT - PG-13** 12:00 3:00 6:00 9:00  
**PIRATES OF THE CARIBBEAN - PG-13** 12:10 3:10 6:10 9:10  
**FINDING NEMO - G** 12:30 2:50 5:10

**www.catheaters.com**

**AVALON CINEMA**  
2nd & Jackson • Corvallis  
**NOW AIR CONDITIONED!**  
  
**PG-13**  
**WHALE RIDER**  
"The genius of the movie is the way it sidesteps all of the obvious cliches of the underlying story and makes itself fresh, observant, tough and genuinely moving."  
—Roger Ebert, CHICAGO SUN-TIMES  
Call or log on for showtimes  
**DOLBY STEREO SURROUND SOUND**  
\$6.50 General • \$5.50 Student • \$4.50 SC, Matinee & Wed.  
**752-4161**  
avaloncinema.com



# Who Rules the Range?

## Cowboys vs. Cattlemen

**OPEN RANGE:** Directed by Kevin Costner. Written by Craig Storper. Produced by Costner and David Valdes, Jake Eberts. Executive producers Armyan Bernstein, Craig Storper. Cinematographer, James Muro. Production design, Gae Buckley. Editors, Michael J. Duthie, Miklos Wright. Costumes, John Bloomfield. Music, Michael Kamen. Visual effects supervisor, David J. Negron Jr. Starring Robert Duvall, Kevin Costner, Annette Bening, with Michael Gambon, Michael Jeter, Diego Luna, James Russo, Abraham Benrubi, Dean McDermott and Kim Coates. Touchstone Pictures, 2003. R. 135 minutes.

Kevin Costner’s third film as director and star pays homage to the classic Westerns he loves. While Clint Eastwood redefined Hollywood’s vision of the Western with the bracing realism of his 1992 drama, *Unforgiven*, Costner’s lingering images of landscape, cattle and the sun-burned cowpokes who ride the range reinforce the genre’s idealism. Costner’s nod to cornpone sentimentality — saving the puppy from the flood — escapes the label of heavy-handed, but it belongs to the nostalgic Americana embraced by many moviegoers who love old Westerns.

As the film opens, Boss Spearman (Robert Duvall), Charley Waite (Cosner), Button (Diego Luna) and Mose (Abraham Benrubi) herd their cattle into pristine valley pastureland so green and graceful it looks fake. A spectacular mountain range provides aesthetic balance to the verdant grasses, and both man and beast welcome the sight. Later when a massive thunder-

storm turns their campsite into a sodden, muddy mess and spooks both livestock and horses, the guys sit under a tarp, next to a fire and play cards. How idyllic is prairie life!

But not for long. A power-mad cattle baron, Denton Baxter (Michael Gambon), bullies people in the nearby town into submission through his nasty hired guns. After Mose fails to return from a trip to town, Boss and Charley check the pistols in their holsters, grab their rifles and saddle up.

Turns out Mose got beat up while corrupt Sheriff Poole (James Russo) twiddled his thumbs. The cowboys get their man out of jail, but Baxter warns the “freegrazers” to get on their horses and ride out of the county. But before leaving town, they stop by the local doctor’s place to get Mose patched up. Sue Barlow (Annette Bening) lets them in and cleans up the wounded man until Doc Barlow (Dean McDermott) arrives — long enough for Charley and Sue to exchange meaningful glances.

Crusty old cuss like Boss knows what’s up, but Charley is convinced that he is too bad a man for a woman like Sue to even consider. Takes the whole dang movie for him to come to a different opinion. Meanwhile the conflict between Baxter’s thugs and the wranglers heats up, leading eventually to a whopper of a shoot-out.



CHARLEY WAITE (KEVIN COSTNER) AND BOSS SPEARMAN (ROBERT DUVAL) TAKE IT EASY IN CAMP.

CHRIS LARGE. BUENA VISTA. TOUCHSTONE PICTURES, 2003.

OK, all of this is pretty predictable, right? We’ve seen the cowboys versus despotic landowners played out lots of times. But here’s the rub. The very industry armed cattleman Baxter tries to save from entrepreneurs like Boss was built on free grazing. By 1887 Baxter’s sort would become relics along with the lone cowboys like Boss and Charley they displaced, after farmers discovered a product that radically changed the politics of wealth in the West: barbed wire.

In *Open Range*’s indeterminate, post-Civil War period, barbed wire apparently has not yet come to Harmonville’s general store, although Swiss chocolate and Cuban cigars have. But it is understood that good

men like Boss and Charley cannot stand by and watch a tinhorn despot like Baxter get away with imposing his will on their lifestyle. This metaphor underlies the Western as genre and this Western in particular.

Recently I’ve observed politicians who lack Boss and Charley’s self-awareness and whose goals are no more moral than Baxter’s use and abuse this metaphor. While *Open Range* may cater to our nostalgia for the good old days, it’s always smart to carefully examine the message you’re being asked to swallow.

A good Western despite its flaws, *Open Range* is now playing at Cinemark and Cinema World. **EW**

## movie clips

### OPENING OR RETURNING:

**League of Extraordinary Gentlemen:** Based on the comic book miniseries by Alan Moore, directed by Steve Norrington, the movie stars Sean Connery, Peta Wilson, Shane West, Stuart Townsend, Naseeruddin Shah, and Tony Curran. PG-13. Movies 12.

**Marci X:** Lisa Kudrow plays a spoiled daughter who has to run her dad’s music company after his death. Damon Wayans is a rapper with a bad reputation and a dicey CD. Directed by Richard Benjamin, written by Paul Rudnick, comedy also stars Jane Krakowski, Christine Baranski. R. Cinemark.

**Medallion:** Jackie Chan action comedy co-stars Lee Evans and Claire Forlani. A mysterious medallion turns police detective Chan into a superhero, but the bad guys want it back. Gordon Chan directs. PG-13. Cinema World. Cinemark.

**My Boss’s Daughter:** Comedy directed by David Zucker stars Ashton Kutcher, whose boss, Terrence Stamp, asks him to look after his house for a night. But he has company, including the beautiful Tara Reid and strange visitors. PG-13. Cinema World. Cinemark.

**Rugrats Go Wild:** Nickelodeon’s animated diaper set meets up wit the Wild Thornberrys after being washed ashore to a desert island from a storm-wracked cruise ship. Directed by Norton Virgien and John Eng. Bruce Willis voices Spike the dog. PG. Movies 12.

**Twenty-eight Days Later:** Danny Boyle (*Trainspotting*) directs scary horror film set in a post-cataclysmic future, where a deadly virus sweeps through earth’s population, leaving people in a chronic state of killer rage. Stars Christopher Eccleston, Cillian Murphy, Naomie Harris, Megan Burns and Brendan Gleeson. New possible ending. R. Movies 12.

**Films open the Friday following date of EW publication unless otherwise noted. See archived reviews at [www.eugeneweekly.com](http://www.eugeneweekly.com).**

### CONTINUING:

**American Wedding:** Jim (Jason Biggs) and Michelle (Alyson Hannigan) are getting married. Now if their friends and family will just stay on their best behavior. Right. American Pie’s crude humor lives on. Also stars January Jones, Fred Willard, Eugene Levy, Thomas Ian

Nicholas, Seann William Scott and Eddie Kaye Thomas. R. Cinemark.

**Anger Management:** Adam Sandler plays a man who must undergo anger management. His shrink, played by Jack Nicholson, moves in with him. Also stars Marisa Tomei. PG-13. Movies 12.

**Bruce Almighty:** Jim Carrey, Morgan Freeman and Jennifer Aniston star in this tale of a at TV reporter, who has a really bad day, rages against God and receives more than he expected. PG-13. Movies 12.

**Chicago:** Broadway spectacular directed by Rob Marshall stars Renee Zellweger and Catherine Zeta-Jones as killer dames behind bars who compete for tabloid coverage. With Queen Latifah, John C. Reilly and Richard Gere. 2002 Academy Awards for best picture, supporting actress Zeta-Jones, art direction, sound, editing and costumes. PG 13. Movies 12. **Online archives.**

**Daddy Day Care:** Eddie Murphy and Jeff Garlin lose their jobs and can’t afford day care for their sons, so they open their own facility. Comedy directed by Steve Carr also stars Anjelica Huston, Steve Zahn and Regina King. PG. Movies 12.

**Finding Nemo:** Pixar’s computer-animated fantasy of two Clownfish, Marlin and his son Nemo, who get separated in the Great Barrier Reef. Written and directed by Andrew Stanton (*A Bug’s Life*), with voices by Albert Brooks, Ellen DeGeneres, Willem Dafoe, Geoffrey Rush, Allison Janney. Very highly recommended. G. Cinemark. **Online archives.**

**Freaky Friday:** Jamie Lee Curtis and Lindsay Lohan play a quarreling mother and daughter who accidentally switch bodies. Ooops! Mark Harmon plays the mom’s fiancé. Directed by Mark Waters, based on Mary Rodgers’ book. Opens Wed. 8/6. Cinemark. Cinema World. **Online archives.**

**Freddy vs. Jason:** The ultimate celebrity death match: Freddy Kruger (Robert Englund) takes on Jason “The Face Mask” Voorhees (Ken Kerzinger), in this film directed by Ronny Yu. R. Cinemark, Cinema World.

**Grind:** Four skaters follow their idol on his summer tour in an attempt to get noticed, sponsored and become stars themselves. Directed by Casey La Scala; stars Mike Vogel, Vince Vieluf, Adam Brody, Joey Kern and Jennifer Morrison. PG-13. Cinemark. **Holes:** Adventures digging holes at Camp Green Lake for Stanley, who comes from a strange family that’s

been cursed for generations. Embarrassingly, Jon Voight, Sigourney Weaver and Tim Blake Nelson co-star. PG. Movies 12. **Online archives.**

**Hollywood Homicide:** Fast-paced action comedy directed by Ron Shelton stars Harrison Ford and Josh Hartnett as cops, with Isaiah Washington, Lena Olin, Bruce Greenwood, Master P., Lolita Davidovich, Dwight Yoakum, Keith David and Martin Landau. PG-13. Movies 12. **Online archives.**

**Hulk, The:** Director Ang Lee’s action-adventure adaptation of the Marvel Comics series hits darker notes than usual superhero comics. Scientist’s (Eric Bana) inner demons change him after a catastrophic experiment. Written by James Schamus, it also stars Jennifer Connelly, Nick Nolte, Josh Lucas and Sam Elliott. PG-13. Movies 12. **Online archives.**

**Johnny English:** Inept Johnny English (Rowan Atkinson) tries to solve who has stolen the crown jewels from the Tower of London. Accompanied by his assistant Bough (Ben Miller), Johnny bungles his way through one scrape after another. Directed by Peter Howett. PG. Movies 12.

**Lara Croft Tomb Raider: The Cradle of Life:** Angelina Jolie stars as action heroine Lara Croft who saves the world, again, from unspeakable evil. Directed by Jan De

Bont, also stars Gerard Butler and Noah Taylor. PG-13. Cinemark.

**Legally Blonde 2: Red, White and Blonde:** Reese Witherspoon is Elle Woods, Harvard Law, class of 2001, now in DC on behalf of pet animal’s rights. Luke Wilson’s her boyfriend, Jennifer Coolidge’s her manicurist, Sally Field and Bob Newhart are new. Charles Herman-Wurmfeld directs. PG-13. Movies 12.

**Mighty Wind, A:** Christopher Guest’s (*Best in Show*) pseudo-documentary narrative about a folk music reunion show is one of his craftiest satirical offerings. Stars the usual suspects: Eugene Levy, Parker Posey, Bob Balaban. Harry Shearer, Michael McKean and Guest himself. Highly recommended. PG-13. Movies 12. **Online archives.**

**Open Range:** Kevin Costner directs and stars with Robert Duvall in this traditional Western. A corrupt cattle baron (Michael Gambon) forces the cowboys to take up arms. Also stars Annette Bening, whose restrained performance is warm and real; Abraham Benrubi, Diego Luna. Recommended. Cinema World. Cinemark. **See review this issue.**

**Pirates of the Caribbean:** Non-stop adventure directed by Gore Verbinski stars Johnny Depp, Geoffrey Rush, Orlando Bloom and Keira Knightley. Depp sashays, Rush dissembles, Bloom fences and Knightley swashbuckles. Depp and Rush’s over the top performances

are great. Recommended. PG-13. Cinemark. Cinema World. **Online archives.**

**S.W.A.T.** Police Special Weapons and Tactics unit buddies Samuel L. Jackson and Colin Farrell star in this action-thriller based on the 1970s TV series. Also with Michelle Rodriguez, LL Cool J. PG-13. Cinemark.

**Seabiscuit:** A has-been racehorse becomes America’s Depression-era success story. Seabiscuit gets support from jockey Tobey Maguire, trainer Chris Cooper, and owner Jeff Bridges. Written, directed by Gary Ross based on Laura Hillenbrand’s best-selling non-fiction book, it also stars Elizabeth Banks, William H. Macy. Highest recommendations. PG-13. Cinemark. Cinema World. **Online archives.**

**Spy Kids 3D: Game Over:** Alexa Vega and Daryl Sabara continue to embrace the family business – spying – but this time the Toymaker (Sylvester Stallone) may be their nemesis. Also, Antonio Banderas and Carla Gugino. Special 3-D viewing glasses required. Written and directed by Robert Rodriguez. PG. Cinemark.

**Two Fast Two Furious:** John Singleton directs this sequel action adventure about street racing. Stars Paul Walker, Tyrese Gibson, Cole Hauser, Eva Mendes. PG-13. Movies 12.

**Uptown Girl:** Brittany Murphy stars as the freewheeling daughter of a

late rock legend, but when her inheritance is stolen, she’s forced to get a job as a nanny to precocious Ray Schleine (Dakota Fanning), an “eight-year-old going on forty.” In a comedic battle of wills, each discovers in the other a true friend. Directed by Boas Yakin. Also stars Heather Locklear. PG-13. Cinemark. Cinema World.

**Whale Rider:** Winner of the World Cinema award at Sundance 2003, Niki Caro’s Maori drama about a spunky girl, played by Keisha Castle-Hughes), who decides to show her beloved but authoritarian grandfather that she is able to lead the tribe, despite being a girl. Wonderful, inspiring drama features the exquisite New Zealand coast. A don’t-miss movie. PG-13. Bijou. **Online archives.**

**Winged Migration:** Documentary directed by Jacques Perrin shows many bird species making round trip migrations of up to 10,000 miles up close. Ingenious ultralight aircraft let movie’s 13 cinematographers fly right next to, in front of or below the birds they were filming. A moving film. Highest recommendations. Bijou. **See review this issue.**

Bijou Art Cinemas (686-2458)

Cinema World 8 (342-6536)

Cinemark 17 (746-5202)c

Movies 12 (741-1231)

## video clips

### NEW RELEASES ON VIDEO

Releases subject to change. Available the Tuesday *following* date of EW publication, sometimes sooner. See archived movie reviews at [www.eugeneweekly.com](http://www.eugeneweekly.com)

**Chasing Papi** (2003) Stars Roselyn Sanchez, Sofia Vergara, Jaci Velasquez, Eduardo Verastegui, D.L.Hughley, Freddy Rodriguez, Joy Enriquez, Lisa Vidal. DVD includes commentary by director, cast; bloopers; extended scenes; music vid.

**Desperado** (1995) Robert Rodriguez directs Antonio Banderas, Salma Hayek, Cheech Marin, Steve Buscemi, Quentin Tarantino. DVD includes director’s commentary and “Anatomy of a Shootout” featurette.

**El Mariachi Special Edition** (1992) Robert Rodriguez’s surprise hit stars Carlos Gallardo, Consuelo Gomez. DVD includes director’s commentary plus his award-winning short, *Bedhead*.

**“ER: The Complete First Season”:** 4-disc DVD covers all 25 episodes plus pilot. Michael Crichton commentary, interactive character profiles, “patient” histories, outtakes, unreleased scenes and more.

**Iron Giant, The (1999):** Animated feature about a 1950s small town boy who befriends a giant metal robot that’s fallen into the sea and protects him from Cold War patriotic zealots. Voices of Jennifer Aniston, Harry Connick Jr., Cloris Leachman and others. Clever enough to entertain both kids and adults, film also tackles complex issues. Recommended. 2-disc DVD. PG.

**Levity:** Despite its stellar cast, Billy Bob Thornton’s “ostentatious restraint and his bottomless melancholy cry out for a mask and cape,” writes *NYTimes* critic A.O. Scott. Ed Solomon directs Thornton, Kirsten Dunst, Morgan Freeman and Holly Hunter. R.

**Lord of the Rings: The Two Towers:** Directed and re-imagined by Peter Jackson, part two of J.R.R. Tolkien’s trilogy continues. New characters, a surprise return and great battles. Director Peter Jackson’s second masterpiece. Very highest recommendations. 2002 Academy Awards for sound editing, visual effects. DVD extras include 10-min. preview of *The Return of the King*. PG-13. **Online archives.**

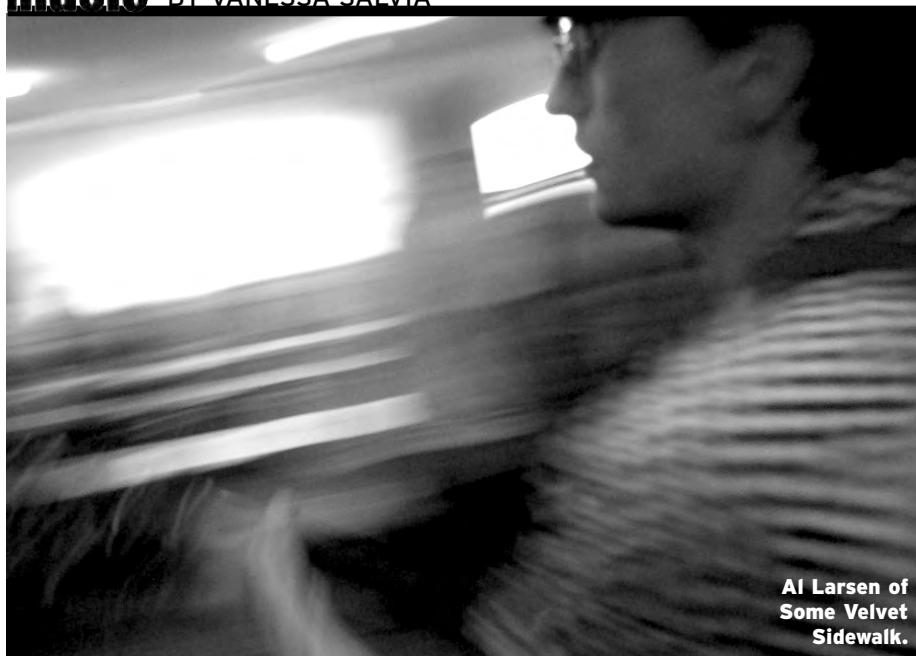
**National Lampoon’s Animal House Double Secret Probation Edition** (1978) Special 25th anniversary edition. Directed by John Landis, this cult classic shot in Eugene and Cottage Grove stars the late John Belushi, Tim Matheson, Stephen Furst, Tom Hulce, Peter Riegert, Karen Allen, Donald Sutherland, John Vernon, Verna Bloom, Mark Metcalf, Bruce McGill, Mary Louise Weller, Martha Smith, Kevin Bacon, James Daughton, James Widdoes, Cesare Danova. DVD extras include Landis’s “Where Are They Now?” featurette.

**Poolhall Junkies** (2002) Stars Chazz Palminteri, Rick Schroder, Rod Steiger, Michael Rosenbaum, Mars Callahan, Allison Eastwood, Christopher Walken. DVD includes commentary by director, star Callahan and writer Chris Corso.

**Raising Victor Vargas:** Peter Sollett’s indie romantic, coming-or-age comedy about 16-year-old Victor (Victor Rasuk) who wants to go with Judy (Judy Marte) but first must win her trust. Victor’s grandmother (Altigracia Guzman) doesn’t know what’s happening to the three kids she’s raised. Funny, touching and terrific performances by fresh, new faces. Highly recommended. R. **Online archives.**

Next week: The Ballad of Little Jo, The Breakfast Club, The Endurance, Identity, A Man Apart, Monty Python’s Meaning of Life, Once Were Warriors and Titanic (1953).





Al Larsen of  
Some Velvet  
Sidewalk.

## Larsen Evolution

Olympia-based band brings velvet rock to Sam Bond's.

**S**ome Velvet Sidewalk, an Olympia-based outfit on the K Records roster, has Eugene ties going way back. The guitar/drum duo of Al Larsen and Robert Christie (now deceased) rocked the indie world with their primitive playing style and influenced a stripped-down sound that survives and thrives today. The pair debuted with a self-released taped recording in 1998, then swiftly switched to K Records. Larson and company made a deep impression on the music scene. Then what happened? I caught up with Larsen in his Olympia home to find out.

Larsen stopped writing songs and music for about two years, during 1998 and 1999. He explains, "It was really odd. I was at a point where I didn't know what to write about anymore and it didn't make sense to me anymore." With more years upon his head, the teen rebellion he had felt in the past evaporated. "For me it was like, whatever I'm railing against is basically my fault, or my own responsibility. It didn't feel right to me to be blaming the world."

Larsen began writing again when he was at a different place mentally. For the past year Larsen has been performing solo, at local gigs and two short tours down the coast. For this tour, Larsen will be performing with SVS drummer Don Blair, who debuted on the group's 1992 recording *Avalanche*. "We had a pretty good wavelength in Some Velvet Sidewalk, with the whole group really, in terms of everyone staying in the same rhythm," he says.

Blair's drums are noteworthy: Larsen reveals that they lived a past life on a 1930s cruise ship. "They're Chinese, I think. They look like barrels and they have an animal skin tacked on. They have this ancient sort of sound." Larsen promises that rather than playing a standard rock kit, these drums bring an aura to the performance that's almost magical.

Larsen's take on his music is one of invention. He says, "It's a process of feeling like you're inventing rock and roll on your own terms."

Larsen is currently nearing completion on

an album he's recording with producer Steve Fisk, with whom he's worked before. Fisk contributes electric piano on the recording, which should be available by February. This performance will take place Sunday at Sam Bond's, along with local favorites **The Visible Men**.

Local band **Mine 37** ([www.minethirtyseven.com](http://www.minethirtyseven.com)) began one and a half years ago as an almost entirely different band. Benjamin Max (bass) formed the band with his sister and a different drummer and guitarist. Mat Foster joined up in February. Guitarist Ben Hubbard and drummer Jim Ewell complete the new ensemble. The change in lineup was brought about because everyone quit for some reason or another, like graduating from

**Larsen's take on his music ...  
'It's a process of feeling like  
you're inventing rock and roll  
on your own terms.'**

college and moving away.

Says Max, "It just wasn't going to work anymore. The changes are more than skin deep; all have a shared vision of less pop and more rock. The people in the other band were more into pop and being more weird. I always wanted to play more straight ahead rock and these people are all about that." The group is nearing completion on a five-song EP which they will finish before September, when they embark on a short tour of several Western states. (The band books their own tour and releases their CDs themselves.)

This self-titled release represents the band members' first real recording, a studio effort they're all extremely happy with. Gearing up for tour has cut into their time to work on new material, but the band has several new songs they're itching to record, as well. Future plans for this talented band include more recording, more shows and hopefully more fans. Max does not relish the thought of more band structure changes. "I hope we all stick together for a while and try to make this thing work," he reflects. Mine 37 will perform Friday at WOW Hall with **The Appleseed Cast**, **Mercury Project** and **Chin Up Chin Up**. **EW**

*Saturday Market*

Deliciously warm in color and texture, this gorgeous bowl is hand turned from a maple burl by Reed Gray.

Local Crafts • Great Food • Live Entertainment  
Every Saturday • 10 am - 5 pm • Rain or Shine • 8th & Oak [eugenSaturdaymarket.org](http://eugenSaturdaymarket.org)



**SALSA DANCE CLASSES**  
NOW JOSE CRUZ TEACHING 3 LEVELS

**5 wk. session starts on Tuesday August 26th**

LEVEL 1 (BEGINNING) 6-7PM - LEVEL 2 (BEG - INTERMEDIATE) 7-8PM  
LEVEL 3 (INT - ADV.) 8-9PM

\$30 FOR 5 WEEKS / \$7 PER CLASS ALL AGES - NO PARTNER NECESSARY

**AT STUDIO B 189 W. 8TH AVE.**

VISIT OUR WEB SITE  
**WWW.SALSEROS.COM**

SIGN UP IN ADVANCE 687 0678 OR E-MAIL JOSE@SALSEROS.COM

**WILD DUCK**  
169 W 6TH AVENUE, EUGENE (541) 485-3825  
[www.wildduckbrewery.com](http://www.wildduckbrewery.com)

**TONIGHT! THURSDAY AUGUST 25**  
**NEW MONSOON**

**BALLESON**  
**MONDAY AUGUST 25**

**BERNIE WORRELL & THE WOO WARRIORS**  
**THURSDAY SEPTEMBER 4**

**SATIN LOVE ORCHESTRA**  
**FRIDAY OCTOBER 3**

**ROBERT WALTER'S 20TH CONGRESS**  
**WILL BERNARD & MOTHERBUG**  
**TUESDAY OCTOBER 28**

**WILD NIGHTS**  
**DJ DANCE**  
**COMING IN SEPTEMBER**

The *Exceptional* Adult Store

- TOYS • LINGERIE •
- MAGAZINES •
- VIDEOS •
- DVDs •

Open 24-7 (Almost)

EXOTIC EROTIC

EXCLUSIVELY Adult

7166 South A • Springfield  
726-6969

[www.directproductions.com](http://www.directproductions.com)

**SEPTEMBER 1ST, 2003**

**Astros**

**DE LA SOUL**

**LIFESAVAS**

**BOOM BAP PROJECT**

**PT Movement**

ADV \$16-all ages  
**McDonald Theatre**  
**1010 Willamette Eugene**

Tickets: House of Records 541-342-7975  
SAFEMART TicketsWest  
www.ticketswest.com



# clubs

WEEK OF 8/21 - 8/27

## eugene/spfd.

### ANNEX ★

**23 W. 6TH ST. • 431-1111**  
**TU:** Clinton Fearon and The Boogie Brown Band,  
 Ras Gabriel and 4-Word--9; Reggae  
**WE:** Clinton Fearon and The Boogie Brown Band,  
 Ras Gabriel and 4-Word--9; Reggae

**ART OF EVERYTHING**  
**513 MAIN ST., COTTAGE GROVE**  
**FR:** DJ Dance--8

### BLACK FOREST

**50 E. 11TH ST. • 686-6619**  
**TH:** Stage Hogs--9; Rock, blues  
**FR:** U-Genie Band--9; Rock  
**SA:** Grynych--9; Rock  
**SU:** Open Mic w/Pete Christie--9  
**MO:** Karaoke w/Jared--9  
**WE:** Gothabilly w/Olen Kent--8:30; Gothic

**BORDERS BOOKS**  
**5 OAKWAY CNTR. • 345-6072**  
**FR:** Flying Crooked--7; Acoustic

**BRICK HOUSE**  
**136 4TH ST., SPFD. • 988-1612**  
**FR:** Mistbeets, Stacked--9

**CAFE LUCKY NOODLE**  
**207 E. 5TH AVE. • 484-4777**  
**TH:** Raging Family--9:30; Trip-hop  
**SA:** Brothers of Beat--10; R&B, hip hop, reggae

**CAFE PARADISO**  
**115 W. BROADWAY • 484-9933**  
**TH:** Kevin Montgomery, Al Perkins, Robert  
 Reynolds--8  
**FR:** Otis Taylor Band--8; Blues  
**SA:** David Helfand & Friends--8:30; Traditional and  
 acoustic

**CHAPALA RESTAURANT**  
**68 W. 29TH AVE. • 683-5458**  
**SA:** Lo Nuestro--6; Latin  
**WE:** Lo Nuestro--6; Latin

**CLUB RIO BAR & GRILL**  
**444 E. 3RD • 484-2927**  
**TH:** Must See TV--8  
**FR:** DJ Mike--9; Hip hop  
**SA:** DJ Alberto--9; Salsa  
**TU:** Family Karaoke--6  
**WE:** DJ Mike Wet 'n' Wild Wed.--9

**CORNUCOPIA**  
**295 W. 17TH ST. • 485-2300**  
**SA:** J.D. Dawson & Friends--6; Variety

**COZMIC PIZZA @ THE STRAND**  
**199 W. 8TH AVE. • 302-6013**  
**TH:** T.J. Champagne--8; Jazz



APPLESEED CAST PLAYS FRIDAY AT THE WOW HALL.



MARE WAKEFIELD, LAURA KEMP AND TONY KALTENBERG PLAY WITH TR KELLEY AND ROY BREWER, THURSDAY AT LUNA.

**FR:** Ashbury Park--8; Country rock  
**SA:** Billy Dee and the Andy Gregersen Experience--  
 8; Rock, humor  
**SU:** Thistle, Abandon Ship, Carsie Bean Blue--8;  
 Rock, classical acoustic

**DIABLO'S**  
**959 PEARL ST. • 683-3855**  
**TH:** Rumba--10; Salsa, Merengue, Pop Latino  
**FR:** DJs Tremor, Supa J--9; Hip hop, request  
**SA:** DJs Howie, Anmar, Supa J--9; House, dance  
**WE:** Pimp-N-Ho Party--9; Funk, soul, disco

**DOWNTOWN LOUNGE**  
**959 PEARL ST. • 343-2346**  
**TH:** DJ Supa J--9; Requests  
**FR:** Upright Dub Orchestra--10; Reggae  
**SA:** D-Moe vs. Dinari--10; Scratch, hip hop  
**MO:** DJs Von Rocket, Diablo--9; '80s punk, butt rock  
**TU:** Stone Cold Jazz--9; Jazz  
**WE:** Bamiki--10; Roots reggae

**EMBERS SUPPER CLUB**  
**1811 HWY. 99 N. • 688-6564**  
**TH:** Billy McCoy--9; Country  
**FR:** Michael Anderson Trio--9; Variety, country  
**SA:** Michael Anderson Trio--9; Variety, country  
**WE:** Billy McCoy--9; Country

**EUGENE WINE CELLARS**  
**255 MADISON ST. • 342-2600**  
**WE:** Tom Cats--5; Rock 'n' roll

**GOOD TIMES**  
**375 E. 7TH AVE. • 484-7181**  
**TU:** Rooster's Blues Jam--8

**HORSEHEAD**  
**BROADWAY AVE. & OLIVE ST. • 228-0747**  
**SA:** DJs Greencell, Dan Craig, Nemo and Dcndr--10;  
 Dance

**JO FEDERIGO'S**  
**259 E. 5TH AVE. • 343-8488**  
**TH:** Jo Fed's All Star Jazz Jam--9  
**FR:** Side Project--9:30; Jazz  
**SA:** Chris Higgins Quartet--9:30; Jazz  
**SU:** Mark Allan--9; Acoustic guitar  
**MO:** Open Mic w/Skip Jones the Boogie Woogie  
 Man--10  
**TU:** Barbara Dzuro--8:30; Jazz piano  
**WE:** Latin Flavor w/Paul Paydos Trio--9; Latin jazz

**JOHN HENRY'S**  
**77 W. BROADWAY • 342-3358**  
**TH:** '80s Night w/Chris, Jen and Jon--10  
**FR:** DJ and Dance Night--9  
**SA:** Nimbus and guests--10  
**SU:** Dan Jones and the Squids, The Sham, Ed Cole  
 and the College Girls of Tora Bora--10

## HOT AUGUST NITES BIKINI CONTEST FINALS

MUSIC @ 9PM  
 CONTEST @ 11PM

THIS FRIDAY, **AUG. 22** ★ FIRST PRIZE **\$1000**  
 SEE ALL THE FINALISTS



**Diablo's Downtown Lounge** 21+

**Friday Aug 22**  
 JOHN BARLEY  
 ACROSTIC  
 HAPPY HOUR  
 8PM  
**UPRIGHT DUB ORCHESTRA**  
 (sub reggae) 10pm

**Saturday Aug 23**  
**BIG BASSLINE TOUR**  
 CD RELEASE PARTY  
 DTG DUG / BRAT / HOWIE / ANMAR (SCRATCH / HIP-HOP) 10PM  
 D-MOE VS. DINARI

**Sunday August 24TH - ETZEL'S (26) & JR.'S (25) BIRTHDAY**

**Monday Aug 25**  
**MONSTER TRUCK MONDAY**  
 monster garage  
 dj von rocket / diablo  
 monster truck movies  
 80's Punk & Butt Rock

**Tuesday Aug 26**  
**Stone Cold Jazz**  
 9pm 2\$  
 (FEAT. KENNY REED) JAZZ

**Wednesday Aug 27**  
**BAMIKI**  
 10PM  
 (ROOTS REGGAE)

**Thursday Aug 28**  
**Rhumba Thursdays**  
 10PM  
 Dance Lessons 9-10 PM / Salsa / Merengue / Pop Latino  
 959 Pearl St. 541-343-2346  
 www.diaulosdowntown.com

**Mac's**  
 at the Vet's Club  
 and  
**Vipertoons Productions**  
 PRESENT

**Detroit's Queen of the Blues**  
**ALBERTA ADAMS**  
 & The Vipers  
 with  
**Deb Cleveland**

**IN THE BALLROOM**  
**Saturday, August 30**

**Doors Open 8:30pm**  
**\$12 advance, \$15 door**  
 1626 Willamette, Eugene • 541-344-8600

Co-sponsored by:  
**TICKETS ALSO AT:**  
 Mac's, The Copy Shop,  
 Face The Music, CD World, House of Records,  
 Museum of Unfine Arts, The Buy & Sell Center,  
 Light's For Music, and Cat's Meow Jazz & Blues

**GO DUCKS FROM THE BEAUTIES AT**  
**THE Hot Body CLUB PRESENTS**

**LADIES FREE 7 NIGHTS A WEEK**  
**COUPLES FREE FRIDAY & SAT**  
**FRIDAY & SAT DUCKS TICKET HOLDERS**  
**GET IN FREE**

Daily lunch special 12-2 \$3 • Sun-Thurs dinner special 5-9 \$4  
 Fri & Sat FREE dinner buffet

**HOT BODY VOTED**  
**#1 CLUB IN THE COUNTRY**  
 BY EXOTIC DANCER MAGAZINE

**DEVON MICHAELS**  
 SEPT. 17TH

**2165 W. 11TH AVENUE ♥ EUGENE ♥ 683-6021**  
 Monday - Friday 12-2 Saturday & Sunday 2-2 www.hotbody.com



**MO:** The Dynasty, Strange Folks, Hard Times  
Record Artists, Shrapnel and others-10; Hip hop

**LAVELLE'S TASTING ROOM**  
5TH ST. PUBLIC MARKET • 338-9875  
**FR:** Jenny Payne-5:30; Jazz  
**SA:** Jenny Payne-5:30; Jazz

**LONE STAR BAR AND GRILL**  
1-5 AT COBURG • 686-8686  
**TH:** Girls get wild-9; DJ dancing  
**FR:** Guys get wild-9; DJ dancing  
**SA:** Karaoke-9  
**TU:** Open mic-9  
**WE:** Coyote Ugly-8

**LUCKEY'S CLUB CIGAR**  
933 OLIVE ST. • 687-4643  
**TH:** Last Chapter-9:30; Rock  
**FR:** Ashbury Park, Sweet Island Thyme-9:30;  
blue grass, Jam rock  
**SA:** Mist Beets, Savitri-9:30  
**TU:** Jazz 'n' Beer w/Ken Slackerman-9:30  
**WE:** Ladies' Night w/Huckleberry-9:30

**LUNA**  
30 E. BROADWAY • 434-5862  
**TH:** Laura Kemp, Mare Wakefield, Tony  
Kaltenberg, Roy Brewer, TR Kelley-8:30;  
Singer/songwriters  
**FR:** Erik Muiderman-6:30; Guitar  
**SA:** Erik Muiderman-6; Guitar  
Lo Nuestro-9; Latin salsa  
**SU:** Buster B. Jones CD recording party-6;  
Guitar



THE CROOKED JADES PLAY FRIDAY AT SAM BOND'S GARAGE.

**MAC'S AT THE VET'S**  
1626 WILLAMETTE ST. • 344-8600  
**TH:** Christie & McCallum-7; Oldies, country  
**FR:** Juke Joint Blue-9  
**SA:** Jet Harris and the Hot Rod Hellcats-9;  
Rockabilly  
**WE:** Bourbon Renewal-9; Blues

**OREGON ELECTRIC STATION**  
27 E. 5TH • 485-4444  
**FR:** Don Latarski Trio-8; Jazz  
**SA:** Don Latarski Trio-8; Jazz

**OVERTIME TAVERN**  
770 S. BERTELSEN • 342-5028  
**TH:** West Side Blues Jam-8:30  
**FR:** Cheeseburgers-8

**PERUGINO**  
767 WILLAMETTE ST. • 687-9102  
**WE:** Irish Jam-7; Celtic

**PLANET GOLOKA**  
679 LINCOLN ST. • 465-4555  
**FR:** Open music jam-7  
**SA:** Kirtan chant and dinner-6:30  
**WE:** Kava ceremony-6:30

**QUACKER'S**  
2105 W. 7TH • 485-5925  
**MO:** Karaoke-9; Variety  
**WE:** Quacker's Blues Bash-8:30; Blues jam

**RAMADA INN**  
225 COBURG • 342-5181  
**FR:** Rock-it 9:15; Rock  
**SA:** Rock-it 9:15; Rock

**SAM BOND'S GARAGE**  
407 BLAIR • 431-6603  
**TH:** Grasshopper, Brian  
Patrick-9; Americana  
**FR:** The Crooked Jades,  
Fiddlin' Sue Band-9:30; Old  
time music  
**SA:** Honeybuckit, Myshkin,  
Laura Freeman-9:30  
**SU:** Irish Jam-4  
The Visible Men, Al Larsen-9;  
Rock  
**MO:** Arjun and The  
Guardians-9; Reggae  
**TU:** Bluegrass Jam-9  
**WE:** Jolie Holland-9; Country  
rock

**SAMURAI DUCK**  
980 OAK ST.  
345-6577  
**TH:** Destiny, others-9:30; Hip  
hop  
**FR:** YOB, Valis, Argonaut-  
9:30; Doom metal  
**SA:** Blind Nil, The  
Wobblies, Crimes of  
Ambition-9:30; Punk  
**SU:** Hip hop dance party-9:30  
**MO:** Further Down, B-18, Cardinal, Ape-9:30;  
Indie rock  
**TU:** El Hefe-9:30; Eclectic hip hop, reggae  
**WE:** The Prisoner's Dilemma, Harlot's Web-9:30

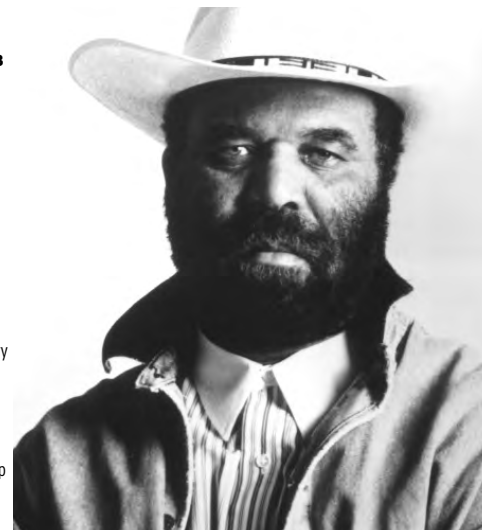
**SWEETWATER'S**  
VALLEY RIVER INN 687-0123  
**FR:** The Jive Masters-8; Swing, dance blues  
**FR:** The Jive Masters-8; Swing, dance blues

**TACO LOCO**  
900 W. 7TH AVE. • 683-9171  
**SA:** Mood Area 52 Trio-7; Tango  
**WE:** Fuzz-7; Funk, jazz

**TARASCO'S**  
100 E. BROADWAY  
**FR:** Salsa w/DJ Mario Mora-9

**TINY TAVERN**  
394 BLAIR BLVD. • 687-8383  
**TU:** Los Pistoleros-10; Latin polka

**THE VOLCANO**  
535 MAIN ST., SPFD. • 741-6001  
**TH:** Blues Jam-9:15  
**FR:** Rock-9:15  
**SA:** Rock-9:15  
**SU:** Karaoke-9:15  
**MO:** Karaoke-9:15



OTIS TAYLOR PLAYS FRIDAY AT CAFE PARADISO.

**TU:** Rock-9:15  
**WE:** Ozone Baby-9:15; Rock

**WETLANDS**  
922 GARFIELD ST. • 345-3606  
**SA:** Toad in the Hole, The Koozies, The Whopner  
Co. All Stars-10; Irish drinking music, country

**WILD DUCK MUSIC HALL**  
169 W. 6TH • 485-3825  
**TH:** New Monsoon-9:30; Rock

**WOW HALL ★**  
291 W. 8TH AVE. • 687-2746  
**TH:** Volunteer orientation-6:30  
**FR:** The Appleseed Cast, The Mercury Program,  
Chin Up Chin Up, Minethirtyseven-8:30; Rock  
**SU:** Dead Meadow, YOB, Eat Shit Fuckface-9:30;  
Rock  
**MO:** Bellydance Superstars and the Desert  
Roses-8:30; dance

**YUKON JACK'S**  
4TH AND W. BRDWAY., VENETA  
935-1921  
**FR:** Steppin' Out-9; Rock  
**SA:** Steppin' Out-9; Rock  
**SU:** Karaoke-7

★ - All Ages



THISTLE PLAYS SUNDAY AT COZMIC PIZZA AT THE STRAND.

**LUNA**

LUNA open Tuesday through Saturday at 5 pm  
30th East Broadway (541) 434-LUNA  
Happy Hour with \$2 off full Spanish Tapas until 6 pm  
Event info and more at [www.lunajazz.com](http://www.lunajazz.com)



**TONIGHT!**  
Last Summer Show!  
LAURA KEMP MARE WAKEFIELD TR KELLEY  
with ROY BREWER and TONY KALTENBERG  
THURSDAY AUGUST 21 8:30 PM Folk

**LO NUESTRO**  
SATURDAY AUGUST 23 9 PM Latin  
Erik Muiderman Singer/Songwriter 6:30 PM



**BUSTER B. JONES**  
SUNDAY AUGUST 24 6 PM Guitar  
Rare Sunday Show! Candlelight LIVE RECORDING

**TIM McLAUGHLIN'S 11 EYES**  
Featuring THE TURNTABLE ENABLER  
THURSDAY AUGUST 28 9:30 PM Fusion Jazz



**SUN BOSSA**  
FRIDAY AUGUST 29 9:30 PM Bossa Nova  
Erik Muiderman Singer/Songwriter 7 PM

**TERRY ROBB TRIO**  
SATURDAY AUGUST 30 9 PM Blues  
Erik Muiderman Singer/Songwriter 6:30 pm



Next to Adam's Place Restaurant 434-LUNA  
Dinner served Summer Hours from 4:30 p.m. to 10 p.m.

# OPEN CASTING CALL

Looking for Males/Females 14-25 yrs old  
in the ROCK SCENE for a Gus Van Sant Film

- Acting experience not required -

**saturday, August 23, 10:30am-3pm**

Churchill H.S., 1850 Bailey Hill Rd, Eugene, OR

**October 11 Saturday**

*The Floydian Slips* *Pink Floyd's THE WALL*

performed Live With Area Musicians

All Ages  
Limited Seated Dance Hall

**MCDONALD THEATRE**

Tickets on sale at all *TicketsWest* outlets (800) 992-TIXX Service charges may apply



**2 Stores Alternatives**

- Organic produce & groceries
- Full service deli & seating areas at Main store
- Imported cheeses, wine & beer
- Huge selection of bulk items
- Free range, hormone- & antibiotic-free meat
- Wheat- & dairy-free products
- Vitamins & supplements
- Health & beauty products

**First Alternative NATURAL FOODS CO-OP**

*Main Store:*  
1007 SE Third St.  
Corvallis  
(541) 753-3115

*North Store:*  
NW 29th & Grant  
Corvallis  
(541) 452-3115

**FRESH • LOCAL • ORGANIC • GOOD-FOR-YOU FOOD**

## FOOD BY MARINA WOLF



## Brittle Lives

Seeking transformation in a pan of burnt sugar.

**W**e cook from cans now in my house. We eat soups and chili, fruit cocktail, tuna fish. Our recycling bin is filling up with the jagged edges of our indifference. It's survivalist eating, and what is surviving is us.

My live-in lover and I have not cooked together in months. This didn't use to bother me, back when our excuse was star-crossed schedules. And anyway, we needed a break from the intense list compiling, menu making and grocery shopping that marked a more, shall we say, creative era in our eating. But lately I, who used to delight in feeding her, have not been able to cook for her without feeling that I am somehow doing penance. Guilt is a highly effective appetite suppressant, and when you're not that hungry, convenience food is the most efficient fuel.

So it surprised me the other morning to find us both in the kitchen. I felt suddenly awkward, as though we were two strangers in an elevator going all the way to the top of the building. But we both had a rare day off, and we came to an agreement: we would make candy, a homemade version of Almond Roca, to be precise, with a brittle layer of toffee slathered with milk chocolate and coated with almond bits. She had a recipe from one of her work parties and I had a confectionery book culled from the teetering piles. We had our issues, but we also had our mission, and somehow, together, we had to make this work.

Turns out that candy is a slightly scary substance to work with, deceptively simple in its composition, but requiring a great deal of attention, being essentially sugar on a controlled burn. The cookbook says you can interrupt melted sugar at any of five temperatures and get five different sorts of candy. We were going for extreme confectionery. We were playing hard-ball, literally, going for the far side of the candy thermometer where it looks as though the mercury might shoot out the end in a minute.

As soon as the sugar melted and began to thicken and bubble, I was entranced by the obvious alchemy of it (which is a good thing, because at temperatures like that, you can't look away for a second). I stirred incessantly at the pale glutinous mass that formed in our little pan. My lover roamed around our small kitchen, putting away dishes, looking over my shoulder. I kept peering into the pan, my mind whirling with

doubts. What if I burn myself? How do I know when it's enough? This feels as though it's taking forever. Is this how it's supposed to be?

I was tired of searching for answers in a sugary swirl that was as inscrutable as a broken Magic 8-ball. Will you stir? She took the wooden spoon and cautiously began stirring. I watched at first, not sure that she wouldn't spill on herself, but then I relaxed a little. I drank down a glass of orange juice (it was morning, did I mention this?), and then gently took the spoon back from her and continued to stir, scraping carefully along the bottom and the sides. The changes happened almost imperceptibly at first, with the pale sludge getting more unctuous, roiling with thick creamy strands that showed golden along the edges. The color deepened, and I stirred, hypnotized. It was starting to look promising.

Then suddenly the magic broke. The candy turned chaotic and ugly, all curds of mahogany bubbling fiercely in nothing more mystical than burning butter. The stuff had de-emulsified, broken apart. I stirred harder, but there was no going back. Silently I showed the pan to her, and shrugged my shoulders. Maybe this was a lost cause. Almost hopelessly, I dropped a bit into a glass of cold water, and fished out the result. The droplet crunched between my teeth, sweet and buttery rich with promise. Holding my breath, I carefully emptied the liquid onto the waxed paper pan, and watched the substance spread in muddy currents across the pan, leaving hissing, curled-up edges in its wake. My lover, too, eyed the pan dubiously, then we went back to our desultory conversation while we waited for the stuff to cool. The minutes passed, and the surface of the candy dulled. I tapped tentatively on the greasy surface. It had solidified according to plan. But still, it could not be good enough, I thought, poking at the edges. One shard came free, and I nervously put it in my mouth after offering my lover a piece.

We both smiled at once. Yes. The toffee melted on my tongue, its hard edges crumbling away to a luscious chewy mouthful. Still grinning, I lifted the waxed paper from the pan. The toffee came away in one stiff sheet. If we dropped it, it would break into a hundred little pieces.

**EW**

Marina Wolf lives in San Francisco and teaches dance classes for "people of all sizes" ([www.bigmoves.org](http://www.bigmoves.org)).

**ITALY ON \$5 A DAY?**

**15 LUNCH SPECIALS DAILY FOR ONLY \$4.95!**



**Mona Rizza**

RISTORANTE & BAR

830 OLIVE STREET • DOWNTOWN EUGENE • 541-345-1072

**FREE PARKING**

*Everyday from 11:30-4:30pm!*

**RED BARN**

**NATURAL GROCERY EST. 1982**

*Whole foods, for whole people . . . Fresh from the farm to you!*

- organically grown produce • organic beer & wine
- organic bulk foods • vitamins & supplements
- organic herbs & spices • special orders / case discounts
- natural body care products

**LOCALLY OWNED & OPERATED**

**4TH & BLAIR • 342-7503 • M-Sa. 8AM-10PM • Su. 10AM-9PM**



**GOLDEN AVATAR**

*A Taste of the Divine...*

- ✦ 100% Vegetarian (many vegan options)
- ✦ Café Mam (organic coffee & espresso drinks)
- ✦ Sattvic Recipes (no onions or garlic)
- ✦ Indian Sweets (Halva, Sweet Rice)
- ✦ Complete Take Home Dinners
- ✦ Raised Dining Area (eastern style seating)
- ✦ Organic Dairy (other ingredients as possible)
- ✦ Organic Pastries
- ✦ Rotating Menu ("by the scoop" or select one of our combinations)

Open for Breakfast 8 am

Full Buffet 11 am – 8 pm Monday - Friday

inside Friendly St Market

2757 Friendly St 302-1365





JAMES JOHNSTON

## South Sister Ascent

The view from the top is worth the trip.

**T**he Three Sisters — the closely bunched trio of snowcapped peaks that dominate the eastern end of Lane County — were born many years apart. It's been 100,000 and 20,000 years respectively since either the North or Middle Sister expelled volcanic material that shaped the flanks of these mountains. Both of them show their age. The bulldozer-like action of giant glaciers have left behind steep, jagged and difficult to climb peaks.

But the South Sister, shaped by lava flows just 2,000 years ago, still retains much of its original rounded profile. The hike to the top is challenging, but manageable for people of all ages who are reasonably fit.

Many hikers backpack into Green Lakes or Moraine Lake, spend the night, and tackle the path to the top in the morning. There is, however, one day-hike from Eugene that can get you to the top, although it involves a two and half hour drive and a grueling 11-mile roundtrip hike.

Directions: Take I-5 south from Eugene for approximately three miles. Take the Oakridge/Klamath Falls exit (Exit 188A). Stay to the left onto Hwy. 58 and drive east for 72 miles (road construction is causing long delays along Salt Creek). A couple miles past the turnoff for Crescent Lake, 37 miles east of Oakridge, take a left onto Route 61 towards Davis Lake and Crane Prairie and Wickiup Reservoirs. In three miles, turn north (left) on Cascade Lakes Hwy. (FS 46). Drive the Cascade Lakes Highway. for 41 miles, and turn right at the Devils Lake trailhead. Drive almost a quarter of a mile to the very end of the last parking area, and take the trail marked "South Sister Ascent."

After less than 100 yards the trail crosses the highway (and a wide gravel parking area where you should have parked), and climbs steeply through a viewless forest. After a mile and a half, you'll crest a ridge onto a flat plain with spectacular views of the South Sister. Another couple hundred yards brings you to a four-way trail junction.

If the mountain looks too daunting, consider taking the right hand turn and making the half-mile stroll to Moraine Lake, a gorgeous blue-green alpine pool. The loop trail that heads north from the lake and connects back to the mail trail 1.7 miles above the junction is currently closed for restoration.

If you're still up for the summit, go straight at the junction. The first mile and a half is easy going along a ledge overlooking Moraine Lake and the jagged talcum white and rust red spires of Broken Top, an extinct stratovolcano.

From the base of the mountain, the trail gains more than 3,000 feet of elevation in less than two and half miles to the top. A good resting spot is at the base of the Lewis Glacier, where the trail passes above an ice-cold tarn, a mountain pool fed by glaciers. The trail from here follows the western lip of the glacier. At the summit rim, follow the path along the eastern edge of the South Sister's snow filled crater to the mountain's highest point, with spectacular views north to the Middle and North Sister, Three-Fingered Jack, Mount Jefferson and Mount Hood.

Be sure and bring *lots* of water, snacks, sunscreen and a map for this trip. And don't forget a camera. You'll need it for what has got to be the best views in Oregon. **EW**



## BabyCakes Cafe

A Unique Child Friendly Experience

Prince Puckler's Ice Cream • Baked Goods  
Breakfast • Lunch • Espresso

Hours - 7am - 5pm daily  
760 Blair Ave., Eugene, OR • 484-CAKE

## Ducks Illustrated

### UPCOMING ISSUES

#### NEXT WEEK!

College Football Season Preview

#### SEPT 4

Nevada Football Game Preview

#### SEPT 11

Arizona Football Game Preview

#### SEPT 18

Michigan Football Game Preview

#### SEPT 25

Washington Football Game Preview

### INSIDE EUGENE WEEKLY!

To advertise in Ducks Illustrated  
please contact us at 484-0519

## Lively Organic Farm

Tom & Megs invite you to come and enjoy a WINE TASTING from an exciting NEW vineyard.

Territorial Vineyard & Wine Co. will be presenting their Rose of Pinot Noir, as seen in Aug. 2003 *Gourmet Magazine*, along with their other fabulous wines.

### Organically Grown:

Nectarines, Blueberries,  
Strawberries, Peppers, Corn, Beans,  
Tomatoes, Melons & much more.

Saturday - 10 am to 5 pm

600 River Loop # 2

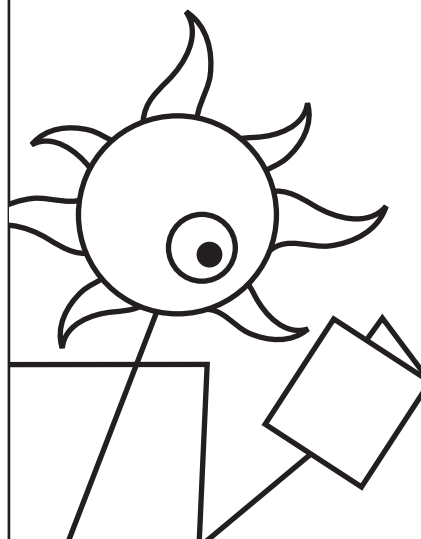
(3 miles North of Beltline  
off River Rd)

461-2737

## Summer's here

Find the time  
to read  
a good book

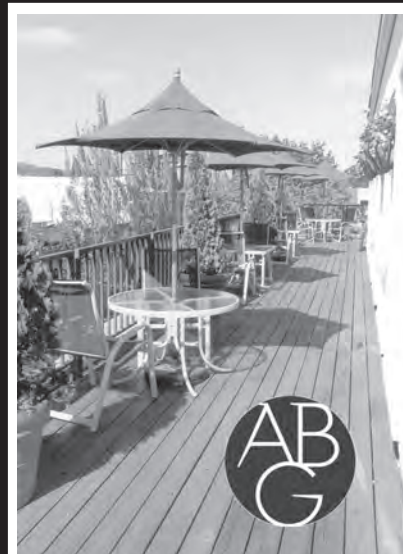
We have plenty  
at both stores



## SMITH FAMILY BOOKSTORE

768 East 13th 525 Willamette  
345-1651 343-4717

a proud member of Unique Eugene



## THE DECK IS OPEN!

Barbecue on the Deck  
Thursdays 5-8 p.m.

Enjoy views of Downtown Eugene  
from the third floor of  
the Downtown Athletic Club  
...weather permitting!

## AX BILLY GRILL

(formerly Piccolo's)

The Ax Billy Grill welcomes the public...

999 Willamette Street ♦ 484-4011

www.downtownac.com

• FLOWERS • SALSAS • BERRIES • VEGGIES • STARTS • FRUIT • PRESERVES • HONEYS • CHERRIES •

August is National Farmers' Market Month, so come on Downtown and find the 'Bounty of the County' to set your table locally at

## FARMERS' MARKET

**Saturdays, 9 - 4    Tuesdays, 10 - 3**

At 8th & Oak in the Park Blocks of beautiful Downtown Eugene

- Come Find the Best Local Produce, Plants, Proteins & Meat, Flowers, Foods & FUN!
- Stay & Learn from our Farmers! 'Savor the flavor' of the famous Oregon Strawberry!

FOR MORE INFORMATION or PRODUCT AVAILABILITY, CALL (541) 431-4923

• PLANTS • FLOWERS • VEGGIES • STARTS • BUY LOCAL • FRUIT • SALSAS • PRESERVES • NUTS •



# ew Classifieds



**CROSSWORD** Page 33



**Dining guide** Page 33



**Employment** Page 33



**HOUSING** Page 35



**Life in HELL** Page 35



**ASTROLOGY** Page 37



**red meat** Page 38



**personals** Page 38

## ew real estate

**BARNHART  
ASSOCIATES**  
REAL ESTATE

- Caring
- Professional
- Down-to-earth

*Hannah Sells Homes!*

**Hannah  
Clotere**

Associate Broker

**543-9345**

Call today!

From seed to bloom...  
cultivating your real estate dreams!

[www.HannahSellsHomes.com](http://www.HannahSellsHomes.com)

Professionals in Real Estate  
Passionate about Sustainable Housing

**Ask us about creating  
an eco-friendly home  
or log on to Greenhousing.net**



**KRISTENA COX**  
(541) 501-3399

**JUSTIN SCHMICK**  
(541) 501-3404

[haveaRealtor.com](http://haveaRealtor.com) • [Greenhousing.net](http://Greenhousing.net)

**Windermere**  
Jean Tate Real Estate

**COX SCHMICK**  
REAL ESTATE CONSULTANTS

**BULLETIN  
BOARD**

### Announcements

#### ART NEEDED

Immediately for Consignment  
in 5th St. Market.  
All types wanted.  
**302-1989**

**ATTENTION: READERS** who  
respond to mail order/phone ads  
appearing in these classifieds do  
so at their own risk. Eugene  
Weekly assumes no liability. If in  
doubt about a particular offer,  
check with the Better Business  
Bureau or US Postal Service  
before sending any money.

**HAVE YOU** had an extreme  
experience with a celebrity? Tell  
us and maybe be on TV! Email:  
ANightWith@cameraplanet.com  
or call 1-800-668-9376, x252.  
(AAN CAN)

**LOSE WEIGHT NOW!** 30-day  
money back guarantee. Safe,  
ephedra-free. Call 541-746-3798,  
toll free 866-805-0062.  
[www.loseit-bw.com](http://www.loseit-bw.com)

**VOLUNTEERS FOR** Africa.  
Work with HIV/AIDS orphans and  
outreach. No experience neces-  
sary. Start Sept/Oct. Fees apply,  
scholarships.  
[elsemarie@humana.org](mailto:elsemarie@humana.org) 1-413-  
441-5126. [www.humana.org](http://www.humana.org).  
(AAN CAN)

**WIN A HOUSE** and Business In  
Wasilla, Alaska! Essay Contest  
Details [www.wasillacontest.com](http://www.wasillacontest.com)  
SASE to Wasilla WebWorld, 713 W.  
Park Hwy, C-230 Wasilla, AK  
99654. \$100/entry. (AAN CAN)

### Classes

**HYPNOTHERAPY** Certification  
class. Friends Landing, Inc.  
Begins September 19. 484-6004.  
[www.friendslanding.net](http://www.friendslanding.net)

### Free

**FOUR-YEAR-OLD** male cat.  
Neutered, all shots. Mostly out-  
doors, sometimes indoor. Contact  
[debracleeds@aol.com](mailto:debracleeds@aol.com) or 201-  
602-4621

### Lost & Found

**REWARD FOR** return of  
grey/silver Trek bike from N. River  
Rd/Grove area. 484-0519, x15.

**TOOL FOUND** Found near bike  
path on River Rd. and 7-11, tool.  
607-5545.

### Pets

**RESCUED FROM** Death.  
Second chance home needed. 2  
adult calico cats. F, spayed, shots.  
Very amazing, fun, beautiful, car-  
ing. Donation required. 746-0169.

### Adoption / Family Services

**ADOPT. ART** Projects, financial  
security, fun vacations, your baby  
will grow with LOVE and imagina-  
tion! Expenses paid. Pam and Eric.  
Toll free 1-888-253-7004.

**CALL 1-800-724-8413**

**EXT 1001** anytime for a recorded  
message on how to get **FREE** educational  
reports on **BUYING** or **SELLING** Real Estate

**Earl Dill**  
Broker  
**Century 21**  
Westover Realty  
**541-747-9971**  
**CELL: 541-914-5564**



**web2real.com**  
Virtual Estate To Reality!

- \* Buying
- \* Selling
- \* Relocating

**For Results Call Steve or Sally Jo Today!**

**Steve Wickham & Sally Jo Trias**  
Presents... **15 Timbered Acres**

**\$225,000**

**Charming Log Home & Studio**

**954-7838 or 953-7475**

He does  
**country...**



**Roy & Patty Keene**

40 years combined experience as real estate professionals.  
30 years of volunteer forest conservation work.

465-8192



She does  
**town.**

Windermere  
484-2022

465-8120

**Angela  
Kinari**  
A Unique Loan Officer  
with Proven Results!

Now With:  
**CERTIFIED  
FINANCIAL  
SERVICES**

Bus. 541-338-3300  
Cell 541-554-2590  
[angela@cfseugene.com](mailto:angela@cfseugene.com)

**Bumpy's**  
**CARPET CLEANING**  
**3 rooms, hallway \$45**  
(Some restrictions apply)  
**Call 606-3685**  
"We have good attitude"

Get your listings out there!  
**ADVERTISE**  
in **EW real estate**  
PRICES START AT \$33.  
call **Jennifer** at  
**484-0519 x17**

Caring for those  
who care  
about the land.



Rural, Residential, Investment  
**Eric Sprado • 342-7566**  
644 Monroe Street  
[www.spradorealty.com](http://www.spradorealty.com)



**Kathy Ging**  
M.A., G.R.I.  
Associate Broker  
Northwest EcoBuilding  
Guild member

**LIBERATED  
SALAD**

"The environment is part of the  
business that I do."

Res: (541) 342-8461  
Cell: (541) 729-1444  
e-mail: [kathyging@aol.com](mailto:kathyging@aol.com)  
website: [www.kathyging.com](http://www.kathyging.com)

17 years of ethical experience  
Networking energy, food and economic self-reliance

**Milestone**  
Realty  
21 E. 28th, Suite F • Eugene, OR 97405  
**1-800-944-0130**



**Keith's Janitorial**  
Specializing in medical  
offices & car dealerships.  
HONEST AND 100% SATISFACTION GUARANTEED

**KELLY KEITH**  
Hm: (541)607-2788 • Cell: (541)521-1306  
Licensed & Bonded • 10 years experience

FOR THE INDEPENDENT COUPLE

**BE YOUR  
OWN BOSS**

I HAVE A LONG-ESTABLISHED, TWO-PERSON BUSINESS FOR SALE.

- 15 hour work week
- Grosses over 40K per year  
with low overhead
- Recession-proof specialty  
cleaning business
- The work is mandated by insurance as  
well as local, state and national regulations.
- Scheduling is very flexible
- Great niche business with a lot  
of room for growth
- Sale price includes all equipment needed
- I will stay and train as long as it takes to  
make you feel comfortable and competent.

CALL JEFFREY AT 935-7723  
OR EMAIL AT [BIZNOBAR@AOL.COM](mailto:BIZNOBAR@AOL.COM)

**alternativerealtor.com**



Offering Exclusive Representation for Buyers  
& Comprehensive Marketing for Sellers

Referrals from our friends & Past Clients are the  
corner stone of our business. Thanks for your  
recommendations. Thank you for your trust.

**521-DAVE (3283) • 866-706-DAVE (3283) Toll Free**

**Karla Smith**  
Broker / Client Support  
[karla@alternativerealtor.com](mailto:karla@alternativerealtor.com)

**Pam Haggard**  
Broker  
[pam@alternativerealtor.com](mailto:pam@alternativerealtor.com)

**David P. Koester**  
Principal Broker  
[dave@alternativerealtor.com](mailto:dave@alternativerealtor.com)







## Help Wanted

**LIVE-IN CAREGIVER** for disabled woman. 1-2 hrs/day. Rent exchange. Single mother preferred. Call, 345-3896, after Thursday.

**2 OPENINGS:** Experienced natural foods cook (must eat dairy), \$200/mo, and handyperson, gardener, household manager. 17-20 hrs/week, \$8/hr, 1 year commitment. 302-3081.

**\$2/LINE, 4 LINE MIN.** is the economical cost for line ads in *Eugene Weekly* classifieds. Contact us at 484-0519.

**SPANISH TEACHER**, one class, mixed levels. A small alternative high-school. 686-1223.

**"RIGHT ARM"** to entrepreneur and 15-year business to help attain mission and goal. Growth opportunity requires self starter, integrity and professionalism, computer savvy and website upkeep. Admin support to director & event mgmt. Start \$12.50/hr, 8 hr/wk, + mileage to Marcola area. Explore long range plans at 3 mos. Like New Yorkers' conscious lifestyle, dogs, and Isaac Mizrahi. Fax resume: 419-858-4741.

**INDEPENDENT FILM** Company seeks actors for local production. No pay. Great experience. Call for info. 686-2437, Mike.

**SATURDAY MARKET** assistant responsible for cleaning food court tables, trash and recycling. Will train. Must be in good physical condition and have skill in dealing with people from a diverse range of backgrounds. Must be reliable, have good communication skills, and be customer-service oriented. Saturdays, 8 a.m.-5 p.m., \$7.76/hr. No phone calls. Come to 76 W. Broadway to complete an application. References required.

**LANDSCAPE** Maintenance worker wanted for mowing, edging, and pruning. Eugene properties. Seasonal work. Pay based on experience. Call 485-8526 (voice mail).

**MODELS WANTED** in Corvallis/Albany, Philomath. Artful, outdoors (bra/slip), art nude. 745-5509. [www.geocities.com/thelafem](http://www.geocities.com/thelafem)

**PSYCHICS/TAROT** Readers needed. Experienced only for busy psychic line. Make hundreds per week. Flexible hours. Part time and full time. 1-800-699-2466. Mail Box # 908-722-0343.

**PHONE ACTRESSES** Needed. Make up to \$21/hr. Flexible hours. Part time or full time. 1-800-699-2466. Mail box #: 908-526-7900.



**TEENS! LOOKING FOR A JOB?** Want to camp out and work in the woods for 5 weeks, and earn \$6.90/hr?

If you are 16-19, Northwest Youth Corps may have a job for you! We are currently accepting applications for upcoming Fall sessions. Hiring now! **541-349-5058** [www.nwyouthcorps.org](http://www.nwyouthcorps.org)

**GOT GAME?** Get into the action with Nokia N-Gage. We will pay outgoing, responsible, gadget minded people to play and demonstrate video games and products. Check out [www.n-gage-special-forces.com](http://www.n-gage-special-forces.com). (AAN CAN)

**TEACHERS NEEDED** for year-round wilderness camps. Excellent salary/benefits. Must enjoy being outdoors and helping at-risk youth. State certification or certificate eligibility required. Information/apply on-line at [www.eckerd.org](http://www.eckerd.org). Mail resume to Selection Specialist/AN, Eckerd Youth Alternatives, P.O. Box 7450, Clearwater, FL 33765. EOE. (AAN CAN)

**HAVE FUN!** Photo models wanted. Females, 18-30, for men's magazines, internet. \$400 minimum. 517-7071. 8am-6pm.

**POSTAL JOBS**, \$9.15 - \$14.26 + benefits. No exp. For application and exam info call 1-800-514-1744 ext. 6112, 9am-9pm - 7 days.

**EARN EXTRA CASH!** Up to \$500 per session. Eugene Amateur filmmaker, five years published, looking for female models 18-40, and couples. Send photo and contact phone number to: Video Productions, P.O. Box 40545, Eugene, OR 97404. email: [videopro5000@msn.com](mailto:videopro5000@msn.com). 541-688-1488 (Female Callers Only)

**CARETAKER, HANDYPERSON** to live on 11 organic acres 15 min. south of Eugene and do grounds, building maintenance. Work exchange for rent and possible hourly. 16 hours per week. No smoking or dogs. References. 342-5027.

## Volunteer Opportunities

**SUPPORT WILDLIFE** of Lane County. Wildlife hospital and nature center in need of volunteers for animal care, construction, grounds maintenance, fundraising and docent positions. Training provided. Must be 18 years of age. Call Cascades Raptor Center, 485-1320. [www.raptor-center.org](http://www.raptor-center.org)

## Employment Information

**NOW HIRING:** companies desperately need employees to assemble products at home. No selling, any hours. \$500 weekly potential. Info, 1-985-646-1700 dept. OR-1072.

## Career Training

**CAREER POSITIONS.** \$12-\$48/hr. Full benefits, paid training on homeland security, law enforcement, clerical, administrative and more. 1-800-320-9353 ext. 2542. (AAN CAN)

**DATA ENTRY.** Work from home. Flexible hours! Great pay! Computer required. 1-800-382-4282, x#8. (AAN CAN)

**BE A FILM** Director, Producer, Cinematographer, Editor and more. No experience required. On-the-job training with local Film companies. Part-time, Nights, Weekends. Free Video 1-800-755-7597. Film-Connection.com (AAN CAN)

**MOVIE EXTRAS.** \$200-\$600/day. All looks, ages, types. No experience required. TV, commercials, music videos, film, print. Contact "Extras On Call" 1-800-260-3949, ext. 3525. (AAN CAN)

**\$\$ BARTEND \$\$** Up to \$300/shift. Great pay, flexible hours. No experience necessary. FT/PT. Call 800-806-0083, ext 203. (AAN CAN)

## Business Opportunities

**CO. EXPANDING:** US, Canada, Europe. 2 min. recording: 707-583-2375. Part time/Full time. Espanol ok: 800-384-3493. [www.globalssuccess2000.com/lifeissort](http://www.globalssuccess2000.com/lifeissort)

**EASY WORK!** Great Pay! Earn \$500 weekly. Assembling products and mailing circulars. No experience necessary. 1-800-267-3944, ext. 308. [www.easyswork-greatpay.com](http://www.easyswork-greatpay.com) (AAN CAN)

**ATTENTION, WORK FROM HOME.** \$300-\$1,500 Part-time, \$2,000-\$5,000 Full-time. Local training, support. 744-2432 or [workathome-bw.com](http://workathome-bw.com)



## Furnishings

**LIKE NEW,** Queen size King Koll PostureBond 2000. Double thick. Was \$500, now \$100. 683-8289.

## Garage Sales

**IT'S HERE.** Collectibles, kitchenware, dining ware, artwork, hardware, books, professional clothes, and more. 8am-6pm, Thu, Fri, Sat. 74214, London Rd. Cottage Grove.

## Hot Tubs / Pools

**SPA. WILL sacrifice.** 7 Person, loaded. Includes Steps. \$2,999, never used. Includes custom cover. Will deliver. Full Warranty. Was \$5,999. In a Hurry. Call 888-397-3529. (AAN CAN)

## Misc.

**ASSORTED EQUIPMENT.** 689-2865. Bakery racks, cases, etc. Utility cabinets. 36.5" x 36. 5" x 79". 3 at \$35 each.

**FREE 3-ROOM** Direct System including installation! Subscribe to "NFL-Sunday Ticket", get 4 months FREE programming. Access 225+ TV Channels. Digital quality picture/sound. Limited time offer. 1-800-877-1251. (AAN CAN)

**WASHER/DRYER.** \$100. IMAC 406 with modem, \$300. Epson printer, \$100. Tables, chairs, and more. 870-0770.



## After School

**KI/AIKIDO FOR** Children. Children's classes, ages 5-7. Starting 9/15. Limited space. Ongoing classes, ages 8-11. Call Oregon Ki Society to register. 683-5089.



## Band Members

**BASS PRO** wanted. Will consider drummer. Original show. Call 541-870-2924.

## Lessons

**GUITAR LESSONS.** Folk, rock, bluegrass, classical, etc. Songs, technique, theory. Experienced teacher. Jesse, 687-4879.

**JAZZ PIANO** lessons. Improve chord voicings, solos, technique. Beginners welcome. Guy, 687-6451. [guy@guyware.com](mailto:guy@guyware.com)

**PIANO LESSONS** in your home. Beginning to advanced. All ages. Individually designed, computer enhanced. Experienced teacher/performer Lou Crist, 747-0589. Also available for performance.

**WALKER T. RYAN.** Accepting new guitar students. Old style blues and folk. Robert Johnson, Carter Family, etc. 485-9898.



## Travel

**DESERT BOY** seeks desert girl. Travel companion wanted for Oregon outback road trip. I am 44 but not grown up yet. You: 30-45, fit enough to hike. Must like spiders, snakes, rocks, sage, sunrises, history, hot springs, herb planning for mid-September. Write to: Desert Boy, PO 91 Waldport, OR 97394.

## Hawaii

**MAUI VACATION RENTAL** by owner. Room and car packages. [lisa@yume-enterprise.com](mailto:lisa@yume-enterprise.com). (808)283-4298.

**SEE THIS AD!** If you are reading this, you know a line ad in *Eugene Weekly* classifieds gets noticed. \$2/line, 4 line minimum. We also offer line ads with logos for \$24/inch. Call 484-0519.

# ew Dining Out: restaurant guide

Since 1948

## Brails

RESTAURANT

Friendly, Family Style Dining

Great American Breakfasts & Lunch

1689 Willamette • Eugene • 343-1542

**CRAVINGS**

Sandwiches, Salads

Picnic Items, Bakery

Dine-in • Take-out

OFF PREMISES CATERING

1530 WILLAMETTE • 343-7933

FRESH "ORGANICALLY GROWN" FRUITS & VEGETABLES DELIVERED TO YOUR DOOR OR OFFICE EVERY WEEK

SAVE TIME & MONEY

100% ORGANIC

**HomeGROWN**

DELIVERY Inc.

**BOXES STARTING AT: \$25.00**

For More Info Leave a Message: **344-5019** [homegrowndelivery@hotmail.com](mailto:homegrowndelivery@hotmail.com)

*Studio One Cafe*

Gourmet Food in a Casual Atmosphere

Breakfast Served All Day!

1473 E. 19th Street • 342-8596

(Corner of 19th & Agate) Open 7 days • 7am-4pm

*eugene's premiere nightclub*

## Diablo's Downtown lounge

also offers a wide selection of delicious food

**breakfast served all day**

Great for Business Lunches!

Fast - Delicious - We use Local Produce

**Lunch Specials Every Day**

Fresh homemade soups daily

**343-2346 959 Pearl St. EUGENE**

## Taste of India

Buffet Lunch Special

\$7.95 all you can eat. 7 days a week.

Sunday Dinner Buffet Special

\$10.95 all you can eat (children's prices vary).

Catering available • Full menu available to go

7 Days a week 11:00-3:00 & 5:00-10:00

2495 Hilyard Ave., Eugene, OR 97405 ph only 485-9560

SANTA CLARA PLAZA 65 DIVISION AVE, RIVER ROAD ph only 607-3966

<http://tasteofindia.uswestdex.com>

# Jonesin' Crossword

by Matt Jones

## "New Word Order"

- the starred words recently made it into Webster's.

### Across

- 1 Restore prices to a reasonable level
- 8 Carpooler's lane, for short
- 11 "\_\_\_ blimey!"
- 14 Worst of the Super Friends, many say
- 15 Out of the loop
- 17 Genetic material that doesn't code for protein\*
- 18 Rowdy concert area\*
- 19 Cornelius and Dr. Zaius, e.g.
- 20 Smith and Jones movie, to fans
- 22 Help with homework
- 23 Start of a Shakespeare title
- 24 Where marshmallows expand
- 26 Whimper
- 27 Backwoods hwy.
- 28 Big beast
- 30 Stephen of "FearDotCom"
- 31 Hobo's ride
- 33 Most cool, to an old-school rapper\*
- 35 "That's \_\_\_ concern to you!"
- 37 Jazz combo, often
- 38 Diet "drug cocktail" (var.)\*
- 41 Knob set by stereo junkies
- 45 Head shot?
- 46 Like foodstuffs
- 49 "It Takes Two" rapper Base

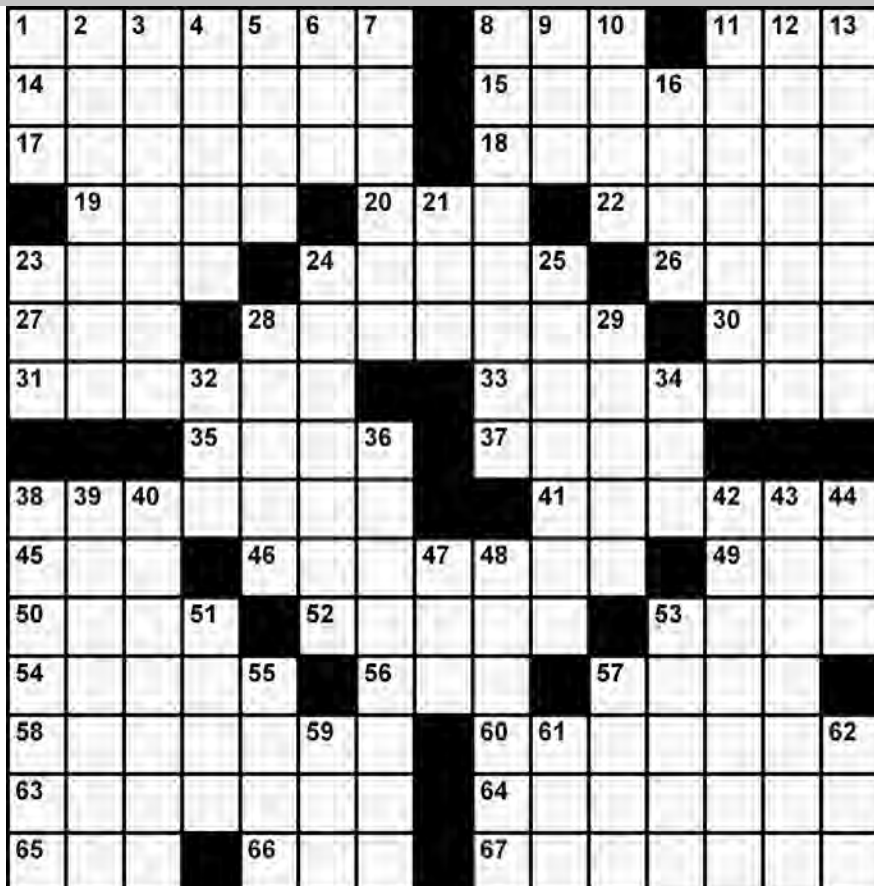
- 50 Morgue ID's
- 52 How the demure respond
- 53 Spud once of the NBA
- 54 "Babalu" singer
- 56 "Golden" time
- 57 Siamese sounds
- 58 Prejudice based on physical appearance\*
- 60 Coffeehouse worker\*
- 63 Napoleon III's wife, originally
- 64 Beef buy
- 65 Drunk's problem
- 66 Macroeconomic no.
- 67 Reply to superior men

### Down

- 1 Gandhi fought it
- 2 On a par with
- 3 Place to snack, play mini golf, bowl, etc.\*
- 4 What HOMES helps you remember
- 5 Alternatives to Pentiums
- 6 Something to get in a bed
- 7 Fill with passion
- 8 County home to Eureka, CA
- 9 The Plastic \_\_\_ Band
- 10 Grand Canyon-esque
- 11 Get on film
- 12 Team owned by Peter Angelos
- 13 Weekend getaway

- 16 Beat the tar out of
- 21 Here, to Henri
- 23 Wall St. worker
- 24 They may be involved in trans-plants
- 25 In a completely awake way
- 28 Faux pas
- 29 In a conflagration
- 32 He may go stir crazy
- 34 No friend of mine
- 36 Prominent enough to be noticed
- 38 Like most flowers
- 39 Listen fairly to a debater
- 40 Subjects of Christmas spikings
- 42 Cold one at a party\*
- 43 Bib food
- 44 Type of tide
- 47 Scottish port city
- 48 Prone to chatter
- 51 Sushi bar cupful
- 53 "Marat/Sade" playwright Peter
- 55 Dish out little barbs
- 57 Non-invasive readings
- 59 "Se7en" subject
- 61 "Who \_\_\_ you kidding?"
- 62 Signs like "@"

©2003 Jonesin' Crosswords  
For answers to this puzzle, call: 1-900-226-2800, 99 cents per minute. Must be 18+-. Or to bill to your credit card, call: 1-800-655-6548. Reference puzzle #112.




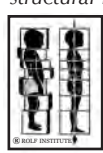


**EARN EXTRA CASH!**  
Up to \$500 per session.  
Eugene Amateur filmmaker, five years published, looking for female models 18-40, and couples. Send photo & contact phone number to:  
**Video Productions**  
P.O. Box 40545 • Eugene, OR 97404  
email: [videopro5000@msn.com](mailto:videopro5000@msn.com)  
**541-688-1488**  
(female callers only)


**Bead It!**  
Beginning & Advanced  
**Beading Classes**  
Stop by & check out our class list or visit our website: [harlequinbeads.com](http://harlequinbeads.com)  
**Harlequin**  
Beads & Jewelry  
1016 Willamette ♦ 683-5903

 **BETTER LAWN AND GARDENS**  
Lawn / Ground Maintenance  
**Time for Thatching, Aerating, & Overseeding**  
• Complete lawn and landscape service  
• Comprehensive maintenance programs  
• One-time clean ups & projects  
**George Karabinis**  
2035 Val Halla • 344-7610 • 915-1615 (cell)  
[BetterLawnsandGardens.net](http://BetterLawnsandGardens.net)

*Alchymia Herbs*  
 Organic & Biodynamic Herbs & Essential Oils  
Alchemical Herbal Extracts for Health & Longevity  
Tantric & Shamanic Herbs, Elixirs & Tools  
1531 Pearl St, Eugene - (541) 345-3456  
[www.alchymia-herbs.com](http://www.alchymia-herbs.com)

*Jeff Burch*  
**ROLFING®**  
structural integration  
  
**689-1515**  
[darkwood@rio.com](mailto:darkwood@rio.com)  
SINCE 1977

**Greenhill**  
\* Pet of the Week \*  
Everybody deserves a good home...  
  
Galaxy is a longtime resident at Greenhill and we can't imagine why. He's outgoing, playful and friendly. A born leader, but fine with other cats, this fellow would love to come keep your lap warm!  
541-689-1503  
[www.green-hill.org](http://www.green-hill.org)  
88530 Greenhill Rd  
Hours: Fri-Tu 11am-6pm  
Closed Wednesday & Thursday  
Sponsored by  Kim Hedding, CRS  
**RE/MAX**  
Integrity  
[www.goldensold.com](http://www.goldensold.com)  
302-4840

**THE JOLLY GOOD CHIMNEY SWEEP**  
**344-5571**  
David S. Bull, Esq.  
Lic. #51931  
*A Sweep for All Seasons*  


 **Nia**  
**Get fit... the body's way**  
  
**Janet Hollander • 747-3850**  
3575 Donald (new Four Winds) • M & W 5:30

 **The Oakeaters**  
Noxious Weed Removal and Yard Care  
Poison Oak Scotch Broom  
Blackberries Ivy  
Turn your forest into a park.  
Call The Oakeaters  
**541-517-5803**

**CARPET & RUG CLEANING**  
**ROOM & HALL, \$19.95**  
**TRAFFIC AREA, \$75**  
(Living & Dining Room, Hallway, 2 Bdrms)  
FURNITURE MOVED FREE.  
Carpet installation, restretching, repairs.  
Steam or Dry clean.  
 **FREE ESTIMATES!**  
**606-6173**

 **exchangenet**  
Reliable Computer & Internet Service  
Exchangenet dialup service prides itself in having **no disconnects** and **no busy signals** in three simple service plans:  
25 hours per month - \$12  
150 hours per month - \$16  
Unlimited - \$20  
Sign up for a new dialup account and receive  
**Free Setup and 2 months free access**  
**1-866-752-2033**  
Effective until July 5, 2003

Fill Your Tables!  
*Eugene Weekly's DINING OUT GUIDE* is affordable.  
Starting at  
**\$25**  
Call Jef at 484-0519 x13  


## ew Classifieds

  
**Home Services**

### Building / Remodel

**AARON M. LANDRY**  
Construction. ccb#112711, is available now and ready for any size building project. Excellent references. Call today 935-2420, 912-2959.

**NOTICE: OREGON** Construction Law (ORS 701) requires all businesses advertising remodeling, repair, home improvement, new construction be licensed with Construction Contractors Board. A license means contractor has bond & insurance. Verify contractor's license, complaint history at [www.ccb.state.or.us](http://www.ccb.state.or.us), 503-378-4621 (ccb staff), 503-378-4610 (24-hour automated contractor inquiry).

### Cleaning

**PEGGY'S HOUSEKEEPING.** Let me do your dirty work. Thorough, experienced, dependable, references. 683-9407.

**HOUSEKEEPING.** One-time projects or scheduled maintenance, experienced, references, insured. Patti, 741-4736.

**EXPERIENCED** and responsible housekeepers will make your life easier. Friendly and thorough, great references. Please call for appointment. Ask for Samara, 942-9201.

### Maintenance / Repair

**DR. HAMMER** for all the work you need, guaranteed. Truck, tools, references, insured. 968-9102.

**HUSBAND FOR HIRE.** Courteous, organized. Your home fix-it solution. 2 hour minimum at \$15 per hour. 520-0660, cell.

### Painting

**CUSTOM QUALITY HOUSE PAINTING** by ArtTrek. Interior/Exterior. Restoration. Faux Finish. Sterling & Ruth. [www.mindspring.com/~arttrek](http://www.mindspring.com/~arttrek) 683-0626. ccb#62677.

**QUALITY PAINTING** at reasonable prices. 25 Years Experience. Quality Work. Inside and out. Excellent References. Free Estimates. ccb#16767. 607-4260.

### Yard & Garden

**LET IT GROW!** Yard and garden maintenance, cleanups, mowing, hauling, trimming, planting, consultation. Organic only. Ron, 913-4723.

**DANDILYON GARDENING.** Voted "Best Landscape Company", EW '02. For all your yard and garden needs, call Barb, 683-4464. Always organic!

**OUT OF the Blue** Garden Care. Pruning, weeding, mulching, maintenance. Design consultation. Organic. Katharine, 510-0926.

**SPIRAL GARDENS.** Support your local women based gardening cooperative. Ecological maintenance and design. Reasonable rates. 683-0100.

**APPLES TO HERBS.** For all your yard maintenance needs. Mowing, weeding, hauling, pruning, trimming and more! One-time to weekly service options. Will beat most quotes. Professional and eco-friendly. 653-1821.

**LOWEST RATES** lawnmowing. Reliable Jon's Handwork. Mowing, edging, organic gardening. Planting, pruning, hauling, bed prep, cleanup, all landscaping needs. Reasonable rates, since 1996. 302-5758. Licensed, Bonded, Insured.

**WATCH IT GROW!** Expand your business by advertising in Eugene Weekly classifieds! Call 484-0519.

  
**pro. services**

### Tutoring

**PRIVATE TUTORING.** Boost performance and grades. Math, science specialty. First hour free. Ray Brusasco, PH.D. 736-0368.

### Computer

**QUALITY PC or MAC HELP** at your business or home. Fast, friendly, dependable. Very reasonable rates. [www.rentnerd.com](http://www.rentnerd.com) 344-1759.

**JOHN WATERS.** Certified PC tech. Software and Hardware problems. Diagnosis, Repair, and Upgrades. Cell, 653-1248.

### Financial

**\$\$CASH\$\$** Immediate cash for structured settlements, annuities, real estate, notes, private mortgage notes, accident cases, and insurance payouts. 800-794-7310 (AAN CAN).

**METROPOLITAN MORTGAGE** and Securities Co., Inc. buying seller-financed mortgages through brokers since 1953. To broker a note, call 1-800-268-9184. Visit us online at [www.metrobuysnotes.com](http://www.metrobuysnotes.com). (AAN CAN)

### Language

**PRONTO SPANISH** and other languages. Native-experienced instructors. All levels. 7-8:30 p.m.. 6-week course \$55. 485-6647.

### Pet Care

**SUE'S SITTING** Service. Caring for pets in their own home. Experienced Veterinary Technician. Insured, bonded, references. 687-1674.

### Visual Arts

**PORTRAITS IN OIL:** I want to paint your child(ren), mom, dad, or partner on canvas. Free consultation. Ann, 344-5618.

### Weddings

**WEDDINGS PERFORMED.** In-home, parks. Rev. Rebecca, 541-367-7728, Oregon. \$75 plus travel expense.

  
**wellness**

### Bodywork

**DHARMA MASSAGE** Center. 343-2745, M-F Morning discount, 1-1/2 hours, \$45, 34th and University, Ms. Nishan VanAtta, LIC#3430.

**INVERSION THERAPY.** Depression? Bodyaches? Heal and align thyself with inversion. Pain relief for atlas/axis, shoulders, back-pelvis-sacrum. Mental jump start as well. Tina G, LMT #3537. Maitreya Eco Village. 343-0849.

### Counseling

**WILLOW ROSE** LPC, NCC. Licensed Counselor, Reiki Master, Energy Medicines Practitioner. Spiritwell 461-5424 See ad page 35.

**FIRST COUNSELING SESSION FREE.** Meditation, Spontaneity group forming. Richard Grimaldi, M.P.W. 344-7604

### Energy Work

**FREE ENERGY READINGS** at Saturday Market by Kelly Windhaven and Kelly Barrett of Spirit Awaken! See our ad on page 35.

### Health & Nutrition

**HEALTHY CREATIVE** Cuisine. Organic gourmet meals provided by certified chef. Delivered or prepared in your home. 345-0584.

**DISCOUNT** Prescription Drugs Phentermine, Soma, Tramadol, Ambien, Viagra. No doctor's fees or appointments! Free FedEx next-day delivery! Licensed U.S. Pharmacy. [www.orderUSprescription.com](http://www.orderUSprescription.com) or 1-800-721-0648 (AAN CAN)

### Intuitive Arts

**MALE WITCH.** Psychic readings and counselling. Casting and removal of spells. Contact with spirits. Call 24/7. Tom: 800-419-3346. Credit/Debit cards. Get back the one your love. (AAN CAN)

### Massage

**HELLO MOTHERS!** Child tax credit checks are in. Now you can enjoy that pampering Massage, Facial, or Bodywrap you deserve and have been wanting at Rejuvenation Health Spa. 272 W. 11th Ave, Downtown Eugene. 349-0540. [www.rejuv.org](http://www.rejuv.org). 10am-10pm. Seven days a week. Call us now.

**WELLSPRING MASSAGE** Summer Special, \$40/hr - \$60/1.5 hr. Therapeutic Swedish and Deep Tissue for relaxation, injuries. On-site chair/table or office. Lisa Haber, LMT #5066. 345-0643, 914-4965.

**GET A BREATH** of fresh air with a "cool" environment. Eclectic Intuitive Massage(#5219), 822-3334.

### Reiki

**THE REIKI ROOM.** Open The Door To Relaxation and Healing. \$50/session. Karen Gordon, Practitioner. 953-9690.

### NW INSTITUTE FOR REIKI TRAINING

• Monthly classes-all levels  
• Drop in client clinic  
• Practitioners x-change  
• Home/Office visits  
All Reiki traditions honored.  
**954-9703 • 915-5723**

### Spiritual

**LEA ALLEN, PHA TAOIST SHAMANIC PRACTITIONER**

• Way of the Tao  
• Drum Medicine Wheel  
• Dream Sharing Community  
• Private Consultation  
**915-5723 or 688-0665**



### CURIOUS ABOUT TANTRA??

Of course you are. New group forming to teach and learn about bliss. Low cost introductory sessions, amazing workshops, free follow-up meetings. Call Davis 345-1481 or email [joyalive@yahoo.com](mailto:joyalive@yahoo.com)

**KWVA**  
**IT'S GOOD FOR YOUR HEALTH**  
**U OF O CAMPUS RADIO 88.1FM**  
**Listen to KWVA online! [www.kwvaradio.org](http://www.kwvaradio.org) • REQUEST LINE: 346-0645**

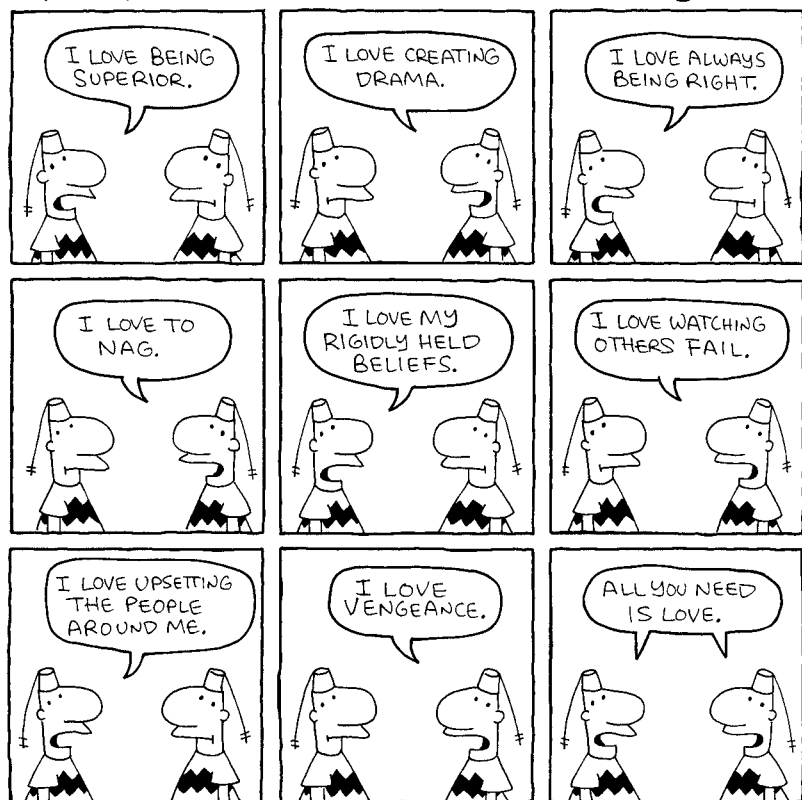
**ANSWERS TO LAST WEEK'S**  
**JONESIN' CROSSWORD**  

S	L	A	N	G	A	G	R	A	S	M	U	G			
H	I	R	E	R	C	R	A	M	C	U	R	T			
A	T	M	M	A	C	H	I	N	E	O	S	L	O		
W	H	O	O	S	H	E	S	L	E	T	S				
N	O	R	P	A	S	T	H	I	S	T	O	R			
			E	S	C		O	A	T	L	E	E			
D	E	S	I		H	A	L	T	A	N	I	M	A		
E	X	T	R	A	A	D	D	E	D	B	O	N	U	S	
C	U	R	E	S		I	S	L	E		G	I	S	T	
A	D	A		S	S	E		L	P	S					
F	E	W	I	N	N	U	M	B	E	R		A	G	E	
			D	O	S	E		O	U	T	O	F	G	A	S
C	M	O	N		E	N	D	R	E	S	U	L	T	S	
M	A	G	I		Z	E	A	L		E	M	O	T	E	
D	I	S	C		E	E	L	Y		S	E	W	O	N	



**LIFE IN HELL**

©2003 BY MATT GROENING



**Real Estate**

**SALE BY OWNER**, SE hills with spectacular view to west. 3-bdrm, 2.5-ba, 1730 sq. ft., hardwood floors, fireplaces, new roof, slate entry, dead-end st. \$229,900. 302-1306.

**Commercial Rentals**

**OFFICE SPACE** Available for massage, counseling, or healing therapist. Great location downtown, on bus line. Free parking, bike racks. Rent of \$360/mo. incl. spacious room, waiting room, extras. Call 968-8115, 520-8707.

**FOR RENT.** Large (600 sq. ft.) room with lovely outdoor view located in new Tamarack Wellness Center. Ideal for counseling room(s), seminars, health professionals, body-workers, community services, business trainings, educational offices, etc. Utilities included. Beautiful setting. \$600/mo. Call Sue at 345-6985.

**Apts. for Rent**

**LARGE ROOM**, quiet, close, private, secluded, W/D, efficient, fireplace, mature, balanced, decks, newer, NP. \$295/mo. + 344-1964.

**GARDEN APT.** in family home, S. Eugene. Quiet, woodsy, dead end street, near dog park. Large 1-bdrm, 840 sq. ft. Private entrance, fenced, 1/3 acre, laundry, charming space. Pet friendly. \$625/mo, includes utilities. 686-8741.

**PEOPLE WHO** care. 2490 Tandy Turn. Ferry St. Bridge. Share 2-bdrm house with private furnished room. \$380/mo. incl. cable, telephone, utilities, and laundry. 686-1771, 913-6460.

**Duplexes for Rent**

**1890's VICTORIAN.** 1-bdrm duplex. 490 W. 4th. \$510/mo. 338-2190.

**Homes for Rent**

**COZY, SUNNY**, clean cabin. 15 min. south of Eugene. Beautiful, organic land. Shares bath, vegetarian kitchen in adjacent building. \$295/mo. No dogs/smoking. Lease, last, security. 342-5027.

**3-BDRMS**, 1 office. 15th and Ferry. Lrg rooms, full bath, hrd wood floors, back and front decks, grdn space, and storage shed. Available Sept. 8th. Lease. \$1175/mo. NP. NS. Call, 687-8412.

**GORGEOUS ACREAGE**

Great views, close-in country. Lesbians preferred. 1,200 sq. ft. duplex, 2+ bdrm, large kitchen, dishwasher, pantry. Friendly pets ok. Private pool, hot tub. \$800/mo. Avail 9/1 or before. 541-465-9268

**CHARMING 1920'S** 3-bdrm, 2-ba bungalow for rent. Easy walk or bus to downtown and UofO. backyard with raised garden beds. \$1,200/mo, plus deposit. 343-8158.

reduce conflicts  
manage behaviors  
increase cooperation  
improve communication



**AT-HOME Family Support**

Leigh Files, M.A.,  
Licensed Professional Counselor  
683-8883

**Springfield Screen Print**



Shirts, Shorts, Kids, team app., hoodies, baby-tees, tube tops & panties  
BRING IN THIS AD & **RECEIVE 10% OFF**  
ssprint@qwest.net  
136 S. 6th St.  
Springfield, OR 97477  
541-736-1664

For **LEGAL SERVICES**  
contact Larry Deckman,  
Attorney at Law.

Practice focuses on **cooperation between parties and prevention of problems** rather than conflict. Wills, contracts, real estate, small business, and other non-adversarial fields of law. In practice over 17 years. Reasonable rates.

**484-3782**

**100% COTTON DIAPERS**  
**ENVIRONMENTALLY FRIENDLY**  
DELIVERED TO YOUR HOME  
PRICES & INFO: 688-8253

**DIAPER DIVAS**



★ ★ ★ (FORMERLY KC'S DIAPERS) ★ ★ ★

**Nude Recreation**

Secure Recreational Facility  
swimming, tennis, camping, volleyball,  
hot tub, sauna & more  
*The Willamettans*  
A Family Nudist Park

Call (541) 933-2809 www.efn.org/~willies  
Affiliated with American Association for Nude Recreation

**COAST'S BEST VALUE**  
**INDOOR HEATED POOL**  
Big clean rooms • Phones • Ocean Views

*The Dublin House*  
"A touch of class on the Oregon Coast"

Call 541-547-3703  
or 866-YACHATS

dublinhs@casco.net • dublinhousemotel.com

**Lonely Dog Blues?**  
**Pet Parent Guilt?**

Let us take them  
out for some fun!



Full service dog walking and playtime.

**Dog Days**

541-461-4896 or 914-9578  
mydogdays@hotmail.com • Insured/Bonded

**HANDY MAM**  
**Overwhelmed?**

Virgo helps you  
**Organize & Declutter**  
Call Kris • 915-6996

**Louise Jones, M.Ed.**  
**MARRIAGE & FAMILY THERAPIST**

- DIVORCE
- BLENDED FAMILIES
- ACOA/CO-DEPENDENCY
- FAMILIES IN RECOVERY

Individual & Family  
Sessions Available **953-5962**



**Willow Rose**

Licensed Professional Counselor  
Reiki Master  
Energy Medicines Practitioner

**Specializing in Transpersonal Psychotherapy**  
for midlife women & individual adults

SOME INSURANCE ACCEPTED.

**461-5424**



**Does Pain keep you awake**  
**at night? We can help.**

**Spirit Awaken! inc.**  
Healing & Wellness Center  
541-607-9792

**Kelly Windhaven,**  
Energy Healer & Medical Intuitive



**JAMES von BOECKMANN**  
**Attorney at Law**



GENERAL PRACTICE, INCLUDING:  
**Family • Business • Criminal Law**  
**Civil Rights • Immigration**

- \* **COST-FREE INITIAL CONSULTATIONS**
- \* **HOME VISITS AT YOUR CONVENIENCE**

FOR AN APPOINTMENT, PLEASE PHONE: 968-0781  
OR EMAIL: JLVONBO@MSN.COM



541-684-0427

Give us a call for all your  
summertime landscaping needs.  
We'll bring new life to your oasis.



Seekers welcome too! Music, tea, rich chocolates.  
Kendra 741-7819 '3 • magickwise@hotmail.com

**need a massage?**

Check out Wellness listings  
in EW Classifieds.



**Healing Relationships**

Individual, Couples & Families Welcome



**Stephen Allanketner, PhD**  
Licensed Psychologist  
**Anne Allanketner, MA, MFCC**

- Build trust & deepen intimacy
- Break isolation
- Heal childhood pain
- Awaken sexual & emotional contact

Counselors with 15 years' experience • Sliding scale fees

**343-3062**



**NIA - YOGA - SCULPT**  
**BODY NOW!**  
**Womens Health & Fitness**  
*Bringing Life Back to Bodies*  
 1361 River Road  
 541-729-5079  
 www.bodynow.us

**Tara Alder**  
 NATIONALLY CERTIFIED  
 COLON HYDROTHERAPIST  
 Offering colon cleansing and supported fasting in our comfortable, relaxed setting at  
**Alder Brooke Healing Arts**  
 513-7894 • www.alderbrooke.com  
 317 W. Broadway St. • Suite 117

**LICENSED MASSAGE THERAPIST**  
**GEORGE DAVISON**  
**(541) 731-HEAL 4325**  
 Medical Massage  
 Sports Massage  
 Light Touch / Deep Tissue  
**RELAXATION STATION**  
 329 WEST 13TH SUITE E  
 EUGENE, OR 97401  
 DR. LIC. \*3073  
 FL. LIC. \*MB34027

**Nancy Mac**  
 counseling  
 • changing old patterns to allow new choices  
 • creating healthy relationships  
 Individuals / Couples  
 sliding scale 485-4559

**FOUR WINDS**  
**YOGA**  
 FOR BODYMIND&SPIRIT  
 in the new Tamarack Wellness Center  
**We have Moved!**  
 New Location 3575 Donald St. Eugene  
**Reopening Sep. 2**  
 with expanded fall schedule!  
 (No classes through Sep.1)  
**Open House**  
**Sunday, September 7**  
**1:30-4:30pm**  
 Tour of the facility and enjoy the lovely yard  
 Meet yoga teachers and others  
 who use Tamarack Wellness Center  
**Register now for**  
**Fall Beginning Yoga Series!**  
**Mondays, Sep.8-Oct.27**  
 with Vandana (Steph Barton)  
**Wednesdays, Sep.17-Nov.5**  
**Thursdays, Sep.11-Oct.30**  
 with Michele Bulfatz  
**\$50 for 8-week series**  
 Preregistration required. Call or email now!  
**August Office Hours:**  
**10:00am-2:00pm Weekdays**  
 Stop by to check out our new home!  
 Room rental for events & workshops  
 Beautiful setting in quiet neighborhood  
**484-6100**  
**info@fourwindscenter.com**

**Have You Tried**  
**ACUPUNCTURE?**  
 It Could Be The Answer.  
**JADE SCREEN**  
**CLINIC**  
**344-8088**

**Kamala Quale, MSOM, LAC**  
 Mind & Body Medicine  
 • Acupuncture  
 • Acupressure  
 • Chinese Herbs  
 • Hakomi Counseling  
 • Qigong  
**345-2220**  
 1902 Jefferson, Eugene

**Patricia Robinett**  
 Hypnotherapist  
*"Healing is always certain."*  
**686-LOVE**  
 Call for free consultation

**Natural Medicine for...**  
**Challenging Health Conditions**  
**David Bove ND, LAC**  
 • Naturopathic Physician  
 • Licensed Acupuncturist  
*Doctoring with a Natural Difference.*  
**683-2126**

**Acupuncture & Naturopathic Medicine**  
**INTEGRATED NATURAL MEDICINE**  
**Dr. Robert Clarke N.D., L.Ac.**  
 • Acupuncture  
 • Naturopathic Doctor  
 • Chinese Medicine  
 • Homeopathy  
**334-6855**

**YOGA WEST**  
 3635 Hilyard  
**The Power of Kundalini Yoga**  
**NO CLASSES LABOR DAY**  
 On-Going Drop In Classes Open to All Levels  
 W 8:30am; M Tu W Th 5:30pm; M 7pm  
 Women's Classes: Tu 7pm, Sat 10:30am  
 Saturday Morning Wake Up Call 8:30am  
 Sunday Evening Series 5-6:30pm  
 Sat Nam Rasayan Practice Group Th 7pm  
 Call 686-0432 for recorded schedule

**GROWTH & HEALING**  
 for Mind, Body, & Spirit  
 Individual & Couples Counseling  
 Sandtray Journeying  
 Reiki Energy Sessions  
 Spiritual Guidance  
 Ceremonial Services  
 Counselor Sandtray Training  
**Barbara Stott**  
 Counselor & Integrative Therapist  
**(541) 747-6900**

**ew Classifieds**

**STUDIO, LARGE** quiet, close. Newer. Very efficient, well lit. NP \$495/mo+. Also: 2-BDRM, cozy, close, quiet, deck, patio. W/D. \$695/mo+. 344-1964.

**VINTAGE (SOME)** updates) 3-bdrm, large bath, covered patio. \$930/mo, includes yard maintenance and trash service. NP. NS. Horn lane, 521-6397.

**CLEAN VINTAGE** 1-bdrm cottage in lovely shared fenced yard. Whiteaker, no pets. NS. \$560/mo+. 344-2234.

**ROOM IN Whiteaker.** Hot tub. Open Sept. 1st. \$220/mo. \$220 deposit. 342-4417.

**NICE HOUSE** in Santa Clara with big yard, fruit trees, organic garden. Hot tub, DSL, cool folks. NS, pets negotiable. \$250/mo + 1/4 utilities. 688-9404.

**GAY MALE** preferred to share house. Master bedroom, private bathroom. Minutes from UO. Avail. 9/20. \$400/mo + 1/2 util. Ed, 746-5963.

**PREFER WOMAN** to rent. Loft, own living space, separate entrance, share kitchen, bath. W/D, garden. Responsible NS, vegetarian. \$350/mo + dep & utilities. 345-9018.

**TWO ROOMS** for rent in easy-going west side home. Great neighborhood. Share with two adults, one 4 yo, one cat, and one dog. \$300/mo each, plus 1/5 utilities. 687-1968.

**GREAT HOUSE** in South Hills for rent with hot tub, garden, W/D. Half of house with private kitchen, bath, bedroom. no pets. \$475/mo. plus utilities. Avail 9/1. h 344-7825, w 682-3279.

**ROOM + BONUS** space, share bath. Includes utilities. NP/NS. \$325/mo., \$325 deposit. 521-6397.

**SUNNY RIVER** Road House. 2 rms available end of August. \$325, \$235/mo. Hardwood, solar, vegetarian, bike path and bus close. Please be tidy, stable. 686-6761. See www.efn.org/~spencerj/Tour/tour.htm

**FURNISHED PRIVATE** bedroom. Quiet, fun, home to share in SE Eugene. For mature, dependable person. Close to UO, LCC, bus route. \$360/mo, incl. utils. Kristi at 912-9825.

**RUSTIC CEDAR** attic w/sky-light, organic gardens, established household, W/D, \$300/deposit, utils. Avail Sept. Peace now. 710-8304.

**COZY, QUIET** 2-bdrm duplex. Mature, eco-conscious female to share veg. kitchen, W/D. Nice yard, run trail, bus line, mellow cat ok. NS. \$320/mo, 1/2 util. First, last, deposit. 485-5363.

**AVAILABLE NOW!** Roommate wanted to share nice 2-bdrm duplex on 15th/Jefferson near UO and downtown. Friendly, warm atmosphere. Free W/D, on bus line, nice kitchen, large backyard, covered porch, all utilities paid, quiet. \$367.50/mo. Non-smoker. Call Josh at, 434-0491.

**ON WEST** Broadway. Three men looking for fourth person to share house. Quiet street just west of downtown. The house is kept clean and the room is large. \$320/mo includes utilities. Available September first. Please, no pets. 345-7185.

**ROOM AND BOARD** in exchange for caregiver duties. Extra large private room and bath in lovely Ferry Street bridge home. Big yard with garden, berries, pets. OR Background check. 344-3423.

**ALL AREAS** Roommate.com. Browse hundreds of online listings with photos and maps. Find your roommate with a click of the mouse! Visit: www.Roommate.com. (AAN CAN)

**ROOMS FOR** Rent: \$325, \$350, \$375/mo. + utils. Sept. 1. Ferry St. Bridge. Spacious house, yard. W/D, easy bike and bus. Vegetarian women preferred. 345-7656.

**SEEKING HOUSEMATE,** Howard Ave. 1/2 acre organic flower, veggie garden with mid-20s, clean, kind folks and 2 cats. No dogs. Available Oct. 1. Female preferred. \$342.50/mo, + 1/3 bills, deposit. Call 689-8769.

**ROOM FOR** rent in large remodeled house on river. Santa Clara area. \$400/mo. Call Jeff at 912-0528.

**FRIENDLY ST.** area. Quiet house. For vegetarian, NS, peaceful, clean, mature, stable person. Large rooms, fireplace, wood floors. \$325/mo. + util. 683-4526.

**PRIVATE DOWN STAIRS** space with shower, lots of extras in contemporary home. Share kitchen, laundry, entrance with one other. NS, NP. \$350/mo + 1/3. \$200 deposit. 686-8724.

**COUPLE/SINGLE** preferred for deluxe master suite. Private bath. Large remodeled house on river. Santa Clara area. Call Jeff at 912-0528.

**NEAR UO.** Share 4-bdrm, 2 bath duplex. \$350, \$335, \$325/mo, + 1/4 utilities, deposit. W/D, garage, yard, bus. 953-6982.

**MELLOW VICTORIAN** house, artistic atmosphere, cool people, near campus. Big room. \$250/mo. 521-7756.

**2 ROOMS** in mid-valley country home. \$300/mo each, plus utils. Pets okay, including horses. Prefer vegetarian. Outdoor smoking okay. 503-787-2407.

**1 BDRM** for rent. South hills. \$235/mo. First, last, \$200 deposit. We smoke, NP. Must be stable, mature and gay friendly. 687-1382, Debbie or Gina.

**LOOKING FOR** Female to share 2-bdrm house with large fenced yard in Springfield. Female, 2 cats, 1 dog currently reside. One other dog welcome. \$350/mo, 1/2 utilities. First and last required. Avail. now. 747-8161.

**CLOSE DOWNTOWN.** Large master bdrm of lovely renovated house. wood flrs. quiet street. quiet, N/S, vegetarian preferred. \$375/mo, plus 1/3 utils. 485-3905.

**Self-Renewal Day/Weekend**  
 Renew, reflect, redefine,  
 redirect...restore balance in your  
 life...and in your Being.  
 Held on 9 beautiful acres  
 only 15 min. from Eugene.  
 For flyer/details, call Nancy Hopps:  
**683-9088**  
 (SEE PRACTITIONER'S GUIDE FOR INFO ON NANCY)

*Get what you want*  
 6 week workshop  
 Sept 4-Oct. 9  
 Thursday nights, 6:30-9:30  
 \$100, sliding scale  
**Inhale Life**  
 Valerie Gomes-Pereira 687-6740 • www.inhalelife.net  
 3225 Willamette St. Suite 3-D

**Within Reach**  
 Affordable,  
 down to Earth  
 natural healthcare  
 for all ages, lifestyles  
 and incomes  
**Rachel Gross, N.D.**  
**Tom Donnelly, N.D.**  
**935-3453**

**Healing Massage**  
 Deep Tissue • Swedish • Trigger Point  
 Myofascial Release • Essential Oils  
**Lucia McKelvey, LMT • Nationally Certified**  
**Days, Evenings, Weekends**  
**541-683-3286**  
 LIC.#8250

**Compulsive Overeaters**  
**Therapy Group**  
 Small, confidential, non-diet approach  
**Tues. 4:45 - 6:30pm, Begins Sept. 9**  
**\$20/ session • \$45 intake interview**  
**Susan Y. Johnson, MA LPC**  
**683-1046**

**Ever had a**  
**Brazilian or Sphinx?**  
 Try it now! Bring a friend & get 1/2 off!  
**GIRLS!!! Summer is almost here!**  
**Petra's**  
 Full Body Waxing & Skin Care  
**Call (541) 543-9820**

**PERSONAL COACHING**  
**Individuals / Couples Counseling**  
**Grief • Depression • PTSD • Anxiety**  
**Weight Loss • Rapid Eye Therapy**  
**Past Life Regression**  
**Kay Porter, Ph.D.**  
**342-6875**

**DAVID LANG**  
**Urban Shamanism**  
**683.3756**  
 Are you seeking new tools to  
 create your life?  
 urbanshamanism@msn.com





**Buick**



**1991 SKYLARK** 4-door sedan. 2.5L, Automatic, Cruise, power steering, A/C, power windows and locks. Includes forward and reverse gears. AM/FM Cassette. 130K, Runs well, 30+ highway mpg. Minor dents, rust. Very reliable car. Not just a car, but a lifestyle for only \$1,495 OBO. 484-0519 x13 day or 683-3851 eve.

**SELL YOUR CAR** with our awesome Auto ad package. \$30 gets you 3 weeks of ads plus a FREE photo. Call Eugene Weekly at 484-0519.

**Chevrolet**

**1981 SPORT VAN** G20 305 V8. Professional conversion. 110K miles. Great runner. Bed, kitchenette, captains, ac, loaded. \$1,599. 988-1991.

**GMC**



**1984 GMC 515 PICKUP.** 103K Miles. Also for sale, 1986 Nissan Stanza wagon. 180K miles. Both run great. \$1,000 each or OBO on each. Call for test drive. 541-731-1828. Eugene.

**Honda**

**1980 HONDA CIVIC.** Needs work. \$200 OBO. 344-7089.

**Volkswagen**



**1990 SYNCRO** Adventurewaggon Camper. 150K, needs owner looking for adventure. Rebuilt engine, tranny. \$12K, OBO, 342-6886.

**NO EXIT**

© Andy Singer



**1984 VW QUANTUM.** 5-speed wagon. Low miles. Excellent condition. Power all. Sunroof. Super buy at \$1,500. 345-0207.



**1971 VW HIGHTOP BUS.** Rebuilt engine, fold out bed. Two sets of Westy interiors included for camper conversion. \$1,500 OBO. Call 744-9379, eves.

**SELL YOUR CAR** with our awesome Auto ad package. \$30 gets you 3 weeks of ads plus a FREE photo. Call Eugene Weekly at 484-0519.

**www.eugeneweekly.com**

**FREE 1 WEEK DIAPER SERVICE**  
Pay for 8 weeks and receive 1 week free!

**\$45 for 4 Weeks**  
70 diapers delivered each week

New Customers only  
Only One Coupon Per Customer

**DaysEase**  
DIAPER SERVICE 3165 Gateway  
Springfield • 747-4531



**CUSTOM AUTO PAINT**

Free Estimates • Insurance Claims  
16 Years Experience

**LITTLE HOUSE OF KUSTOMS**

3355 Timber Lane • 747-9456

**REIKI & MASSAGE**

Reiki energy comes through the practitioner's hands when put on strategic places on the body such as organs and glands. Through day to day stress these areas become overheated and overactive, leading to anxiety and or illness. Reiki can also assist the energy field in the body with proper movement. A luxurious full body massage is included in the Reiki treatment.



1 1/2 - 2 hr. session, \$65

**Karuna Gatton LMT**  
Holistic Massage • Reiki Master

License# 0612 **485-3881**

**Alpine Import Service**  
Exclusively Volvo

541.726.1808 • 12th & Main, Springfield



SHUTTLE SERVICE AVAILABLE  
PARTS & LABOR GUARANTEED FOR  
ONE YEAR REGARDLESS OF MILEAGE

**ROB BREZSNY'S FREE WILL ASTROLOGY** Week of August 21

**ARIES** (March 21-April 19): Warning! The following statements may pop into your head with annoying frequency in the coming week: "Nobody sees me for who I really am." "Life is a bitch." "Sooner or later, everyone will find out how I've been faking it all these years." "I'll never have enough money." "I'm afraid to change even when I know the change will be good." Now listen closely, Aries: All those ideas are dirty lies. I don't believe in the devil, but if I did I'd say it was he who planted them in your mind. How can you fight back? Wage a ferocious campaign of positive self-talk. Barrage yourself with uplifting affirmations like these: "I face my fears with joyous courage." "I turn apparent setbacks into juicy opportunities." "I answer every criticism with a vow to be my best." "I am an amazingly gorgeous genius with unimaginable tricks up my sleeve."

**TAURUS** (April 20-May 20): I'm not necessarily suggesting you need a new soul mate. But if you do, this is the perfect astrological moment to go in search of one. Where should you look? I suggest you hang out in unfamiliar territory where you will be fresh and curious — frontier zones where you're likely to uncover secrets about who you really are. For fastest results, visit the Costco Soulmate Trading Outlet [www.thespoon.com/costco/](http://www.thespoon.com/costco/), a clearinghouse for soul mates at the Burning Man festival in the Nevada desert from Aug. 25-31. It offers "quality name-brand and private-label soul mates at substantially lower prices than can be found through conventional wholesale sources." P.S. If you're happy with your existing soul mate, infuse your bond with a concentrated dose of smart, loving creativity. It's a perfect moment to propel yourselves into the next phase of your evolution together.

**GEMINI** (May 21-June 20): Robust singing skill is correlated with a strong immune system in songbirds. Male birds with the most extensive repertoire of tunes also have the largest spleens, a key measure of immune system health. No studies have yet been done on humans. But if there is a similar link, I expect you will be crooning with unrivaled beauty and power in the coming days. The astrological omens say you are currently at the peak of your ability to fight off bugs and adversaries of all kinds, including both the physical and psychic varieties.

**CANCER** (June 21-July 22): So begins the information-gathering phase of your yearly cycle, Cancerian. You'll align yourself with the cosmic ebb and flow whenever you engage in activities that excite your love of learning and enhance your skills as a student of life. Here's a gem from poet Heather McHugh to inspire your quest: "The knowledge I'm interested in is not something you buy and then have and can be comfortable with. The knowledge I'm interested in keeps opening wider and wider, making me smaller and more amazed, until I see I cannot have it all — and then delight in that as a freedom."

**LEO** (July 23-Aug. 22): Please muse a minute on the title of a book by Susan Harrow: *Selling Yourself Without Selling Your Soul: A Woman's Guide to Promoting Herself, Her Business, Her Product, or Her Cause with Integrity and Spirit*. I suggest you either consult this invigorating set of instructions, which works for men, too, or else create your own version of it. The astrological omens reveal you're primed to receive fresh intuitions about how to make money from doing what you love. (P.S. I don't know Harrow personally and have no financial stake in her book.)

**VIRGO** (Aug. 23-Sept. 22): Question: What form of entertainment would be most likely to cure your brain cramps? Answer: watching the demolition of an old building. Question: What lucky break could ensure you won't keep missing the forest for the trees? Answer: finding a bird's nest. Question: What soul medicine would be most effective in giving you access to your repressed intuition? Answer: reading mythic tales of resurrection. Question: What is the hardest yet most rewarding possible lesson you could learn right now? Answer: how to whistle with two fingers. Question: Where can you find a portal to another dimension? Answer: in your bedroom.

**LIBRA** (Sept. 23-Oct. 22): "You have to recognize the demons or else they'll annoy you like mosquitoes," poet James Broughton told interviewer Jack Foley. "But if you acknowledge their existence, if you say, 'All right, here's a cookie, go sit in the corner,' then you can go about your work and you don't have to go into depression because of it." I suggest you follow Broughton's advice, Libra. Neither ignore nor over-indulge those pesky voices in your head.

**SCORPIO** (Oct. 23-Nov. 21): The Big Texas Steak Ranch restaurant in Amarillo, Tex., has a standing offer to its customers: If you can eat its four and a half pound steak in an hour without getting sick, the meal is free. Oh, and you've also got to finish the side dishes — salad, shrimp cocktail, baked potato, and roll. Only about one in six brave souls succeeds at the test. Given your tribe's current astrological omens, however, I think five out of six Scorpios could win the bet this week. Your appetite — not just for food, but for pleasure, wisdom, adventure, and self-transformation — is gargantuan.

**SAGITTARIUS** (Nov. 22-Dec. 21): History is littered with the stories of people who didn't have sufficient funds to manifest their brilliant ideas. Mahlon Loomis was one. Guglielmo Marconi is known as the inventor of the radio, but Loomis created a wireless telegraph system two years before Marconi was even born. Unable to get financial backing, however, Loomis could not develop his innovation, and it remained a virtual secret. I'm hoping, Sagittarius, that this story will prod you into realizing how important it is to feed your own dreams with all the money they deserve. Don't let them languish in the realm of fantasy.

**CAPRICORN** (Dec. 22-Jan. 19): This Saturday I'll leave for a visit to my version of paradise: the Burning Man festival in the Nevada desert. For eight utopian days, I'll need no money and see no advertisements or TV. Exuberant works of art, erected in abundance throughout the seven-square-mile expanse, will feed my imagination. Half-naked dancing revelers who share my political and spiritual views will greet me everywhere I go. I'll do workshops and performances for people who appreciate my peculiar brand of crazy wisdom. I bring this up, Capricorn, because I think you would benefit from a similar escape. It's a perfect moment to make a pilgrimage to the place you consider heaven on earth.

**AQUARIUS** (Jan. 20-Feb. 18): Bach's "St. Matthew Passion" is one of the most highly regarded musical compositions in history. Yet the score disappeared and the work was never played for many years after Bach's death in 1750. In 1829, composer Felix Mendelssohn rediscovered the long-lost manuscript being used as wrapping paper in the estate sale of a deceased cheese salesman. He arranged for a public performance of the piece, and its revival began. In the coming week, Aquarius, I predict you'll have a taste of the amazed and confounded joy Mendelssohn must have experienced. In an unlikely place with seemingly low value, you will find a neglected treasure.

**PISCES** (Feb. 19-March 20): Your thought for the week comes from French writer Alexander Dumas. "If you give the impression that you need something, you will get nothing," he said. "To make money you have to appear to be rich." The best way to get what you desire, in other words, is to be confident that you deserve it. Don't dwell on how needy you are; don't let yourself become a morass of aching deficiency. This doesn't mean you should water down the intensity of your longing. Indeed, passionate yearning is essential for bountiful satisfaction. But make sure your intense longing is propelled by a certainty that you will ultimately be fulfilled.

*Homework: Be inspired by this wisdom from Picasso: "I am always doing that which I cannot do in order that I may learn how to do it." Report your findings to [www.freewillastrology.com](http://www.freewillastrology.com)*

You can call Rob Brezsnay, day or night, for your **EXPANDED WEEKLY HOROSCOPE**: 1-900-950-7700 • \$1.99 per minute • Touchtone phone 18 & over • c/s 612-373-9785

**SELL YOUR WHEELS**

Advertise your car with  
a **FREE** photo.

\$10/week, 3 week min.  
(private party only)

**484-0519** [classic@eugeneweekly.com](mailto:classic@eugeneweekly.com)







## Women seeking men

### A GOOD CATCH

SJF, 40's, educator, creative, energetic, loves gardening, hiking, exploring, traveling, kids, dogs, reading, Bijou movies. Seeks communicative, compassionate man with sense of humor who knows to stop and smell the flowers. ☞ 9723

### HEART OF GOLD

36 yo, down to earth, adventurous, athletic woman looking for a new friend. Love to go hiking, biking, Sat. market, live music, outdoors under the stars. ☞ 9722

### SOUL MATES?

SWF, HWP, 41 yo, good-natured, independent, attractive, mother of one. Values honesty, hard work, and a sense of humor. Seeks family-oriented best friend/lover with similar values, to share whatever life brings. NS. ND. ☞ 9709

### LOOKING FOR YOU

SWF, black hair, brown eyes, HWP, 24 yo. Looking for SWM, between ages of 24-35. Lets go out sometime. ☞ 9707

### PLAY HOUSE

I Wanna Play House. SWF 44, seeks SWM, 38-50, for traditional LTR. We are friends and companions, enjoy shared activities, feel the "WHAM" of physical chemistry and believe the best is yet to come! ☞ 9665

### SASSY

European gal, Tall, naturally platinum blond. Personality like a cheese grater. You: self secure, as good in bed as I am, willing and able to subside my horse. Trust me this could be fun. ☞ 9664

### ADVENTUROUS NYMPH

WPF seeking SPM, 36-43, fit, trim for hiking companionship, outdoor exploration. Laughter, humor, good conversation essential. Spiritual grounding appreciated. Baggage confined to overhead compartment please. NS, ND. ☞ 9662

### LOOKING FOR KIND

Old man. ISO a kind old man to fall in love. This cute, happy, low maintenance, slim, 50 year old lady would love to find a man who would enjoy a moonlight rafting trip, hiking, blues, good herb, Pacific Northwest adventures, retiring in the country, politically to the left, patriot for civilization. No serial daters please. ☞ 9659

### SWF, 44, LEO

Seeking SM with good sense of humor, adult children on own. Financially stable, secure, good communicator, listener. Monogamy a must. Love traveling, outdoor activities. Emotionally mature. ND, social drinker ok. Must like animals, children. Write Blind box "SPW". ☞ 9645

### SCIENCE IS SEXY

Voluptuous, Latin, 36 yo. pre-med student. I want a younger gentleman to fill my free time with heartfull connection, fun and HEAT You get sexy cool points for honesty and bravery. My favorite words: yes and now. ☞ 9645

### NO PRESSURE DATING

SAF, 34, attractive and feminine. Loves the great outdoors. ISO SM, late 20's to early 40's for friendship. Coffee? ☞ 9635

### HAS BEEN

Honestly, I used to be a knock-out! But now I am just an intelligent, active, creative, up front, spiritually oriented woman wanting a conscious, playful LTR. 50-60+. No new agers. ☞ 9604

# RED MEAT

tramp steamer in your soup kitchen

from the secret files of  
**Max Cannon**

Sir, I'd like to request some time off. As you probably know, I haven't taken any of my vacation days in over six years.

Yes, Dan...I'm aware of that.

©2003 MAX CANNON WWW.REDMEAT.COM

But the answer is "no." According to your records, in six years you've called in sick an average of thirty-seven days a year.

I can easily explain that. You see, I suffer from a medical condition which makes me highly sensitive to liquor and cold remedies.

So here's an idea...don't show up to work every day whacked on booze and drugs.

Honestly, Sir...and miss out on enjoying my truck rippling and melting under me as the asphalt roils and spews chartreuse magma into a candy-colored sky? I hardly think so.

### ISO MR. RIGHT

52, young at heart. 5'4", HWP. DWPF ISO soulmate. Friends first. Good listener, great sense of humor, enjoys walks, movies, music, the coast, laughter and hugs. NS. ☞ 9484

### COMPANY PICNIC

SPF, 56. Will go to your company picnic if you come to mine. Em's game, free beer, lousy burgers, but I'm terrific company. Kind, adventurous, healthy, hiker, wicked sense of humor. ☞ 9477

### I'M SOOOO COOL!

Punkrock-er-ish, 22. No kids. Smoker. Likes cheap beer, scary movies, camping, tattoos, making out, smart people, dogs, rats. Dislikes country music, VWs and stupid people. ☞ 9455



### JUST FOR TODAY

Come to me my beauty, for all to see, and for those who came before me, laughter fills the air. Me 34, 5'10" 160 lbs. You fit and spirited. ☞ 9724

### PLAYFUL

Playful, workout (exercise), flea markets, movies, creative imagination (artistic), enjoy hot tubbing, giving full body massages, colorful, enjoy swimming, enjoy jewelry, Celtic art. 56 yo, 5'10", 158 lb. Lets dance. ☞ 9721

### CREATIVE

Educated, musical, spiritual, young, left-handed man with 5:00 shadow wanted who'd like his soulmate to be a woman who's most of the above, slightly older with kids. ☞ 9290

### MASCULINE NOT MACHO

Good-looking SWM, 6'2". ISO SW, 40-55 yo. Work like you have no money, love like you've never been hurt, and dance like nobody's watching. Meet me for a cup of coffee? ☞ 9720

### FRESH REST

I'm looking for a small cool stream on a sunny day where we can dangle our feet in the coolness of the water. Where we are all alone sharing our thoughts and little trout swim about in pure silence. Let's meet for coffee? ☞ 9718

### OREGON BEAUTY

Do you have the pure beauty to model knit scarves and hats? Fall is coming. I need the right person for photo and, or Saturday Market. Good compensation!! ☞ 9716

### AT YOUR FEET

22 yo WM, into music, outdoors. Extremely shy. Really love women's feet. Looking for any ladies that enjoy receiving foot rubs and toe sucking. I'd love to meet and have fun. ☞ 9715

### COMPLETE PACKAGE

As a complete package, I'm probably picnic if you come to mine. Em's game, free beer, lousy burgers, but I'm terrific company. Kind, adventurous, healthy, hiker, wicked sense of humor. ☞ 9477

### GOOD GUY

Seeking company of woman born in the 1940's or 1950's who is young in spirit, active, politically liberal, comfortable with a range of people, and interested in companionship and fun. Should enjoy walks, dancing, movies, and good conversation about a variety of topics. I am a financially secure man who could retire, but is still working on projects to improve education for low-income kids around the nation. ☞ 9708

### FILM GEEK, MUSIC SNOB

Creative, smart, funny, attractive, romantic, SWM, 27, into Shakespeare, Simpsons, football, foreign films. Be hip, brilliant, sassy, adorable, HWP, and looking for a boyfriend. Uber-cool music collection a plus. ☞ 9675

### HOOK LINE SINKER

23 SWM seeks F with truck, boat and trailer for fishing on river or lake. Must be able to dig up worms, gut fish and cook fish well. Serious inquiries! ☞ 9672

### SUBMISSIVE WOMAN WANTED

Not seeking cook or maid. Me: attractive SWM, 6', nicely built, non-balding dark hair, financially independent, health conscious, non-smoker, experienced, safe, gentle, creative, good conversationalist. You: single, unattached, feminine, sensuous, healthy, childless. Write "Resident" POB 25160, Portland 97298. Include phone. ☞ 9671

### LOOKING 4 GODDESSES

ISO 2 women, 35-55, HWP for discreet first time 3-some. Bonus points for sense of humor and nice lingerie. Double bonus points for nice rack. No drugs. Serious Inquiries only. ☞ 9669

### PORTLAND, BM

60s, non-smoker, handsome, intelligent, humorous, creative, who enjoys old movies, sports, walk in the park. Seeks lady for a non-committed relationship. Willing to meet you half way between Eugene and Portland. ☞ 9667

### PARADOXICAL

Me: good-natured, edgy, extremely smart, a little stupid, good-looking, unrepentantly geeky. Seeking hyper-intelligent, sexy woman with sense of humor about herself and absurd mystery of life. ☞ 9666

### MAKING MUSIC

I love making music with my voice and guitar and body. PWM, 18, seeking 18-25 girl as friend with benefits. ☞ 9661

### LOOKING FOR FUN

Fit, attractive, intelligent, artistic, dorky, positive, playful, funny SWM 5'10, 34, herb-friendly, seeks similar HWP SF for fun adventures, philosophizing, dreaming, star-gazing, laughing, good food and drink, movies and cuddling. ☞ 9657

### SEEK WOMAN

Needy, codependent or unstable ok. I'll take care of you. I don't have long to live. I need to feel your warm heart. SWM, 40, 5'1". NS, ND. ☞ 9653

### CREATIVE

Ingenious and creative young 50. Business owner, builder of fine homes. Superb chef. Seeking young enchantress to share country estate. Child ok. Come play in the great outdoors, rafting, hiking +. ☞ 9648

### LOVE MATE

My heart is hurting. Young 50, seeking lovely woman to share my love and my home in the country. Child ok. Great gardens and clear skies. Namaste. ☞ 9647

### R U SUPERFINE

And know it? Hourglass, brick-house, cute, bright, open, searching, well read, bored with day to day, like walks, and talks with you and not at you. Any height or weight, 33-48. Me: equivalent and extra super fine. ☞ 9642

### ORGANIC FARMER

SWM, 25, Seeks Sugar Mama! I'll tend to your "garden," provide companionship, and bring you farm fresh produce, in exchange for a place to lay my weary head. Call me. ☞ 9641

### R U OUT THERE?

Honest, affectionate, easy going, open minded, SWM seeking soulmate. HWP, you be too. ☞ 9640

### KARPEMAN

Active Senior seeks lady, 55-68, hangout, have fun together go to coast, travel, friend, casual, LTR whatever works. Carpe Diem! ☞ 9638

### ISO MISS RIGHT

SBM, 5'9", 44, fairly new to Eugene. I'm seeking a SF who is intelligent and drug, cigarette and alcohol free. Age and race are open. ☞ 9637

### SIMPLE PLEASURES

SWM, 49, 5'8". Blind/Blue. Fit, NS, ISO SF to share healthy fun. Hiking, swimming holes, biking, dancing. Specific likes: Pisgah, Hidden lake, Bring beach, Brice creek, Chicago blues. Friendship, touch. You: 35-55, NS, fit, with time to play. ☞ 9611

### LOOKING FOR BEST

Friend. Looking to meet lady who loves to fish and camp. Who knows how to clean fish, field dress a deer and has their own boat and motor. Picture of boat and motor mandatory. 25-35. ☞ 9608

### HIPPIE WITH CAREER

Me: DWM, 34, ISO honest, fit goddess, 25-35, who enjoys outdoors, music, and groovin'. Looking for LTR with someone who will dance while I drum. Good communication and stability a plus. ☞ 9597

### INTERESTED IN...

Moving to B.C.? Would like to share adventure, spectacular environment, progressive government policies, organic farming, yoga with smart, healthy woman. We're grounded, industrious, multi-talented, honest, sensual, financially secure, lifetime learners. ☞ 9595

### 18...VIRGIN...HELP

I'm an 18 yo. SWM with a few extra pounds. Interested? Be herb friendly and cool and let's see what happens. ☞ 9587

### HAPPY HEALTHY FIT

Vigorous, sensual middle aged WPM seeks similar fit PF for avid hiking, backpacking, coast trips, gardening, and Bijou. Humor, education, communication, intimacy, healthy, active, fun lifestyle. LTR possible NS, ND. ☞ 9586

### STILL SEARCHING

SWPM, 43, fit, happy, attractive, sensitive, affectionate, outdoorsy type seeks SWF, 35-48, stable, attractive for LTR, friends first. NS, LD ok. ☞ 9575

### ISO FUN

SWM, 32, 6', HWP, ISO fun times and true connection. Likes hiking, ocean trips, concerts, cooking, art, Bijou movies. ISO like-minded SWF, NS, herb OK. ☞ 9573

### DECENT GUY

DWM, 51, 5'7", HWP, blue/brown, honest and generous. ISO SDWF who's down to earth for LTR. ☞ 9489

### ISO PLAYMATE

69 years young. ISO woman to share with. Drive in country, fish, boat, motorcycle riding and treasure hunting. Let's meet, go our separate ways or get acquainted. ☞ 9483

### HI, I'M MARSHALL

SWM, 43, neat, sexy, attractive looking for white or Asian of the same, 30-40. Fun times for you? LTR. ☞ 9479

### SHALL WE MEET?

49 yo. 6'1", athletic, pleasant-looking, compassionate, sensitive, artistic bachelor looking for new horizons. Love blues, dancing, films, dogs, fine arts. Honorable work, humble lifestyle. Great cook. Liberal-minded. ☞ 9476 (06/04/03)

### LOOKING FOR FUN

SWM, 5'10", 180, red hair, likes tv and movies, concerts, dancing, fishing, hot tubs, cuddling. Seeks affectionate, passionate, non-vegetarian woman without kids who loves to cuddle. NS. ☞ 9472

### SPIRITUAL PARTNER

Shared qualities: spiritually evolved, fearlessly honest, lover of: nature, travel, adventure, strong, sensuality, affectionate, nurturing, emotionally, communicative, literate, singer, dancer, artistic, appreciation, rivers, mountains, beach, meditation, music. Takes chances. ☞ 9469

### BEGGING FOR HELP

Below rock bottom. ND, NA, No diseases. Looking for compassionate, sensitive soul to be a friend and lover. I can't make it alone. 5'9", 245, blue eyes. ☞ 9467

### KIND HONEST MAN

Intelligent, attractive, slender, financially secure, younger-looking 62. Seeing kind, warm-hearted woman (any ethnicity). My interests include organic gardening, films, nature, music, reading, dancing, conversation, spirituality, community, ecology, simple living, Mexican vacation, recovering from loss of a love and social change ☞ 9464

### PEACE SEEKER

50+ SWM, 5'11", dark bright eyes. Juicy brain cells, creative working hands, playful, politically environmentally aware. You: brown-eyed, 5'4"-+, creative, humorous, hippiesque communicator, seeking harmonious lover. ☞ 9456

### EROTIC SPIRITUALITY

I am to be consecrated in marriage to the Holy Spirit through the medium of you, my spousal Beloved, in sacred betrothal through the ritual discipline of Pure Desire. ☞ 9229 (2/27/03)



### SHY? ME TOO

Do you read these ads and not respond? Why not? Do you look at women and say nothing? Looking for friends first possibly more. Very open minded. ☞ 9613

### SOMEONE TO HOLD

Someone to kiss. Is this someone you? Bi-female looking for friendship and honesty. No games. Very open minded. Fun person, try anything once, really. Lunch or walk. ☞ 9605

### SEEKING SOFT TOUCH

Mid 20's, attractive female ISO first Bi experience. This has been a long time fantasy. Seeking an attractive bi-female, HWP, D&D free, prefer NS. Couples ok, but only girls play. ☞ 9584

### FUNNY AND SEXY

30 yo. femme female. Busy with liberal leanings, meetings and masterplans. Looking for funny, sexy, 30+, experienced woman. Outgoing friendly fiend a plus. Must be smart! ☞ 9581

### RETURNING FROM CONFUSSION

Lesbian trapped in BiF mentality. Ready to return to women forever. You be butch, beautiful, won't hold my past against me and I'll kiss you passionately forever more. ☞ 9577

### BOTTICELLI BEAUTY

34 yo. Feminine, pretty, creative, intelligent, intuitive, sexy, DWBif seeks same for first time and beyond. Funky glasses, slender, role-playing: yum. Couples considered. Let's trade fantasies. ☞ 9574

### BI CULTURAL

FTM into intelligent, bi, open-minded women. Me: HWP, likes martial arts, outdoors, animals, good food. Would like to find person to spend quality time with. NS, ND, 20s. ☞ 9482

### 28 Y.O.

Voluptuous, redheaded, green-eyed goddess looking for discreet first-time bi encounter with tender, pretty, romantic woman, 18-30, in Eugene area. Dying to kiss another woman, let's get together for dinner and drinks. ☞ 9463



### GOT MILK!

Men only. Sorry no girls. Just for fun. You must be clean and safe. Call and I'll make you a happy man. ☞ 9711

### HERE'S THE BEEF...

DWM bachelor, 39, attractive, clean, bi, works & plays hard! I smoke, drink, cuss, gamble, fish, hunt, party, and more. 5'11" 180lbs of beef cake, for well equipped male. ☞ 9701

### 27-YEAR-OLD

HWP very attractive. You be too. Easy going with a good personality. Seeking someone 18-30 that is herb friendly. No hang ups. No queens. ☞ 9674

### YOUNG MAN WANTED

For safe exciting time with tall attractive, disease-free, BiWM, 46, who is visiting the area 2nd week of September. Like massages, showers, getting oral. ☞ 9673

### FEELING FRUSTRATED?

Albany, GWC, 40 and 51, ISO other masculine men for fun, sweaty play. Rim, suck, fuck, giving and receiving, PnP, wine, hot tub. ☞ 9643

### GWM OUTDOORS BOY

Young, 50ish, 5'11"/155. Hike, camp, bike, swim, ocean kayak. Party, hot tub, and cuddling at night. ISO LTR with similar boy, 40-50, HWP. Serious only. ND, STD-. ☞ 9602

### OLDER GUY

in good shape, looking for someone over 30 years old, to bicycle, hike, chat over coffee with, or more. ☞ 9600



### DELIGHTFUL DAHLIAS!

I saw you, bouquet in hand, a goddess with emerald green eyes. Do you frolic at Lively Organic Farm every Saturday? Would love to meet you there this Saturday at noon.

### DID YOU SEE IT HAPPEN?

Outside of John Henry's bar. Night of Monday, Aug. 5th. Witnesses needed, please come forward. This is WRONG! Don't let it happen again! Any info, 913-4324.

### CVHS@FREDs

Sara - was that you in line on 8/10? I'm a fool and didn't realize until later. Please forgive me. Hope that you are happy, healthy and enjoying summer. Much love, A. ☞ 9717

### SWEET CURLY BEETS

Howdy neighbor, just wanted to thank you for the fab music. It was just what I needed. Hope the furniture is working well for you. Blessings. ☞ 9714

### LIZ OF FIRE

As I watched you dance, the music, your body and the flames within your soul became one. Powerful, free angel, sing and dance with me in sacred prayer. ☞ 9706

### AMERICAN SPIRITS

You smoke American Spirits and drink coffee. I eyed you while you laughed at my girl talk. Meet me at Paradiso and I won't tell anyone you are a yuppie. ☞ 9704

### MARINA IN THE RAIN

The taste of your kiss... the look in your eyes. You stole my heart. When do I get yours? Give me a chance... I'll show you what love is. ~Forever ☞ 9702

### COOKIE MONSTER

Hey you fuzzy blue. I know your secrets. You know mine too. So if you think you've figured it out, give me a call and I'll eat you out. ☞ 9668

### YOU YUMMY

Fair-haired lady in white VW leaving Electric Beach tanning in Corvallis on 8/11. We exchanged smiles. Love your eye shadow would like to look deeper into your eyes. ☞ 9660

### LH, THE FOGGY FORGY

It was Four you. You could've gave 'em what you got! They knew your favorite Spot! Kurt wanted there to play a lot. ☞ 9651

**Abbreviations: A Asian • B Black • Bi Bisexual • C Couple • Ch Christian • D Divorced • F Female • G Gay • H Hispanic**  
**HWP Height/ Weight proportionate • J Jewish • M Male • NA No alcohol • Nam Native American • ND No drugs • NS No smoking**  
**P Professional • S Single • W White • Wi**



## YOUNG RAVEN

Last August I met you at a Conception show at the WOW Hall. You were with your man with a chain hooked to his neck. I was wearing a small red shirt. I lost your number, and am interested in getting a hold of you. I know you are young, but very mature spiritually. Would love to talk more. ☞ 9658

## YOUR NAMETAG

Said Steph (at B.D.) You held a laser gun in your hand scanning the Mystery books. Your mind resided in a distant land, you missed my stolen looks in your direction. You're perfection. ☞ 9644

## RR BLVD BUS STOP

8/7 and 8/8, 7:40am. You, dark-green Dodge 4x4 looking at me, red head. You got my attention. Single? ☞ 9639

## OUT OF GAS

in Florence. I ran out of gas in Florence and needed a ride. You came to my rescue and needed a change. Can I help? ☞ 9575

## JERRY'S ON 99

6'5", boyish blonde, soft brown eyes doing the heavy lifting for attractive woman on occasion. Shopping? If she is not your true love, please throw me in your cart! ☞ 9574

## MANY TIMES

From deep within the Onyx to a matching of the Wills. I am so glad that you made me take a chance. You are indeed a rare find.

## DIEDRE

I have misplaced your phone number. Theo ☞ 9573

## TORI SHOW

at Cuthbert. Adam we sold extra tickets together before show. I accidentally threw out your number. Sorry! Let's get together for music and food. N. ☞ 9612

## NICE MELONS!

I saw you at Lively Organic Farm on Saturday. Me: Sipping Chateau Lorane wine. You: Caressing the delicious melons. Can we meet again this Saturday at eleven?

## SB005333 FROM MATCH

Tried to email you, don't think it went through. Me: love funky pajamas, quirky humor, non-conventional politics, and Zeppelin. Would love to chat, I think we would click. ☞ 9610

## TRADER JOE'S 8/3, 5PM

You told me I had beautiful eyes. I admired your directness. I don't like chocolate, but do have room for more friends in my life. Either way, thanks again. ☞ 9609

## MIRED IN DISTANCE

Saturday night I saw a band that played Rock You Like a Hurricane...I saw you in my mind and can't stop thinking of you since...Hopefully I see you soon. ☞ 9607

## STITCH

Arghhh Pirate Princess, Stitch I love our secret adventures, let's forget the evil ickies and dance. ☞ 9598

## FOXY FLOATER FAN

Your back in the area! Will I see you tomorrow (AUG 2) at the show? Lets get trashed and scoff at those who don't understand the music... ☞ 9594

## CAMARINA?

After Midnight Country Fair Friday night drum tower: Enjoyed talking with you (UO Enviro. Studies degree) as the drums beat. Like to meet again. Man with ponytail, wearing headband. ☞ 9593

## SNAP!

Caught your charming smile at Palace Bakery. You: Death metal t-shirt and an "impress me" attitude. Me: fratboy learning to communicate. Maybe we'll run into each other soon... Joyeux Anniversaire! ☞ 9585

## BAMBOO

Scrumptious Bartender Jeff? Made most sensual love potion. Want to come back for more, occupied with blonde chickpea, could it be you're passing time waiting for me? ☞ 9583

## AHOI CAPTINET

Alass I've been pillaged, an act of Piracy, she looted my heart with her intellect and beauty. I had a great time lets share some booty... Romie Bear ☞ 9582

## FLOWER GIRL AT

Joe's. Bought you a flower Friday, 25th. Said you wanted to meet again, clueless, I didn't ask for your number. Remember your name, but keeping it private. -Ryan ☞ 9579

## NEW ORLEANS KISS

We met, shared late nite kiss before you flew home. At Mardi Gras I fell in love. I'm sorry for everything. I love you so much. I must see you. ☞ 9578

## DANCING GYPSY MOON

Elizabeth saw you dancing at Agate, July 25th. We didn't meet. Overheard your name. Me: long, brown hair, 6', Bali turquoise with dark blue swirls shirt. Let's meet. ☞ 9490

## AT EUGENE WEEKLY

You and a blonde friend came to Eugene Weekly Monday, July 28. You were waiting on the restroom and I showed you an alternative. You're beautiful! Please visit us again. ☞ 9486

## I SAW YOU!!

AT OPPORTUNITY CENTER! Class of '85-'95 Reunion! Potluck, Aug. 23rd, Noon at school. Info: 870-1576.

## GREAT DANCER

Met you at Bruce Cockburn. Danced up front, spoke briefly with you after show, towards back. "Hope" you call. Mark ☞ 9592

## HEY SWEET PEA

Come pee on me! I'll let you take more pictures of me and the sausage. Just be careful when you bite off a chunk. Save some for me! ☞ 9591

## HEY REMEMBER ME?

I miss seeing your shaggy hair and mysterious grin in the mornings as I biked to Lawrence's cafe for coffee before class. Were you noticing me too? (me: blond/shy) I'm single now. Are you? ☞ 9590

## LORANE GENERAL

STORE. Summer Solstice pool game glass of wine looking at each other. I touch your hand you sink my heart. Best day of my life. Everlasting love. Call. ☞ 9589



## STUFF IN COMMON

We both read the I Saw U's, love to shop, coffee, adventure, reading and sleep. To think, this is just the start. May I spend more time with you, quietly? ☞ 9703

## YOU ARE

My Sunshine! When I open my eyes in the middle of the night and I see you gazing at me with pure adoration my heart swells near to bursting. I love you!



## NEW TO EUGENE

Kind, intelligent, creative woman, 38, seeking like-minded female friends (pref. 30-45) for fun outings and mutual support. Married with two 4-legged kids. Into writing, reading, movies, hiking, yoga. ☞ 9713

## AQUARIUM LOVERS

Freshwater aquarist seeking same to share, trade, or barter info and supplies. Me: have too many magnificent Java Ferns, etc. I'll: want JFs, etc. ☞ 9679

## AGING ROCKER

with no family to leave large record collection to (music books and video, etc. too). Would like to join collectors library to maintain and build library and promote interest in records and music. I will donate my collection to such an effort. ☞ 9663

## TANTRA??

Curious about tantra?? Of course you are. New group forming to teach and learn about bliss. Low cost introductory sessions, amazing workshops, free follow-up meetings. ☞ 9654

## CHRISTIAN DATING SERVICE

6,000 current members! Countless relationships. In service since 1989! Safe, confidential. Free information package. 1-800-829-3283.

## PERSONAL POWER

Wondering if anyone in town is a Tony Robbins fan. I would like to interact with believers of the Personal Power Program. ☞ 9576

## LUNCH BUDDY

SWPM, 43, seeks SWF for occasional lunch and intelligent conversation. ☞ 9468

## FEED MY MIND

Brand new to Corvallis. Hungry for stimulating talks, friendly flirting. Teach me sports, arts and wines. Talk of Eliot, Pound, Rilke, Campbell, Castaneda, Kerouac, Almodovar, Soderbergh, Fellini, Allen... ☞ 9462



## ITALIAN MALE

Seeking, discreet, adventurous, sensuous, fun female who's interested in exploring her "submissive" side of life. ☞ 9712

## SM, 25, EUGENE AREA

likes movies, walks, sports and bowling. ISO SF; 18-25, petite, for sexual encounters, no strings attached. Must be drug and std free. ☞ 9705

## DISCREET SEX

MWM, 29-years-old, seeks MS older attractive female, 38-60, who would really enjoy discrete sex only meetings with young attractive male. No strings attached, just good sex!! ☞ 9700

## LIVE YOUR FANTASY

Good looking, great shape, single 38-year-old male seeks a goddess to serve. Or have been naughty and need discipline? Lets get together and have an exquisite sensual experience. ☞ 9677

## CURIOUS

Cultured SM, mid-40s, seeks arousing one-on-one with intelligent, playful woman. Stimulating conversation essential. Physical contact when we're ready. The prelude should be just as pleasing. ☞ 9676

## LOOKIN BI?

Not disgusting Bi-Couple, 22 and 19, looking for like minded F/M or couples for friendship and more. You: 18-30 STD free. Everything Negotiable. We want more out of life. ☞ 9656

## EITHER/OR

20-year-old male seeking M or F who can show me a good time. ☞ 9655

**beautiful independent girls**

**24/7**  
outcall incall by appt. only  
**606-0827**

**APHRODITE**  
**GODDESS OF LOVE**  
WAITING FOR YOU  
EUGENE - SPRINGFIELD  
DANCER - MODEL - ESCORT  
**541-729-0700**

**CALL ME!**  
**606-2424**

**TRY IT FREE**

**Live Links**  
CHATLINE  
**503-361-3399**  
**503-548-7000**  
Eugene  
**541-683-2999**  
**THE MOST LOCAL WOMEN**  
CALL NOW!  
Call **Toll-Free** to find your Local Phone Number  
**1-888-245-4545**  
Use **FREE** Trial Code 3220 [www.Livelinks.com](http://www.Livelinks.com)  
Charge Credit Card **1-888-814-2428** 59¢/min.  
Charge Phone Bill **1-900-289-4444** \$1.99/min. 18+

## CAT WOMAN

Semi-feral, playful, loves petting, nuzzling, nighttime yowling. Seeking own adventures as the kittens leave the nest more often. Might come when called, if the offer is interesting. ☞ 9652

## SM, 30s, HANDSOME

Very clean and attentive to your needs. Looking for very attractive woman, 20s, HWP, who loves to give oral pleasure. NS, DD free. Social alcohol ok. ☞ 9650

## ISO BEAUTIFUL

Horsewomen, 20s-30s. Me: single 30s, good looking and tall. You be single or married and willing to ride all night long. I know you're out there. Call. ☞ 9649

## LOOKING

SBM seeks females for discreet long term sexual encounters, 30-50. Drug and disease free. ☞ 9636

## SUBMISSIVE GIRL

Wanted. Attractive dominant male, 40s, who's also loving, kind, clean. Seeks 20-30s, attractive female, who want to explore her submissive side. Have you thought about it? Let's talk. ☞ 9614

## TAMMY A.

I miss you. Our lunches and your friendship. Still have baggage, but need your strength. You have nice 'vette. Do you still have group 3rd Friday every month? ☞ 9606

## COME PLAY

Attractive 20-year-old couple ISO Bi Male, female, or couple for erotic fun. Herb friendly and kinky. ☞ 9603

## PASSION SEEKING

Clean living, forest dwelling, hetro man seeks (preferably) ongoing affectionate sexual liaison with the other gender. I'm gentle, attractive, HWP, am interested in similar. STD free, UB2 please. ☞ 9601

**PLACING PERSONALS** ads is easy! The first 30 words are FREE, each additional word is \$1. Message retrieval is FREE. Call 484-0519, x10 for more details.

## SEEKS OLDER BI-MALE

Looking to find a Bi-male who is open minded. Into most things except being a top. Let's chat. ☞ 9599

## WISHING FOR

Bi-female. Cum join us for a night of sensual passion. Fun, laughter and lustful play. Attitude most important. Let's chat and go from there? NO MALES! ☞ 9596

## SOMETHING DIFFERENT

Healthy, attractive male in search of fun woman, 20s-30s. I need something more, how about you? Very discreet, STD free. Let's flirt and see where it takes us. ☞ 9480

## HONEST MAN

SWM looking for clean S/M F for massages and intimate situations with no string attached. 18-35 preferred, but not a deal breaker. Email contacts only. ☞ 9466

## WM SEEKS F

for discreet affairs of the flesh and mind. 6', 165, trim, well-endowed. You married? No problem, no strings, only great sex. ☞ 9465

## JUST FOR FUN

Attractive, creative couple, early 30s. ISO vibrant, flirtatious, feminine woman who like dressing up in cute outfits and being appreciated in a safe, sexy way. No pressure, let's talk. ☞ 9458

## BWV WANTED

SWM ISO woman for long term D/S relationship. Race and age are not important, but size is. ☞ 9349

## SPANK YOU

Dom M, 50s; Sub F, 18. Seeks enthusiastic bi-F/sub, 18+ who desires security, structure and guidance for leather discipline, light bondage, sexual exploration. No STDs, drugs, cigarettes. Serious inquiries only, please. ☞ 9341

## FIRST TIMER

Hot Bi male in search of males between 18-35. Looking for casual times and to have fun. ☞ 9334

## MWF SEEKS BLK MALE

35 yo, slim, multi-o. ISO very hung black Males, 20-45, who like to make it last all night long. My str8 husband is always present to watch. ☞ 9719



## START DATING

tonight! Have fun playing the Oregon dating game. Call 1-800-ROMANCE ext. 2276.

## HOT VEGAS GIRLS! LIVE 1-ON-1 XXX

1-702-216-3500 ONLY .66-\$1/min. 1-900-420-0420 x182. \$2.95/min. 18+

*Desiree's Escorts*

Without a doubt Eugene's  
**HOTTEST GIRLS!**

**541.431.7065**  
PROFESSIONAL GENTLEMEN PREFERRED

*www.desireeseescorts.com*  
*Sweet and Discreet*  
*An eXXXperience you won't forget!*

**Are you a professional, discreet gentleman?**

**Do you need a companion for dinner and drinks?**

**This is your time, let me spoil you!**

**INCALL/OUTCALL**  
**541-606-4085**

**NAUGHTY OR NICE**  
VERY OPEN MINDED  
AND DISCREET

*Wendy*

**541.606.6102**

**LET ME DOMINATE YOU!**

**DARIA - EXOTIC BEAUTY - 968-9393**

**TRY IT FREE**

**WHERE LOCAL GIRLS GO WILD**

Call for your Local Number  
**1-800-WILD-550**  
Use **FREE** Trial Code 9206

**1-800-417-1714** 45¢/min. **1-900-255-1212** \$2.49/min. 18+

**HOT Talk**  
1-888-515-1919 89¢/min.  
1-900-255-1212 \$2.49/Min. 18+

**79¢** Bi-Curious?  
1-800-988-8586

**1-900-6ET-LOVE**  
(438-5683) \$1.99/min. 18+

**TANGO PERSONALS**

**541-434-0400**  
TRY FREE! Use CODE 3173  
OTHER LOCAL NUMBERS CALL:  
**1-800-984-4LUV(588)**  
[WWW.TANGOPERSONALS.COM](http://WWW.TANGOPERSONALS.COM)

**MEN**  
Local • Live • Now  
Call Toll FREE **1-888-399-MALE**

**FREE TRIAL**  
Use Code: 6163

*interactive male*

*Skye*

An Independent Escort

For the discreet and professional gentleman requiring a sexy, intelligent, and beautiful woman. Your call is anxiously awaited.

Available Outcall 24/7  
Minimal advance notice for Incall  
**541.554.6146**





FOR A FULL SCHEDULE VISIT [WWW.THRASHERPRESENTS.COM](http://WWW.THRASHERPRESENTS.COM)  
PRODUCED BY STEINBERG THRASHER PRESENTS



SECRET HOUSE VINEYARDS

SECRET HOUSE VINEYARDS  
STEINBERG THRASHER PRESENTS  
The 13th Annual  
**WINE & BLUES FESTIVAL**

**THIS SAT** **W.C. CLARK** **SAT AUG 23**  
1:00PM GATES ALL AGES

LINDA HORNBuckle • THE LLOYD JONES STRUGGLE • THE NORMAN SYLVESTER BAND  
SPECIAL GUEST: BILL WILLE BLUZ

88324 VINEYARD LANE • 541-393-5333 • NEXT TO THE OREGON COUNTRY FAIR GROUNDS

PORTLAND ART MUSEUM

**G3 '03**

**JOE SATRIANI • STEVE VAI  
YNGWIE MALMSTEEN**

**ON SALE SAT 10:00AM** **THUR OCT 16**  
6:00PM GATES ALL AGES

1219 SW PARK AVE • 503-276-4211

TICKETS AT ALL SAFEWAY/TICKETSWEST LOCATIONS, ONLINE AT [WWW.TICKETSWEST.COM](http://WWW.TICKETSWEST.COM), OR CHARGE BY PHONE 1-800-325-SEAT **TicketsWest**

JOHN HENRY'S

**FLASHLIGHT BROWN**  
**CAPGUN SUICIDE**  
**2 BUCKS SHORT & LOW TOLERANCE**

**FRI AUG 29**  
9:00PM DOORS 21 AND OVER

FROM THE LEMONHEADS  
**Evan DANDO**  
**CONSONANT & CHEVRON**

**TUES SEPT 23**  
7:00PM DOORS 21 AND OVER

77 W BROADWAY • 541-342-3358

**MELISSA FERRICK & ANNE MCCUE**

**MON OCT 20**  
9:00PM DOORS 21 AND OVER

WOW HALL

**relient K**

**ANBERLIN**  
**DON'T LOOK DOWN & NUMBER ONE GUN**

**THUR OCT 9**  
7:00PM DOORS ALL AGES

291 W 8TH AVE • 541-687-2746

SALEM ARMORY

**64.7 NBS** **2**

**DASHBOARD CONFESSIONAL**  
WITH SPECIAL GUESTS **MXPX**

**SAT SEPT 27**  
6:00PM DOORS ALL AGES

★ BRAND NEW  
★ VENDETTA RED

2320 17TH ST NE • SALEM • 503-378-6923

MCDONALD THEATER

**GILLIAN WELCH**

**ON SALE SAT 10:00AM** **THUR OCT 9**  
7:00PM DOORS ALL AGES

1010 WILLAMETTE ST • 541-344-4343